

PARKS, RECREATION & CULTURAL RESOURCES

FALL 2024

PROGRAM GUIDE

carync.gov

**SLIDE INTO
FALL FUN!**

**REGISTRATION
BEGINS AUG 7**

CARY
— LIVE INSPIRED —



PARKS, RECREATION & CULTURAL RESOURCES

316 North Academy Street
Cary, NC 27513

MAILING ADDRESS

P.O. Box 8005
Cary, NC 27512-8005

OFFICE HOURS

8:30 a.m.-5 p.m. weekdays
Closed on town-observed holidays

PHONE NUMBERS

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PHOTOGRAPHY

Photographs are provided by Cary staff, Alyson Rode of AlyCat Photography, and Hal Goodtree of Goodtree Studios.



Cary Parks, Recreation & Cultural Resources is recognized for excellence in operation and services by the Commission for Accreditation of Parks and Recreation Agencies. Visit capra.org for more information

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An Inclusive Approach

Cary Parks, Recreation & Cultural Resources is committed to an Inclusive approach to recreation and encourages individuals with and a without disabilities to participate together. For individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the American with Disabilities Act. Please see the Specialized Recreation section for more details.

Follow us on Social Media
[@caryncgov](https://www.instagram.com/caryncgov)



Welcome to FALL 2024!

What's New?

From active sports courts for volleyball, tennis, and pickleball, to shady nature trails through the woods, Cary's parks have something for everyone in the family to enjoy. Host your next gathering at one of our shelters, cool off in one of our water play features, or visit the newly renovated playgrounds at Ed Yerha Park and Bond Park. How do you find which park is right for you? Visit the new interactive parks map at carync.gov/parks to search by the amenities you're looking for. Select one or more features and you'll get a list and map of the parks that meet your needs. Then just set your GPS and be off for a great Cary parks adventure!



How Do I Find Programs in the Guide?

To help you find great classes for each member of your family, we have arranged this guide by age category, then by subject. Looking for a nature class for your preschooler? Look under Preschool, then Environmental Education. Are you 55+ and looking for technology training? Turn to Senior and then seek out Education. Have you always wanted to learn piano? Go to Adult and then find the Performing Arts classes. Make sure to use the planner on the next page to keep track of all the great things your family wants to register for.



How Do I Register?

Registration happens in RecTrac. The first step is to create your Household Account by visiting carync.gov/register. Once you have created your account and added all your household members you are ready to go!



When Does Registration Open?

Registration for Fall 2024 opens on Wednesday, August 7 at 9 a.m. for Cary residents and on Wednesday, August 21 at 9 a.m. for nonresidents.

How To Use This Guide

Type	Environmental Education	Description
Activity type or broad subject.	<p>Divide and Prosper Ages: 18+ Dividing the plants in your garden not only provides you with more plants but is a great way to improve the health of your garden. Participants will receive plants to take home.</p> <p>Shade Plants ENVI0018-001 Sat Mar 16 10-11:30 a.m. ENVI0018-002 Thu Mar 21 10-11:30 a.m.</p> <p>Sun Plants ENVI0018-003 Tue Apr 30 10-11:30 a.m. ENVI0018-004 Sun May 5 10-11:30 a.m.</p> <p>Location: Hemlock Bluffs Nature Preserve Fees: \$10 Res \$12 Non-Res (1 class)</p>	Information about the experiences and goals of the activity.
Activity		Theme
Activity name and the age range that can participate.		Themes for a specific class within an activity
Activity Number and Section		Fees and Class Meetings
Use this number to search on RecTrac or when speaking with staff.		The fees for Cary Residents and Non Residents and the number of times the class meets.



Family

Education

Cookies with Kids | Ages: 10+

Do you want a fun activity to do with your child? This 1-hour cookie decorating class will bring out the creative side of you and your child. Beginner decorators or even experienced decorators will have fun and enjoy a unique bonding experience. Different themes every month, so you can have a monthly “date night” with your child or grandchild! Each person will walk away with 3 beautifully decorated cookies by you and fun memories!

Singer Sugar

EDUC0090-001 | Fri | Sep 20 | 5:30–6:30 p.m.

Fall Fun

EDUC0090-002 | Fri | Oct 11 | 5:30–6:30 p.m.

Fall Gatherings

EDUC0090-003 | Fri | Nov 8 | 5:30–6:30 p.m.

Holidays/Winter

EDUC0090-004 | Fri | Dec 13 | 5:30–6:30 p.m.

Fees: \$30 Res | \$39 Non-Res (1 class)

Instructor: Connie Istock

Location: The Hive

AN INCLUSIVE APPROACH

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Environmental Education

Curious Creatures | Ages: All Ages

Curious about the natural world around you? Join self-paced nature-related activities and crafts during this drop-in program that allows you and your child to explore and enjoy the preserve. Intended for ages 5–10, but all are welcome.

ENVI0009-012 | Fri | Sep 20 | 10 a.m.–1 p.m.

ENVI0009-013 | Thu | Oct 3 | 10 a.m.–1 p.m.

ENVI0009-014 | Tue | Nov 5 | 10 a.m.–1 p.m.

ENVI0009-015 | Mon | Nov 11 | 10 a.m.–1 p.m.

ENVI0009-016 | Mon | Dec 9 | 10 a.m.–1 p.m.

Fees: Free (1 class)

Location: Hemlock Bluffs Nature Preserve

Family Gardening | Ages: All Ages

Families will enjoy a walk in the gardens while learning about what wildlife will visit your garden. Registration covers four family members.

Family Gardening- Take A Child Outside Week

ENVI0017-002 | Sat | Sep 28 | 1–2:30 p.m.

Fees: Free (1 class)

Location: Hemlock Bluffs Nature Preserve

Family Gardening

ENVI0017-003 | Sun | Oct 20 | 1–2:30 p.m.

Fees: \$12 Res | \$16 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Family Nature Programs | Ages: All ages

Spend quality time experiencing the fun of being together at Hemlock Bluffs Nature Preserve with your family. Outdoor explorations strengthen family bonds while building awareness and appreciation of the natural world. Registration covers four family members.

Bat Watch -Take A Child Outside Week

ENVI0037-001 | Fri | Sep 27 | 7–8 p.m.

Fees: Free (1 class)

Location: Hemlock Bluffs Nature Preserve

Owl Prowl

ENVI0037-002 | Sat | Oct 26 | 6:30–7:30 p.m.

Fees: \$10 Res | \$12 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Fall Nature Stroll

ENVI0037-003 | Sat | Nov 9 | 10–11:30 a.m.

Fees: \$10 Res | \$12 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Halloween Stories Around the Campfire | Ages: All ages

Join preserve staff for a night hike followed by Halloween-themed nature stories and animal lore around a campfire with s'mores. Not-So-Scary Stories is for the whole family. Scary Stories is for ages 13+.

Not-So-Scary Stories Around the Campfire

ENVI0038-001 | Sat | Oct 19 | 5:30–7 p.m.

Scary Stories Around the Campfire

ENVI0038-002 | Sat | Oct 19 | 7:30–9 p.m.

Fees: \$18 Res | \$24 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Stories Around the Campfire | Ages: All Ages

Explore the forest as the sun is going down. Then listen to nature stories around a campfire. Registration covers four family members.

ENVI0007-003 | Sat | Sep 21 | 6:30–8 p.m.

ENVI0007-004 | Sat | Dec 7 | 4:30–6 p.m.

Fees: \$18 Res | \$24 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

DON'T WAIT!

Early registration allows us time to plan appropriately. Often, we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You could make the difference!

Events

Mummy & Son Ball | Ages: 5–10 w/guardian

This fun-filled spooktacular evening is bound to be a hit with your little goblin! Mummies and sons dress in your favorite costume and compete for prizes. Dance the Monster Mash, play eerily fun games, and roast a ghost over an open fire for a tasty marshmallow treat! Register the child only. Parent must accompany child.

EVEN0027-001 | Wed | Oct 23 | 6:30–8 p.m.

Fees: \$21 Res | \$27 Non-Res (1 Class)

Location: Harold D. Ritter Park

Grinch Candy Cane Hunt | Ages: K5+

The Grinch discovered Santa's elves have hidden red and white candy canes inside Bond Park! The Grinch is planning to find all of Santa's candy canes and turn them green. Let's find them first! Start the adventure off creating a small keepsake craft and conclude with a cup of hot chocolate and a surprise visitor. Prizes will be awarded to those who find the specialty candy canes. Pre-registration required.

EVEN0028-001 | Sat | Dec 14 | 10–11 a.m.

Fees: \$11 Res | \$15 Non-Res (1 Class)

Location: Bond Park Boathouse

Outdoor Recreation

Adventure Day | Ages: 5+ w/guardian

Explore the Adventure Course at Bond Park! Leap, jump, swing, and zipline your way through this fun-packed adventure with your friends and family. All equipment is provided, and no experience is necessary.

September Adventure Day

OUTD0005-012 | Sat | Sep 21 | 10 a.m.–12:30 p.m.

OUTD0005-013 | Sat | Sep 21 | 1:30–4 p.m.

Spooky Adventure Day

OUTD0005-014 | Sat | Oct 19 | 10 a.m.–12:30 p.m.

OUTD0005-015 | Sat | Oct 19 | 1:30–4 p.m.

November Adventure Day

OUTD0005-016 | Sat | Nov 16 | 10 a.m.–12:30 p.m.

OUTD0005-017 | Sat | Nov 16 | 1:30–4 p.m.

Fees: \$29 Res | \$38 Non-Res (1 class)

Location: Bond Park Challenge Course

MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That's when registration begins for the next session.

Fall Family Fun Night | Ages: 6+ w/guardian

Enjoy an evening of high-quality family fun at Bond Park! There will be hikes, axe throwing, tie-dye, games, boat rentals, campfire, and of course s'mores! Registration is per person. All youth and teens must be accompanied by a registered adult participant over the age of 18. Check-in starts at 5 p.m. Activities start at 5:30 p.m. Bring your dinner and enjoy a picnic at the lake. Snacks, water, and s'mores will be provided.

OUTD0029-001 | Sat | Sep 28 | 5–8:30 p.m.
Fees: \$7 Res | \$9 Non-Res (1 class)
Location: Bond Park Boathouse

Fire Building & Survival Skills | Ages: 8+ w/guardian

Gain confidence and comfort outdoors by learning two of the most important survival skills! This course teaches you how to build primitive shelters in the woods and fire-building techniques. No experience is necessary. All materials are included. Youth under 16 must be accompanied by a registered adult. Registration is per person.

OUTD0007-004 | Sat | Sep 14 | 10 a.m.–12 p.m.
OUTD0007-005 | Sat | Oct 5 | 10 a.m.–12 p.m.
OUTD0007-006 | Sat | Nov 9 | 10 a.m.–12 p.m.
Fees: \$27 Res | \$35 Non-Res (1 class)
Location: Bond Park Challenge Course

Navigation & Orienteering | Ages: 8+ w/guardian

Learn the basics of outdoor navigation and orienteering! A trained outdoor instructor will teach you how to read a map and use a compass for navigating. No experience required. All materials are included. Youth under 16 must be accompanied by a registered adult. Registration is per person.

OUTD0006-004 | Sat | Sep 14 | 1–3 p.m.
OUTD0006-005 | Sat | Oct 5 | 1–3 p.m.
OUTD0006-006 | Sat | Nov 9 | 1–3 p.m.
Fees: \$27 Res | \$35 Non-Res (1 class)
Location: Bond Park Boathouse

Outdoor Cooking | Ages: 8+ w/guardian

Discover the thrill of outdoor cooking! Learn to build a fire and craft a three-course meal over a campfire. Everything needed for the program will be included. Youth under 16 must be accompanied by a registered adult. Registration is per person.

OUTD0008-003 | Sat | Sep 28 | 2–5 p.m.
OUTD0008-004 | Sat | Nov 2 | 2–5 p.m.
Fees: \$33 Res | \$43 Non-Res (1 class)
Location: Bond Park Challenge Course

Paddle The Park | Ages: 8+ w/guardian

Paddle Bond Park Lake with a boating instructor and themed guide. These opportunities will occur monthly. Themes vary from folklore, astronomy, nocturnal wildlife, seasonal nature facts, and more. Canoes and kayaks are provided.

OUTD0014-003 | Thu | Sep 19 | 6–8 p.m.
OUTD0014-004 | Thu | Oct 17 | 5:30–7:30 p.m.
OUTD0014-005 | Thu | Oct 24 | 5:30–7:30 p.m.
Fees: \$20 Res | \$25 Non-Res (1 class)
Location: Bond Park Boathouse

Try Archery | Ages: 10+

Come learn the basics of archery. Learn how to set up a bow and other archery basics, including shooting, safety, and scoring. All equipment is provided.

OUTD0011-007 | Sat | Sep 7 | 1–3 p.m.
OUTD0011-008 | Sat | Oct 5 | 1–3 p.m.
OUTD0011-009 | Sat | Nov 2 | 1–3 p.m.
Fees: \$29 Res | \$37 Non-Res (1 class)
Location: Bond Park Community Center

Cary Archery Club | Ages: 13+

During this multi-week class, you will learn safety, stance, and technique, and hone your accuracy. Archers will then finish the session with class tournaments. Participants must attend the first session, which covers range safety. All equipment is provided. No experience is needed. This class is focused on athlete skill development and advanced techniques.

OUTD0012-013 | Wed | Sep 4–Oct 30 | 5:30–7 p.m.
Fees: \$100 Res | \$120 Non-Res (9 classes)
Location: Bond Park Community Center

OUTD0012-014 | Sat | Sep 28–Oct 26 | 10–11:15 a.m.
OUTD0012-016 | Sat | Sep 28–Oct 26 | 11:30 a.m.–12:45 p.m.

No Class: Oct 12

OUTD0012-015 | Sat | Nov 2–23 | 10–11:15 a.m.
OUTD0012-017 | Sat | Nov 2–23 | 11:30 a.m.–12:45 p.m.
Fees: \$60 Res | \$71 Non-Res (4 classes)
Location: Bond Park Community Center

Sports Instruction and Events

Get into the Action: Pop-up Series | Ages: All Ages

Are you looking to learn more about action sports? Join us for the free pop-up at the Pump Track PASS! Learn about the history of action sports in North Carolina, safety information, and the introduction to riding ramps! See you there.

Pump Track

SPOR0022-001 | Sat | Sep 21 | 11 a.m.–1 p.m.

Fees: Free (1 class)

Location: R. S. Dunham Park

Marla Dorrel

SPOR0022-002 | Sat | Oct 19 | 11 a.m.–1 p.m.

Fees: Free (1 class)

Location: Marla Dorrel Park

Equipment Maintenance

SPOR0022-003 | Sat | Nov 2 | 12–1:30 p.m.

Fees: Free (1 class)

Location: Marla Dorrel Park

RC Cars at Cary Action Sports | Ages: All Ages

Unleash your remote-control car on the ramps and rails of a skatepark! Navigate your way through thrilling obstacles and compete with fellow drivers in adrenaline-fueled races. This activity is for drivers of all ages and skill levels and their electric remote-control cars.

SPOR0034-001 | Mon | Oct 14 | 5–7 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Cary Action Sports

Action Sports Pump Track Events | Ages: 4–8

Cognitive Assembly Pump Track Race

The Cognitive Assembly Race is a two-part event that will take place at the Action Sports Pump Track. The race can be an individual or family exercise, teaching children to learn, grow, and apply their cognitive abilities and motor skills.

SPOR0019-003 | Sat | Oct 12 | 10 a.m.–1 p.m.

Fees: \$15 Res | \$20 Non-Res (1 class)

Location: R. S. Dunham Park

Visual Arts

**Visual Arts classes take place at the Cary Arts Center unless otherwise noted.*

Design Thinking and Artful Invention | Ages: 4–11

This exciting class invites your family on a journey of innovation where you will learn about and use Design Thinking and problem-solving concepts to guide your family as you make a prototype of a “solution” for a problem you have identified from everyday life. Only children need to register. No more than two adults per family group, please.

VISU0305-001 | Sat | Sep 21 | 1–3 p.m.

Fees: \$23 Res | \$28 Non-Res (1 class)

Mixed Media

Recyclable Art Sculptures | Ages: 4–11

Join us on this art-making journey for the whole family! We will be gaining inspiration from famous sculptor Louise Nevelson as we learn to work together to create our own sculptural masterpieces using recyclable art. Only children need to register for this program. No more than two adults per family group, please.

VISU0330-001 | Sun | Oct 6 | 1:30–4 p.m.

Fees: \$26 Res | \$34 Non-Res (1 class)

Instructor: Brittney Soderman

Gelli Plate Printmaking | Ages: 4–11

Bring the whole family to explore a unique style of printmaking with us using Gelli Plates. This incredible style of printmaking allows us to paint multiple layers of design onto a single plate and incorporate a variety of really beautiful mark-making techniques, ending in a one-of-a-kind print with astounding layers. Only children need to register. No more than two adults per family group, please.

VISU0349-001 | Thu | Oct 17–24 | 5–6:30 p.m.

Fees: \$34 Res | \$44 Non-Res (2 classes)

Instructor: Brittney Soderman

El Dia de Los Muertos Art Making Workshop | Ages: 4–11

Join us on this art-making journey for the whole family! We will explore the celebrations of El Dia de Los Muertos and create a variety of art pieces inspired by this beautiful holiday. Only children need to register for this program. No more than two adults per family group, please.

VISU0372-001 | Sun | Nov 3 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Brittney Soderman

Mixed Media Gingerbread House | Ages: 4–11

Let's take a walk down gingerbread lane and create the perfect 3D gingerbread house! Your family will be using basic acrylic painting and mixed media techniques to string lights, add snow, candy windows and so much more! Families will work together to create a masterpiece; only children need to register. No more than two adults per family group, please.

VISU0432-001 | Sun | Dec 8 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)

VISU0437-001 | Thu | Dec 19 | 5:45–7:45 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Brittney Soderman

Star Lantern Making Workshop | Ages: 8+

Join visual teaching artist Gowri Savor for a fun and unique workshop to learn how to make a star shaped lantern for Cary's Under the Silver Moon Lantern Parade. Participants will learn techniques and build their own Star lantern using paper, willow, and LED lights. Children under 12 must be accompanied by guardian and both child and guardian must register for the workshop.

VISU0455-001 | Sat | Oct 26 | 10 a.m.–12 p.m.
VISU0455-002 | Sat | Oct 26 | 1–3 p.m.
Fees: \$15 Res | \$15 Non-Res (1 class)

Rattan Sphere Lantern Making Community Workshop | Ages: 8+

Join visual teaching artist Gowri Savor for a fun and unique workshop to learn how to make a sphere-shaped lantern for Cary's Under the Silver Moon Lantern Parade. Participants will learn techniques and build their own sphere lantern of rattan and tissue paper using LED lights. Children under 12 must be accompanied by a guardian; both child and guardian must register.

VISU0458-001 | Sat | Nov 9 | 10 a.m.–12 p.m.
VISU0458-002 | Sat | Nov 9 | 1–3 p.m.
Fees: \$15 Res | \$15 Non-Res (1 class)

Vellum Lantern Making Community Workshop | Ages: 8+

Join visual teaching artist Gowri Savor for a fun and unique workshop to learn how to make a vellum lantern for Cary's Under the Silver Moon Lantern Parade. Participants will learn techniques and build their own vellum lantern of rattan and tissue paper using LED lights. Children under 12 must be accompanied by a guardian and both child and guardian must register for the workshop.

VISU0459-001 | Sat | Nov 16 | 10 a.m.–12 p.m.
VISU0459-002 | Sat | Nov 16 | 1–3 p.m.
Fees: Free Res | \$15 Non-Res (1 class)

Painting

Let's Paint a Gingerbread House | Ages: 4–11

Create an adorable gingerbread house painting just in time for the holidays! We will be exploring color, patterns, and basic acrylic painting techniques in these holiday designs. Only children need to register. No more than two adults per family group, please.

VISU0422-001 | Thu | Dec 5–12 | 5:15–6:30 p.m.
Fees: \$26 Res | \$34 Non-Res (2 classes)
Instructor: Brittney Soderman

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game. To withdraw from a class that is more than 7 days away, log into your RecTrac account, navigate to 'History & Balances' and select 'Cancellations.' To withdraw from a class within the 7-day window, send an email to 311@carync.gov.



Preschool

Education

Global Tales and Treats | Ages: 2½–5

Take a trip around the globe with us! Celebrate cultures, peoples, and traditions from around the world with music, fun activities, colorful stories, and tasty treats. Each month features a different culture or celebration.

Navigate to the Netherlands!

EDUC0004-005 | Mon | Sep 9 | 10:15–11 a.m.

Beautiful Brasil!

EDUC0004-006 | Mon | Oct 14 | 10:15–11 a.m.

Thankful for Thanksgiving!

EDUC0004-007 | Mon | Nov 18 | 10:15–11 a.m.

Ciao Italia!

EDUC0004-008 | Mon | Dec 9 | 10:15–11 a.m.

Fees: \$4 Res | \$5 Non-Res (1 class)

Location: Page-Walker Arts & History Center

Ready, Set, Play! Parents' Morning Out | Ages: 2½–6

Drop off your kids and go have fun! Children will play, have a story and craft, and have movement fun. Please bring a snack and water bottle. Participants must be potty trained to attend.

EDUC0083-001 | Sat | Sep 14 | 9 a.m.–12 p.m.

EDUC0083-002 | Sat | Oct 19 | 9 a.m.–12 p.m.

EDUC0083-003 | Sat | Nov 16 | 9 a.m.–12 p.m.

Fees: \$30 Res | \$39 Non-Res (1 class)

Instructor: Stephanie Vogel

Location: Bond Park Community Center

Ready, Set, Learn! | Ages: 3½–5

This is a preschool program for children to learn skills through cooperative play. Children will have activity centers, snack, outdoor play, crafts, songs, and stories related to monthly themes. Must be potty trained to attend. Please bring a snack and lunch.

Back to School & All About Me

EDUC0001-006 | Mon Wed Fri | Sep 9–30 | 9:30 a.m.–1 p.m.

No Class: Sep 20

Fees: \$270 Res | \$300 Non-Res (9 classes)

Fall Fun & Pumpkins

EDUC0001-007 | Mon Wed Fri | Oct 2–30 | 9:30 a.m.–1 p.m.

No Class: Oct 14

Fees: \$360 Res | \$390 Non-Res (12 classes)

We are Thankful

EDUC0001-008 | Mon Wed Fri | Nov 4–22 | 9:30 a.m.–1 p.m.

No Class: Nov 11

Fees: \$240 Res | \$270 Non-Res (8 classes)

Candy Canes, Cookies & My 5 Senses

EDUC0001-009 | Mon Wed Fri | Dec 2–20 | 9:30 a.m.–1 p.m.

Fees: \$270 Res | \$300 Non-Res (9 classes)

Instructor: Stephanie Vogel

Location: Bond Park Community Center

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Little Doctor School: Pre-K | Ages: 4–6

Our youngest future doctors will use a real stethoscope and other medical instruments, learn how muscles and nerves work together, cast a broken bone, and how to properly scrub their hands before surgery.

EDUC0070-002 | Sat | Sep 14–Oct 26 | 10:30–11:30 a.m.

No Class: Oct 12

Fees: \$168 Res | \$198 Non-Res (6 classes)

Instructor: Little Medical School

Location: Bond Park Community Center

Toddler Tuesday | Ages: 6 and Under

Toddler Tuesday offers a dynamic space for kids aged 6 and under to explore, play, and make friends. Our toddler program, brimming with delightful activities, nurtures socialization and sparks wonder. It's an ideal environment for little ones to learn and grow through joyful interactions, including captivating story times, creative arts & crafts, tumbling activities, and interactive adventures. We can't wait to see you!

The Little Gym's Crazy Carnival
EDUC0062-012 | Tue | Sep 3 | 10–11 a.m.

Toddler Tuesday
EDUC0062-013 | Tue | Sep 17 | 10–11 a.m.

Toddler Tuesday with The Little Gym
EDUC0062-014 | Tue | Oct 1 | 10–11 a.m.

Toddler Tuesday with Hello Yellow Art Studio
EDUC0062-015 | Tue | Oct 15 | 10–11 a.m.

Fun Yoga & Mindfulness
EDUC0062-016 | Tue | Oct 29 | 10–11 a.m.

Toddler Tuesday with the Piedmont Wildlife Center
EDUC0062-017 | Tue | Nov 12 | 10–11 a.m.

Toddler Tuesday with Hello Yellow Art Studio
EDUC0062-018 | Tue | Nov 26 | 10–11 a.m.

Toddler Tuesday
EDUC0062-019 | Tue | Dec 17 | 10–11 a.m.
Fees: Free (1 class)
Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and nonresidents.

Environmental Education

Tots on Trails | Ages: 1–5

Join us on the trail for a relaxing morning stroll to experience nature. Little ones will delight in their discoveries in nature as we focus on different themes each class. Fee applies to each child. Unregistered siblings are not permitted.

Buzzing, Bumbling Bees
ENVI0001-009 | Wed | Sep 11 | 10–11 a.m.

Sneaky Squirrels
ENVI0001-010 | Wed | Sep 25 | 10–11 a.m.

Outstanding Owls
ENVI0001-011 | Wed | Oct 9 | 10–11 a.m.

Batty for Bats
ENVI0001-012 | Wed | Oct 23 | 10–11 a.m.

Colorful Leaves
ENVI0001-013 | Wed | Nov 6 | 10–11 a.m.

Log Life
ENVI0001-014 | Wed | Nov 27 | 10–11 a.m.

Birds of a Feather
ENVI0001-015 | Wed | Dec 4 | 10–11 a.m.

Winter's Nap
ENVI0001-016 | Wed | Dec 18 | 10–11 a.m.
Fees: \$8 Res | \$10 Non-Res (1 class)
Location: Stevens Nature Center

Fitness and Wellness

12 Day of FITmas: Downtown Cary Park | Ages: 6 and Under

Toddler Tuesday with The Little Gym

Join our 12 Days of FITmas to keep active and energized throughout the holiday season! In this rendition, preschoolers can jump into the vibrant world of Read, Move, & Groove, a fantastic fusion of literature and lively motion tailored for our young gymnasts. As your child dives into mesmerizing tales, they're also introduced to a symphony of movements, from twirls to tumbles, making each story an active adventure.

FITN0063-001 | Tue | Dec 3 | 10–11 a.m.
Fees: Free (1 class)
Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Performing Arts

Applause! Cary Youth Theatre

Tiny Tots Take a Bow | Ages: 2–3

Imagination takes center stage in this fun introduction to physical and vocal expression, characterization, and storytelling.

PERF0034-002 | Wed | Sep 25–Oct 16 | 10–10:45 a.m.

PERF0034-003 | Wed | Oct 30–Nov 20 | 10–10:45 a.m.

Fees: \$28 Res | \$36 Non-Res (4 classes)

Instructor: Ash Sharp

Location: Cary Arts Center

Tots Take a Bow | Ages: 4–5

Imagination takes center stage in this fun introduction to physical and vocal expression, characterization, and storytelling.

PERF0005-004 | Mon | Sep 9–Oct 7 | 4:30–5:15 p.m.

Fees: \$42 Res | \$55 Non-Res (5 classes)

PERF0005-005 | Tue | Oct 15–Nov 19 | 4:30–5:15 p.m.

Fees: \$42 Res | \$55 Non-Res (6 classes)

Instructor: Ash Sharp

Location: Cary Arts Center

Dance

Fairytale Ballet | Ages: 3–5

Begin ballet with an imaginative journey through fairytales.

PERF0102-001 | Thu | Oct 10–31 | 10–10:40 a.m.

Fees: \$49 Res | \$59 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: Bond Park Community Center

Fall Fun! Preschool Dance | Ages: 3–5

A fantastic introduction to dance using fun fall themes to inspire our movement.

PERF0101-001 | Thu | Sep 12–26 | 10–10:40 a.m.

Fees: \$37 Res | \$44 Non-Res (3 classes)

Instructor: Graceful Expressions

Location: Bond Park Community Center

Nutcracker Ballet | Ages: 3–5

Learn the music, story and dance of the Nutcracker.

PERF0103-001 | Thu | Nov 7–Dec 5 | 10–10:40 a.m.

No Class: Nov 28

Fees: \$49 Res | \$59 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: Bond Park Community Center

Tiny Tots Hip Hop & Tumble | Ages: 4–5

Basics of hip hop and tumbling come together for a fun movement experience to build coordination, balance and strength.

PERF0104-001 | Thu | Sep 12–26 | 10:45–11:25 a.m.

Fees: \$37 Res | \$44 Non-Res (3 classes)

PERF0104-002 | Thu | Oct 10–31 | 10:45–11:25 a.m.

PERF0104-003 | Thu | Nov 7–Dec 5 | 10:45–11:25 a.m.

No Class: Nov 28

Fees: \$49 Res | \$59 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: Bond Park Community Center

Music

Music Makers | Ages: 3–5

With age-appropriate instruments, creative movement, singing, and games, children will explore the world of music and have fun with new friends. Music exploration can improve listening and language skills, socialization, and even math skills. Caregiver must remain in the room but does not have to participate in activities.

Music All Around Me

PERF0004-005 | Tue | Sep 17–Oct 8 | 10–10:40 a.m.

Down on the Farm

PERF0004-006 | Tue | Oct 15–Nov 5 | 10–10:40 a.m.

Oh, The Places You'll Go

PERF0004-007 | Tue | Nov 12–Dec 3 | 10–10:40 a.m.

Fees: \$32 Res | \$40 Non-Res (4 classes)

Instructor: Linda Su

Location: Bond Park Community Center

Sports Instruction and Events

1st Down Tots

1st DownTots is a development program for kids that uses a variety of fun games to engage kids while teaching the sport of football and developing fundamental skills. The goal is to build fitness, muscle coordination, and learn football fundamentals to create a love of the game. We do not do any tackling or blocking at this level. Parent/Caregiver must remain in the park during class. Rain makeup date Oct. 28.

Rams | Ages: 3½–4½

SPOR0028-001 | Mon | Sep 9–Oct 21 | 4–4:45 p.m.

No Class: Oct 14

Rhinos | Ages: 4½–5½

SPOR0028-002 | Mon | Sep 9–Oct 21 | 5–5:45 p.m.

No Class: Oct 14

Fees: \$117 Res | \$147 Non-Res (6 classes)

Instructor: Skyhawks Sports Academy

Location: Ed Yerha Park

Kidokinetics Jr. SportsPlay with Caregiver | Ages: 2–3

Join us for an interactive experience where kids and their grown-ups can move, stretch, and play together while exploring sports FUNdamentals! Our program is crafted to inspire active participation, instill positivity towards physical activity, and foster meaningful peer interactions through fun-filled play. We introduce a new sport each week, ensuring a fun and enriching experience. Our program is non-competitive.

SPOR0023-001 | Tue | Sep 10–Oct 1 | 10–10:45 a.m.

SPOR0023-002 | Tue | Oct 15–Nov 5 | 10–10:45 a.m.

SPOR0023-003 | Tue | Nov 19–Dec 10 | 10–10:45 a.m.

Fees: \$56 Res | \$73 Non-Res (4 classes)

Instructor: Kidokinetics

Location: Bond Park Community Center

Multi-Sport Tots Rookies | Ages: 2–3½

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Requires Parent /Caregiver participation.

SPOR0025-001 | Sat | Sep 14–Oct 19 | 9–9:45 a.m.

Rain makeup date Oct 26

Fees: \$117 Res | \$147 Non-Res (6 classes)

Instructor: Skyhawks Sports Academy

Location: Ed Yerha Park

SPOR0025-002 | Tue | Oct 22–Dec 17 | 4–4:45 p.m.

Fees: \$176 Res | \$176 Non-Res (9 classes)

Instructor: Skyhawks Sports Academy

Location: Middle Creek Community Center

SPOR0025-003 | Wed | Oct 30–Dec 18 | 4–4:45 p.m.

No Class: Nov 27

Fees: \$137 Res | \$137 Non-Res (7 classes)

Instructor: Skyhawks Sports Academy

Location: Middle Creek Community Center

Soccer Tots Cubs | Ages: 2–3½

Youngsters take to Soccer themed motor skill classes very easily. Cubs will focus on developing motor skills and self-confidence. Guardian/Caregiver participation is required.

SPOR0029-001 | Wed | Sep 11–Oct 16 | 4–4:45 p.m.

Rain makeup date Oct 23

Fees: \$117 Res | \$147 Non-Res (6 classes)

Instructor: Skyhawks Sports Academy

Location: Ed Yerha Park

SPOR0029-002 | Sat | Nov 2–Dec 7 | 9–9:45 a.m.

No Class: Nov 30

Fees: \$98 Res | \$98 Non-Res (5 classes)

Instructor: Skyhawks Sports Academy

Location: Middle Creek Community Center

Kidokinetics Preschool SportsPlay | Ages: 3–6

Kids can discover the joy of sports FUNdamentals with Kidokinetics SportsPlay classes, tailored specifically for preschoolers! Our dynamic curriculum introduces a variety of sports while fostering essential skills such as confidence, body awareness, self-control, and active listening, all through engaging play. We introduce a new sport each week, ensuring a fun and enriching experience. Our program is non-competitive.

SPOR0024-001 | Tue | Sep 10–Oct 1 | 11–11:45 a.m.

SPOR0024-002 | Tue | Oct 15–Nov 5 | 11–11:45 a.m.

SPOR0024-003 | Tue | Nov 19–Dec 10 | 11–11:45 a.m.

Fees: \$56 Res | \$73 Non-Res (4 classes)

Instructor: Kidokinetics

Location: Bond Park Community Center

Multi-Sport Tots All Stars | Ages: 3½–4½

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Parent/Caregiver is required to remain in the park during classes.

SPOR0026-001 | Sat | Sep 14–Oct 19 | 10–10:45 a.m.

Fees: \$117 Res | \$147 Non-Res (6 classes)

Rain makeup date Oct 26

Instructor: Skyhawks Sports Academy

Location: Ed Yerha Park

SPOR0026-002 | Tue | Oct 22–Dec 17 | 5–5:45 p.m.

Fees: \$176 Res | \$176 Non-Res (9 classes)

SPOR0026-003 | Wed | Oct 30–Dec 18 | 5–5:45 p.m.

No Class: Nov 27

Fees: \$137 Res | \$137 Non-Res (7 classes)

Instructor: Skyhawks Sports Academy

Location: Middle Creek Community Center

Soccer Tots Bears | Ages: 3½–4½

Young ones will enjoy and be engaged in this soccer-themed motor skills course. Bears focus on motor skills and developing self-confidence. Parent/Caregiver required to remain in the park during class.

SPOR0030-001 | Wed | Sep 11–Oct 16 | 5–5:45 p.m.

Rain makeup date October 23

Fees: \$117 Res | \$147 Non-Res (6 classes)

Instructor: Skyhawks Sports Academy

Location: Ed Yerha Park

SPOR0030-002 | Sat | Nov 2–Dec 7 | 10–10:45 a.m.

No Class: Nov 30

Fees: \$98 Res | \$98 Non-Res (5 classes)

Instructor: Skyhawks Sports Academy

Location: Middle Creek Community Center

AN INCLUSIVE APPROACH

Cary Parks, Recreation & Cultural Resources is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. For individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. Please see the Specialized Recreation section on page 94 for more details.

Multi-Sport Tots Legends | Ages: 4½–5

Multi-sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork. Parent/Caregiver must remain in the park during classes.

SPOR0027-001 | Sat | Sep 14–Oct 19 | 11–11:45 a.m.
Fees: \$117 Res | \$147 Non-Res (6 classes)

Rain makeup date Oct. 26

Instructor: Skyhawks Sports Academy
Location: Ed Yerha Park

SPOR0027-002 | Tue | Oct 22–Dec 17 | 6–6:45 p.m.
Fees: \$176 Res | \$176 Non-Res (9 classes)

SPOR0027-003 | Wed | Oct 30–Dec 18 | 6–6:45 p.m.
No Class: Nov 27

Fees: \$137 Res | \$137 Non-Res (7 classes)
Instructor: Skyhawks Sports Academy
Location: Middle Creek Community Center

Soccer Tots Grizzlies | Ages: 4½–5

Youngsters take to the soccer-themed motor skill classes very easily. Grizzlies will focus on developing motor skills and self-confidence. Parent/Caregiver must remain in park during class.

SPOR0031-001 | Wed | Sep 11–Oct 16 | 6–6:45 p.m.
Rain makeup date Oct 23.

Fees: \$117 Res | \$147 Non-Res (6 classes)
Instructor: Skyhawks Sports Academy
Location: Ed Yerha Park

SPOR0031-002 | Sat | Nov 2–Dec 7 | 6–6:45 p.m.
No Class: Nov 30

Fees: \$98 Res | \$98 Non-Res (5 classes)
Instructor: Skyhawks Sports Academy
Location: Middle Creek Community Center

Studio Arts

Ceramics

Books and Clay | Ages: 3–6

Come listen to the reading of a children's picture book and create a clay piece based upon the story. One Parent or Guardian is required. Due to classroom space, please consider only one adult per child.

The Leaf Thief
STUD0001-005 | Sun | Sep 8–15 | 1:30–2:30 p.m.

The Little Scarecrow Boy
STUD0001-006 | Sun | Oct 6–13 | 1:30–2:30 p.m.

The Mitten
STUD0001-007 | Sun | Nov 10–17 | 1:30–2:30 p.m.

Sweater Weather
STUD0001-008 | Sun | Dec 8–15 | 1:30–2:30 p.m.
Fees: \$25 Res | \$33 Non-Res (2 classes)
Instructor: Kimberly Lomax
Location: Cary Arts Center

Preschool Mud Flings | Ages: 3–6

You and your child will work together to create imaginative clay projects based on the class theme. Parent/Guardian attendance is required. Due to classroom size one adult per student.

What a Hoot!
STUD0003-008 | Fri | Sep 6–13 | 1–2 p.m.
STUD0003-009 | Tue | Sep 10–17 | 10–11 a.m.

Stars in the Night
STUD0003-010 | Fri | Sep 20–27 | 1–2 p.m.
STUD0003-011 | Tue | Sep 24–Oct 1 | 10–11 a.m.

Picasso Pumpkins
STUD0003-012 | Fri | Oct 4–11 | 1–2 p.m.
STUD0003-013 | Tue | Oct 8–15 | 10–11 a.m.

Printing with Nature
STUD0003-014 | Fri | Oct 18–25 | 1–2 p.m.
STUD0003-015 | Tue | Oct 22–29 | 10–11 a.m.

Turkeys a Gobble
STUD0003-016 | Fri | Nov 1–8 | 1–2 p.m.
STUD0003-017 | Tue | Nov 5–12 | 10–11 a.m.

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

ART IS MESSY!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

Holiday Decorations

STUD0003-018 | Fri | Nov 15–22 | 1–2 p.m.

STUD0003-019 | Tue | Nov 19–26 | 10–11 a.m.

Who Lives at the North Pole?

STUD0003-020 | Tue | Dec 3–10 | 10–11 a.m.

STUD0003-021 | Fri | Dec 6–13 | 1–2 p.m.

Fees: \$25 Res | \$33 Non-Res (2 classes)

Instructor: Linda Simpson

Location: Cary Arts Center

Tennis

Tots | Ages: 4–6

Introduce your child to the exciting world of tennis! The Tots Tennis class is for beginner players ages 4–6 years old. Located on outdoor courts.

TENN0001-057 | Tue | Sep 3–24 | 5:30–6 p.m.

TENN0001-058 | Wed | Sep 4–25 | 5–5:30 p.m.

TENN0001-059 | Thu | Sep 5–26 | 5:30–6 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0001-060 | Sat | Sep 7–28 | 9–9:30 a.m.

TENN0001-061 | Sat | Sep 7–28 | 10–10:30 a.m.

TENN0001-062 | Sat | Sep 7–28 | 11–11:30 a.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0001-056 | Mon | Sep 9–23 | 5–5:30 p.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0001-063 | Mon | Sep 30–Oct 21 | 5–5:30 p.m.

TENN0001-064 | Tue | Oct 1–22 | 5:30–6 p.m.

TENN0001-065 | Wed | Oct 2–23 | 5–5:30 p.m.

TENN0001-066 | Thu | Oct 3–24 | 5:30–6 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0001-067 | Sat | Oct 5–26 | 9–9:30 a.m.

TENN0001-068 | Sat | Oct 5–26 | 10–10:30 a.m.

TENN0001-069 | Sat | Oct 5–26 | 11–11:30 a.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0001-070 | Mon | Oct 28–Nov 18 | 5–5:30 p.m.

TENN0001-071 | Tue | Oct 29–Nov 19 | 5:30–6 p.m.

TENN0001-072 | Wed | Oct 30–Nov 20 | 5–5:30 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0001-074 | Sat | Nov 2–23 | 9–9:30 a.m.

TENN0001-075 | Sat | Nov 2–23 | 10–10:30 a.m.

TENN0001-076 | Sat | Nov 2–23 | 11–11:30 a.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0001-073 | Thu | Nov 7–21 | 5:30–6 p.m.

TENN0001-077 | Mon | Dec 2–16 | 5–5:30 p.m.

TENN0001-078 | Tue | Dec 3–17 | 5:30–6 p.m.

TENN0001-079 | Wed | Dec 4–18 | 5–5:30 p.m.

TENN0001-080 | Thu | Dec 5–19 | 5:30–6 p.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0001-081 | Sat | Dec 7–21 | 9–9:30 a.m.

TENN0001-082 | Sat | Dec 7–21 | 10–10:30 a.m.

TENN0001-083 | Sat | Dec 7–21 | 11–11:30 a.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Annie Jones Park Tennis Courts

Visual Arts

Mixed Media

Art Beginnings | Ages: 14m–2½

You and your little one can get creative while building a strong foundation for learning. The focus will be on developing problem-solving and art-making skills, experimenting with a variety of materials, and having fun together!

Festive Fall

VISU0264-001 | Tue | Oct 15–29 | 9:45–10:15 a.m.

VISU0264-002 | Tue | Oct 15–29 | 10:30–11 a.m.

Animal Antics

VISU0264-003 | Tue | Nov 5–19 | 9:45–10:15 a.m.

VISU0264-004 | Tue | Nov 5–19 | 10:30–11 a.m.

Sparkle Art

VISU0264-005 | Tue | Nov 26–Dec 10 | 9:45–10:15 a.m.

VISU0264-006 | Tue | Nov 26–Dec 10 | 10:30–11 a.m.

Fees: \$17 Res | \$22 Non-Res (3 classes)

Instructor: Lisa Honeycutt

Location: Cary Arts Center

Art Express | Ages: 2–6

All aboard for family fun! Enjoy a variety of art projects designed around special themes that encourage cooperative play and skill building.

Zany Zoo

VISU0001-003 | Thu | Sep 5–19 | 10–11 a.m.

VISU0001-004 | Fri | Sep 6–20 | 10–11 a.m.

Fees: \$34 Res | \$44 Non-Res (3 classes)

Where Do Birds Live?

VISU0001-005 | Thu | Sep 26–Oct 3 | 10–11 a.m.

VISU0001-006 | Fri | Sep 27–Oct 4 | 10–11 a.m.

Fees: \$23 Res | \$28 Non-Res (2 classes)

Halloween Happenings

VISU0001-007 | Thu | Oct 10–24 | 10–11 a.m.

VISU0001-008 | Fri | Oct 11–25 | 10–11 a.m.

Fees: \$34 Res | \$44 Non-Res (3 classes)

Terrific Turkeys & Friends

VISU0001-009 | Thu | Nov 7–21 | 10–11 a.m.

VISU0001-010 | Fri | Nov 8–22 | 10–11 a.m.

Fees: \$34 Res | \$44 Non-Res (3 classes)

Holly Jolly Holidayze

VISU0001-011 | Thu | Dec 5–19 | 10–11 a.m.

Fees: \$34 Res | \$44 Non-Res (3 classes)

VISU0001-012 | Fri | Dec 6–13 | 10–11 a.m.

Fees: \$23 Res | \$28 Non-Res (2 classes)

Instructor: Linda Simpson

Location: Cary Arts Center

Fabulous Friday Family Fun |**Ages: 2–6**

Make a special Friday night date with your little one! Enjoy a bit of music and get creative making fabulous art projects based on themes that children love!

Fall at the Farm

VISU0289-001 | Fri | Sep 13 | 5–6:15 p.m.

Silly Scary Halloween

VISU0289-002 | Fri | Oct 11 | 5–6:15 p.m.

Wishing for Winter

VISU0289-003 | Fri | Nov 8 | 5–6:15 p.m.

Snow Day

VISU0289-004 | Fri | Dec 6 | 5–6:15 p.m.

Fees: \$14 Res | \$18 Non-Res (1 class)

Instructor: Claudia Czap

Location: Cary Arts Center

Create with Me Holiday Workshop |**Ages: 2½–6**

Bring your favorite adult and create fun, festive, holiday-themed artwork together while building fine motor skills. Each class starts with songs and finger plays, then we dive into our artwork! Projects include a mixed-media wreath for your door, a cardboard gingerbread house, and placemats and more for your holiday table. This class requires adult participation.

VISU0412-001 | Mon | Dec 2–16 | 10–11 a.m.

Fees: \$34 Res | \$44 Non-Res (3 classes)

Instructor: Kimberly Lomax

Location: Cary Arts Center

Volunteer Opportunities

Wildflower Watering Club |**Ages: 1–5 w/guardian**

Spend quality time with your preschooler outside while instilling the importance of volunteering. This club assists Hemlock Bluffs staff with watering the native wildflower gardens at the preserve.

VOLU0004-012 | Tue | Sep 17 | 10–11 a.m.

VOLU0004-013 | Tue | Oct 8 | 10–11 a.m.

VOLU0004-014 | Tue | Oct 22 | 10–11 a.m.

Fees: Free (1 class)

Location: Hemlock Bluffs Nature Preserve

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game. To withdraw outside of the 7-day window, log into your RecTrac account, navigate to 'History & Balances' and select 'Cancellations.' To withdraw within the 7-day window, send an email to 311@carync.gov.





Youth

Education

Ready, Set, Play! Parents' Night Out | Ages: 3–10

Drop your kids off and go have fun! Children will play games, do crafts, and watch a movie. Pizza and popcorn will be provided. Children must be potty trained to attend.

EDUC0082-001 | Fri | Oct 25 | 5:30–9 p.m.

EDUC0082-002 | Fri | Dec 6 | 5:30–9 p.m.

Fees: \$40 Res | \$52 Non-Res (1 class)

Instructor: Stephanie Vogel

Location: Bond Park Community Center

NASA Engineers | Ages: K5–11

Take a voyage of discovery into space! Students will have lots of projects to make. Plus—Mad Science is the ONLY organization licensed to use these activities. All material developed by Mad Science and NASA.

EDUC0085-001 | Wed | Sep 11–Oct 2 | 5–6 p.m.

Fees: \$85 Res | \$110 Non-Res (4 classes)

Instructor: Mad Science of the Triangle

Location: Bond Park Community Center

NASA Voyagers | Ages: K5–11

Explore planets, moons and other space phenomena. Students will have lots of projects to make, plus—Mad Science is the ONLY organization licensed to use these activities. All material developed by Mad Science and NASA.

EDUC0086-001 | Wed | Oct 16–Nov 6 | 5–6 p.m.

Fees: \$85 Res | \$110 Non-Res (4 classes)

Instructor: Mad Science of the Triangle

Location: Bond Park Community Center

AGE LIMITS

Children must be the minimum age before the beginning of class to be eligible to register. Programs that include age K5 are for 5-year-olds who are currently attending Kindergarten.

Outer Space & Physics Fun | Ages: 6–11

Come join an exciting world of space exploration as you build and take home your very own Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun powered by battery or solar power.

EDUC0059-002 | Wed | Oct 23–Dec 4 | 6–7 p.m.

No Class: Nov 27

Fees: \$125 Res | \$155 Non-Res (6 classes)

Instructor: Minds in Motion

Location: The Hive

Bridges and Skyscrapers | Ages: 7–11

Do you ever wonder how bridges span huge distances and how skyscrapers stay standing? Get ready to get your mind in motion as you work with and take home your very own Bridges and Skyscrapers Set! With your kit, you can build up to 20 model building experiments that each demonstrate a basic principle of mechanical physics or structural engineering in a hands-on way.

EDUC0058-002 | Tue | Oct 15–Nov 19 | 6–7 p.m.

Fees: \$125 Res | \$155 Non-Res (6 classes)

Instructor: Minds in Motion

Location: Bond Park Community Center

Little Pediatrician School | Ages: 7–11

After “adopting” their own plush baby, students will role-play the key responsibilities of a pediatrician and learn how to perform a head-to-toe exam on a newborn. These future pediatricians will learn about diapering, diaper rash, bottling, burping, the infant Heimlich maneuver, childhood immunizations, and safe sleeping.

EDUC0084-001 | Sat | Sep 14–Oct 26 | 9:15–10:15 a.m.

No Class: Oct 12

Fees: \$168 Res | \$198 Non-Res (6 classes)

Instructor: Little Medical School

Location: Bond Park Community Center

Space Exploration: Missions and Mechanics | Ages: 7–14

This program is all about the missions and mechanics of NASA’s rovers. Learn about how to safely land and conduct experiments on another world!

EDUC0008-002 | Tue | Oct 22–Nov 26 | 6–7:30 p.m.

Fees: \$180 Res | \$210 Non-Res (6 classes)

Instructor: Engineering For Kids

Location: Bond Park Community Center

World Games Engineering | Ages: 8–12

In this program, students will compete for the gold as they take on exciting engineering challenges related to the greatest athletic competitions. Students will explore a wide variety of science and engineering concepts related to various athletic events.

EDUC0091-001 | Tue | Sep 10–Oct 15 | 6–7:30 p.m.

Fees: \$180 Res | \$210 Non-Res (6 classes)

Instructor: Engineering For Kids

Location: Bond Park Community Center

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MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That’s when registration begins for the next session.

Environmental Education

Nature Fun-Days | Ages: 5–8

Having trouble answering your child’s wildlife questions? Let us do it for you! Children will have fun hiking, making projects, and engaging in nature activities. Each session focuses on a specific nature topic.

Reptile Roundup

ENVI0002-005 | Mon | Sep 23 | 10 a.m.–12 p.m.

All About Owls

ENVI0002-006 | Thu | Oct 10 | 10 a.m.–12 p.m.

Digging for Fossils

ENVI0002-007 | Fri | Nov 1 | 10 a.m.–12 p.m.

Rowdy Raccoons

ENVI0002-008 | Mon | Nov 18 | 10 a.m.–12 p.m.

Super Salamanders

ENVI0002-009 | Mon | Dec 2 | 10 a.m.–12 p.m.

Fees: \$10 Res | \$12 Non-Res (1 class)

Location: Stevens Nature Center

Eco-Explorers | Ages: 8–12

Do you have cherished memories of exploring the woods near your childhood home? Give your child the same opportunity in a safe environment brimming with opportunities for discovery. Children will enhance their appreciation for the environment as they increase their understanding of nature through outdoor investigations, projects, and activities. This is a drop-off program. Unregistered siblings and parents are not permitted to attend.

Searching for Snakes

ENVI0003-006 | Tue | Sep 10 | 10 a.m.–12 p.m.

Creepy Critters

ENVI0003-007 | Mon | Oct 14 | 10 a.m.–12 p.m.

Creatures of the Past

ENVI0003-008 | Thu | Nov 7 | 10 a.m.–12 p.m.

Foxes and Coyotes

ENVI0003-009 | Thu | Nov 21 | 10 a.m.–12 p.m.

Salamander Secrets

ENVI0003-010 | Thu | Dec 12 | 10 a.m.–12 p.m.

Fees: \$10 Res | \$12 Non-Res (1 class)

Location: Stevens Nature Center

Night Out in Nature | Ages: 8–12

Kids are dropped off to spend a night out in nature making memories and new friends. Our adventures will encourage the understanding and appreciation of the natural world at night. This old-fashioned camp-style program includes nature activities and crafts, night hikes, and a campfire. Each program has a different nature topic.

ENVI0016-003 | Fri | Sep 13 | 6–8 p.m.

ENVI0016-004 | Fri | Oct 11 | 6–8 p.m.

ENVI0016-005 | Fri | Nov 15 | 6–8 p.m.

ENVI0016-006 | Fri | Dec 6 | 6–8 p.m.

Fees: \$18 Res | \$24 Non-Res (1 class)

Location: Stevens Nature Center

Outdoor Recreation

Track Out Adventures | Ages: 10–14

Join us for a weekly adventure club geared towards tracked-out students! Each session will be packed with opportunities to gain skills and make new friends. Topics include archery, fire building, survival skills, orienteering, boating, and the adventure course.

OUTD0027-001 | Wed | Sep 11–25 | 10 a.m.–12 p.m.

OUTD0027-002 | Wed | Oct 2–16 | 10 a.m.–12 p.m.

OUTD0027-003 | Wed | Oct 23–Nov 6 | 10 a.m.–12 p.m.

OUTD0027-004 | Wed | Nov 13–20 | 10 a.m.–12 p.m.

Fees: \$35 Res | \$40 Non-Res (2 classes)

Location: Bond Park Boathouse

Performing Arts

**Performing Arts classes take place at the Cary Arts Center unless otherwise noted.*

Halloween Costumes | Ages: 10–14

Bring your Halloween costume ideas! We'll discuss materials, patterns, techniques, budgets, and more, then complete the projects in the following classes. Materials list will be provided after first class and will be customized for each participant. The Sep 22 class will be 2–3pm; all other classes will be 2–4:30pm.

PERF0119-001 | Sun | Sep 22–Oct 20 | 2–4:30 p.m.

Fees: \$119 Res | \$149 Non-Res (5 classes)

Instructor: Lauren Polak

DIY Zombie Costumes | Ages: 10–14

Bring in clothes from home and learn to distress fabrics to make your very own zombie costume, just in time for Halloween! You might even choose to enter your costume into the Zombiepalooza Film Festival costume contest at The Cary Theater on October 25!

PERF0118-001 | Sat | Oct 12–19 | 2–4 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Lauren Polak

Youth Cosplay Props: Witch Hat | Ages: 10–14

Sew and decorate a witch or wizard hat just in time for Halloween!

PERF0117-001 | Sun | Oct 27 | 2–4:30 p.m.

Fees: \$26 Res | \$34 Non-Res (1 class)

Instructor: Lauren Polak

Applause! Cary Youth Theatre

Encore Performers | Ages: K5–9

Explore how to make movement and vocal choices for characters, improvise scenes, and perform ensemble stories and skits.

PERF0027-004 | Mon | Sep 9–23 | 5:30–6:30 p.m.

Fees: \$28 Res | \$36 Non-Res (3 classes)

Instructor: Dylan Bailey

Everything Drama | Ages: K5–9

Explore imaginative play, theater games, and skits that make you a better problem solver and collaborator, and let you express your best self!

PERF0006-005 | Tue | Nov 5–12 | 4:30–5:30 p.m.

Fees: \$19 Res | \$24 Non-Res (2 classes)

Instructor: Roni Carrington

PERF0006-006 | Sat | Nov 9–23 | 10–11 a.m.

Fees: \$28 Res | \$36 Non-Res (3 classes)

Instructor: Ash Sharp

Location: Middle Creek Community Center

Magical Theater | Ages: K5–9

Dive into the world of adventure, magic, and fantasy using books and original ideas as inspiration. Discover the magic of acting while developing scenes inspired by magical characters, stories, and landscapes.

PERF0016-002 | Mon | Sep 9–30 | 6–7 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Connor Gerney

Location: Middle Creek Community Center

PERF0016-003 | Fri | Oct 4–25 | 4:30–5:30 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Barbet Hunter

Mini Musical | Ages: K5–9

Learn stage presence and how to create characters through song and basic choreography. Share your work in a mini musical on the last day of class.

PERF0079-002 | Sat | Nov 2–Dec 14 | 10:30 a.m.–12 p.m.

No Class: Nov 30

Fees: \$84 Res | \$109 Non-Res (6 classes)

Instructor: Emily Freer

Location: The Hive

Youth Acting Workshop | Ages: K5–9

Dive into acting through improv, scene work, and collaborative storytelling.

PERF0091-002 | Wed | Sep 11 | 4:30–6:30 p.m.
Fees: \$19 Res | \$24 Non-Res (1 class)
Instructor: Dylan Bailey

PERF0091-003 | Mon | Nov 18 | 6–7:30 p.m.
Fees: \$14 Res | \$18 Non-Res (1 class)
Instructor: Sam Scipioni
Location: Middle Creek Community Center

PERF0091-004 | Fri | Dec 13 | 4–6 p.m.
Fees: \$19 Res | \$24 Non-Res (1 class)
Instructor: Sam Scipioni

Storybook Theater | Ages: K5–9

Use pantomime, improv and character work to tell, re-tell and create original skits inspired by familiar stories.

All Things Seuss!

PERF0007-003 | Sat | Sep 7–28 | 10:30–11:30 a.m.
Fees: \$45 Res | \$58 Non-Res (4 classes)
Instructor: Ash Tharp
Location: The Hive

Cloudy with a Chance of Meatballs

PERF0007-004 | Mon | Sep 9–30 | 6–7 p.m.
Fees: \$45 Res | \$58 Non-Res (4 classes)
Instructor: Lauren Singleton

The Day the Crayons Quit

PERF0007-005 | Mon | Nov 18–Dec 9 | 5–6 p.m.
Fees: \$37 Res | \$48 Non-Res (4 classes)
Instructor: Connor Gerney

The Mitten

PERF0007-006 | Mon | Dec 2–23 | 6–7 p.m.
Fees: \$34 Res | \$44 Non-Res (4 classes)
Instructor: Ash Tharp
Location: Middle Creek Community Center

The Curtain Rises | Ages: 6–8

Practice stage introductions and learn how bold character choices can take your next audition from good to great!

PERF0021-003 | Sat | Sep 7–28 | 9:45–10:45 a.m.
Fees: \$37 Res | \$48 Non-Res (4 classes)
Instructor: Emily Freer

No Fear Acting: Intro to Reader's Theater | Ages: 6–9

Explore dramatic storytelling and work as an ensemble to perform scripts. No need to memorize lines or stage directions in this class!

PERF0124-001 | Sat | Sep 14–28 | 1–2 p.m.
Fees: \$34 Res | \$44 Non-Res (3 classes)
Instructor: Dylan Bailey

PERF0124-002 | Thu | Nov 7–21 | 5:30–6:30 p.m.
Fees: \$28 Res | \$36 Non-Res (3 classes)
Instructor: Sam Scipioni
Location: The Hive

Homeschool Shine Onstage!

Let your creative side shine as you experience the play rehearsal process from start to finish. From auditions through rehearsals and performances, students will work with a director to put on a short play on the final day of class. Preteens will rehearse primary roles for two weeks before being joined by youth performers to round out a robust cast of characters!

Youth | Ages: 6–9

PERF0110-002 | Tue & Thu | Nov 19–Dec 17 | 11 a.m.–12:30 p.m.
No Class: Nov 28
Fees: \$130 Res | \$160 Non-Res (8 classes)
Instructor: Ash Tharp

Preteens | Ages: 10–13

PERF0110-001 | Tue & Thu | Nov 5–Dec 17 | 11 a.m.–12:30 p.m.
No Class: Nov 28
Fees: \$190 Res | \$220 Non-Res (12 classes)
Instructor: Ash Tharp

Actor's Studio | Ages: 8–12

Ready to take creative drama to the next level? Have fun working together as a team while developing acting techniques to build characters and tell stories.

PERF0009-003 | Thu | Oct 3–24 | 4:30–5:30 p.m.
No Class: Oct 17
Fees: \$28 Res | \$36 Non-Res (3 classes)
Instructor: Liam Yates
Location: The Hive

PERF0009-004 | Mon | Oct 7–21 | 4:30–5:30 p.m.
Fees: \$28 Res | \$36 Non-Res (3 classes)
Instructor: Kathleen Rudolph

PERF0009-005 | Sat | Dec 7–21 | 10–11 a.m.
Fees: \$28 Res | \$36 Non-Res (3 classes)
Instructor: Connor Gerney
Location: Middle Creek Community Center

Adventure Awaits | Ages: 8–12

Theater games, teamwork, and imagination take you to mysterious lands full of interesting and fantastical characters in this acting adventure!

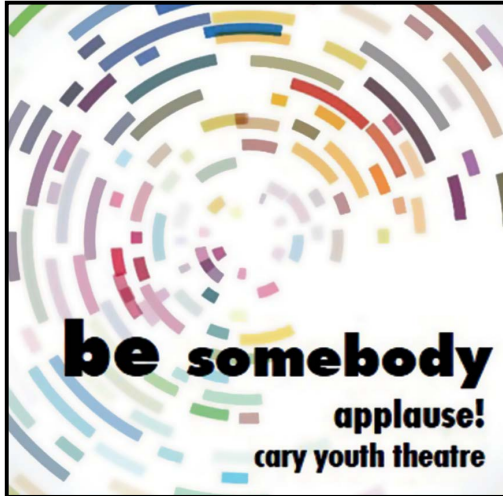
PERF0081-002 | Mon | Oct 7–28 | 6–7 p.m.
Fees: \$37 Res | \$48 Non-Res (4 classes)
Instructor: Ash Tharp
Location: Middle Creek Community Center

PERF0081-003 | Fri | Nov 1–22 | 4:30–5:30 p.m.
Fees: \$37 Res | \$48 Non-Res (4 classes)
Instructor: Amanda Jenkins

DON'T WAIT!

Early registration allows us time to plan appropriately. Often, we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You could make the difference!

APPLAUSE! CARY YOUTH THEATRE AUDITIONS AND DESIGN TEAM



A Peter Rabbit Christmas

Registration opens September 14

Auditions (Ages: 8–12)

Monday, October 14–Tuesday, October 15, 5–9 p.m.

Tuck Everlasting

Registration opens December 2

Design Team Interviews (Ages: 13–18)

Wednesday, January 8, 5–9 p.m.

Auditions (Ages: 8–18)

Monday, January 27–Tuesday January 28, 5–9 p.m.

INTERVIEWS

No experience necessary. Preregistration is required. More information about audition and interview expectations, production schedules, and registration at carync.gov/applause.

Applause! Youth Ensemble: A Peter Rabbit Christmas | Ages: 8–12

Hone your acting and audition skills to prepare for Applause!'s auditions for *A Peter Rabbit Christmas* or for future theater auditions. Whether you're new to acting or a returning performer, learn techniques to help you nail your next audition. Prospective auditioners need attend only one audition prep class (either Oct 7 or Oct 10, but not both).

PERF0111-002 | Mon | Oct 7 | 4–6 p.m.

PERF0111-001 | Thu | Oct 10 | 5–7 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Barbette Hunter

Applause! Youth Ensemble: Tuck Everlasting | Ages: 8–12

Hone your acting and audition skills to prepare for Applause!'s auditions for *Tuck Everlasting* or for future theater auditions. Whether you're new to acting or a returning performer, learn techniques to help you nail your next audition. Prospective auditioners need attend only one audition prep class (either Dec 10 or Dec 11, but not both).

PERF0111-003 | Tue | Dec 10 | 6–8 p.m.

PERF0111-004 | Wed | Dec 11 | 6–8 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Amanda Jenkins

Broadway Beginnings: Musicals | Ages: 8–12

Learn and practice singing, choreography, and acting in this fun intro to musical theater.

PERF0008-003 | Thu | Sep 5–26 | 5:30–6:30 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Sam Scipioni

Location: The Hive

PERF0008-004 | Sat | Sep 7–28 | 11 a.m.–12 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Emily Freer

PERF0008-005 | Sat | Oct 5–26 | 1–2 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Dylan Bailey

Intro to Reader's Theater | Ages: 8–12

Explore dramatic storytelling and work as an ensemble to perform scripts. No need to memorize lines or stage directions in this class!

PERF0082-003 | Tue | Dec 3–17 | 4:30–5:30 p.m.

Fees: \$45 Res | \$58 Non-Res (3 classes)

Instructor: Sam Scipioni

Lights, Camera, Action! | Ages: 8–12

Have you ever wondered what it's like to act on camera? Students will explore acting techniques for film acting and develop strategies for being natural in front of a camera.

PERF0029-002 | Fri | Sep 6–27 | 4:30–6 p.m.

No Class: Sep 20

Fees: \$42 Res | \$55 Non-Res (3 classes)

Instructor: Tony Pender

Theater Games | Ages: 8–12

Explore theater through the power of play. Learn improvisational games and activities that build confidence, teamwork, acting skills, all while having fun onstage.

PERF0022-004 | Fri | Oct 4 | 4–5 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Sam Scipioni

PERF0022-005 | Mon | Nov 25 | 6–7 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Sam Scipioni

Location: Middle Creek Community Center

Characters Wanted | Ages: 10–12

Learn how to create strong, believable, interesting characters onstage by connecting acting technique to backstory, physicality, given circumstances, and character relationships.

PERF0024-002 | Mon | Sep 9–30 | 4:30–5:30 p.m.
 Fees: \$37 Res | \$48 Non-Res (4 classes)
 Instructor: Kathleen Rudolph

Dance

Homeschool Dance Program | Ages: 5–10

An introduction to the basics of ballet, contemporary, jazz and hip hop for girls and boys!

Explore Dance

PERF0018-004 | Wed | Sep 4–25 | 2–2:45 p.m.

Peter and the Wolf Ballet

PERF0018-005 | Wed | Oct 9–30 | 2–2:45 p.m.

Nutcracker Ballet

PERF0018-006 | Wed | Nov 6–Dec 4 | 2–2:45 p.m.

No Class: Nov 27

Fees: \$28 Res | \$36 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: The Hive

Explore Dance | Ages: K5–8

An introduction to the basics of ballet, contemporary and jazz for girls and boys!

PERF0099-001 | Wed | Sep 4–25 | 5:45–6:25 p.m.

PERF0099-002 | Wed | Oct 9–30 | 5:45–6:25 p.m.

PERF0099-003 | Wed | Nov 6–Dec 4 | 5:45–6:25 p.m.

No Class: Nov 27

Fees: \$49 Res | \$59 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: Cary Senior Center

Hip Hop & Tumble | Ages: 7–10

Learn the basics of hip hop with an introduction to floor work and fundamental tumbling skills.

PERF0100-001 | Wed | Sep 4–25 | 6:30–7:15 p.m.

PERF0100-002 | Wed | Oct 9–30 | 6:30–7:15 p.m.

PERF0100-003 | Wed | Nov 6–Dec 4 | 6:30–7:15 p.m.

No Class: Nov 27

Fees: \$49 Res | \$59 Non-Res (4 classes)

Instructor: Graceful Expressions

Location: Cary Senior Center

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game. To withdraw from a class outside the 7-day window, log into your RecTrac account, navigate to 'History & Balances' and select 'Cancellations.' To withdraw from a class within the 7-day window, send an email to 311@carync.gov.

Music

Learn and Love Piano | Ages: 6–7

Explore your playful spirit as you learn about the keyboard, note values, and pre-reading with creative songs, rhythm games, and technique activities in a small group setting. Paced for the very young musician. Keyboards provided in class; bring headphones. Please note the age for this class has changed from 5–6 to 6–7.

Fees: \$117 Res | \$143 Non-Res (9 classes)

Instructor: Rich Music School

PERF0019-016 | Mon | Sep 9–Nov 4 | 4:30–5 p.m.

Location: The Hive

PERF0019-017 | Tue | Sep 10–Nov 5 | 5:30–6 p.m.

PERF0019-018 | Thu | Sep 12–Nov 14 | 4:30–5 p.m.

No Class: Oct 02, Oct 31

PERF0019-019 | Thu | Sep 12–Nov 14 | 5–5:30 p.m.

No Class: Oct 31

PERF0019-020 | Thu | Sep 12–Nov 14 | 5:30–6 p.m.

No Class: Oct 31

Location: Page-Walker Arts & History Center

Learn and Love Ukulele | Ages: 6–8

Ukulele is a great way to get kids interested in performing music. Learn proper playing technique and simple tunes paced for the very young musician with a focus on fun! Students must provide their own instrument. Please note age range has changed (previously 5–7).

PERF0040-004 | Wed | Sep 11–Nov 13 | 5:15–5:45 p.m.

No Class: Oct 02

Fees: \$117 Res | \$143 Non-Res (9 classes)

Instructor: Rich Music School

Location: Page-Walker Arts & History Center

Youth Piano | Ages: 8–11

Learn classical piano techniques and build confidence while playing popular songs. Students learn to improvise, play by ear, play chord progressions, and read music in a fun, small-group environment. Keyboards provided in class. Please note the age for this class has changed from 7–10 to 8–11.

PERF0020-013 | Mon | Sep 9–Nov 4 | 5–5:50 p.m.
Location: The Hive

PERF0020-014 | Tue | Sep 10–Nov 5 | 6–6:50 p.m.
PERF0020-015 | Thu | Sep 12–Nov 14 | 6–6:50 p.m.
PERF0020-016 | Thu | Sep 12–Nov 14 | 7–7:50 p.m.

No Class: Oct 31

Fees: \$225 Res | \$252 Non-Res (9 classes)
Instructor: Rich Music School
Location: Page-Walker Arts & History Center

Youth Guitar | Ages: 9–15

Learn classical guitar techniques and build confidence while playing popular songs. Students learn to improvise, play by ear, play chord progressions, and read music in a fun, small-group environment. Students must provide their own acoustic guitar. All are invited to perform in monthly shows in the community. Please note change in age range (previously 8–13).

PERF0041-004 | Wed | Sep 11–Nov 13 | 6–6:50 p.m.

No Class: Oct 02

Fees: \$225 Res | \$252 Non-Res (9 classes)
Instructor: Rich Music School
Location: Page-Walker Arts & History Center

Sports Instruction and Events

Karate | Ages: 4–18

Learn martial arts skills and strategies to deal with bullies, stranger danger situations, and potentially unsafe circumstances. Work your way up from a beginner to a black belt. Other benefits include improved confidence, self-esteem, leadership skills, and focus.

New Students & White Belts

SPOR0003-013 | Mon | Sep 9–Dec 16 | 5:45–6:30 p.m.

No Class: Nov 11

White Belt w/ Black Stripe & Yellow Belts

SPOR0003-014 | Mon | Sep 9–Dec 16 | 6:30–7:15 p.m.

No Class: Nov 11

Orange & Green Belts

SPOR0003-015 | Mon | Sep 9–Dec 16 | 7:15–8 p.m.

No Class: Nov 11

Blue, Purple, Red, Brown & Black Belts

SPOR0003-016 | Mon | Sep 9–Dec 16 | 8–8:45 p.m.

No Class: Nov 11

Fees: \$150 Res | \$180 Non-Res (14 classes)
Instructor: Champions in Motion
Location: Bond Park Community Center

Beginning Golf | Ages: 5–6

Modeled after the Payne Stewart Golf Experiences, this games-based play program and modified learning equipment make it easier for kids to hit the ball and experience early success. Putting, chipping, pitching, and full swing, are all taught through games, simple repetitive motions, and learning rhymes that make it easy for young kids to remember and repeat. Specially designed, age-appropriate golf equipment is provided. Rain makeup Oct 25.

Beginning Golf Birdie

SPOR0033-001 | Fri | Sep 13–Oct 18 | 5–6 p.m.

Beginning Golf Eagle

SPOR0033-002 | Fri | Sep 13–Oct 18 | 6:15–7:15 p.m.

Fees: \$150 Res | \$180 Non-Res (6 classes)
Instructor: Skyhawks Sports Academy
Location: Ed Yerha Park

Flag Football | Ages: 6–8

Let's play flag football! Our program uses a variety of fun games to engage kids and teach them the fundamentals of football while developing their fitness and muscle coordination. Our goal is to create a love of the game. There is no tackling or blocking. Parent/Caregiver must remain in the park during classes. Rain makeup date is Oct. 28.

SPOR0032-001 | Mon | Sep 9–Oct 21 | 6–6:45 p.m.

No Class: Oct 14

Fees: \$117 Res | \$147 Non-Res (6 classes)
Instructor: Skyhawks Sports Academy
Location: Ed Yerha Park

Basketball Achievers Skills for Youth | Ages: 7–11

Join USA Basketball Gold-Certified Coach Gary Williams in this skill development program. Participants will become more proficient in ball handling, passing, shooting, and in-game awareness.

SPOR0010-015 | Tue | Sep 3–24 | 4:30–5:15 p.m.

Fees: \$64 Res | \$64 Non-Res (4 classes)
Instructor: Gary Williams

Location: Middle Creek Community Center

SPOR0010-016 | Thu | Sep 12–26 | 4:30–5:15 p.m.

No Class: Sep 19

SPOR0010-017 | Wed | Sep 18–25 | 4:30–5:15 p.m.

Fees: \$32 Res | \$42 Non-Res (2 classes)
Instructor: Gary Williams

Location: Bond Park Community Center

SPOR0010-018 | Tue | Oct 1–29 | 4:30–5:15 p.m.

Fees: \$80 Res | \$80 Non-Res (5 classes)
Instructor: Gary Williams

Location: Middle Creek Community Center

SPOR0010-019 | Wed | Oct 2–30 | 4:30–5:15 p.m.

SPOR0010-020 | Thu | Oct 3–31 | 4:30–5:15 p.m.

Fees: \$80 Res | \$104 Non-Res (5 classes)
Instructor: Gary Williams

Location: Bond Park Community Center

SPOR0010-021 | Tue | Nov 5–26 | 4:30–5:15 p.m.
 Fees: \$64 Res | \$64 Non-Res (4 classes)
 Instructor: Gary Williams
 Location: Middle Creek Community Center

SPOR0010-022 | Thu | Nov 7–21 | 4:30–5:15 p.m.
 Fees: \$48 Res | \$63 Non-Res (3 classes)
 Instructor: Gary Williams
 Location: Bond Park Community Center

SPOR0010-023 | Tue | Dec 3–17 | 4:30–5:15 p.m.
 Fees: \$48 Res | \$48 Non-Res (3 classes)
 Instructor: Gary Williams
 Location: Middle Creek Community Center

SPOR0010-024 | Thu | Dec 5–19 | 4:30–5:15 p.m.
 Fees: \$48 Res | \$63 Non-Res (3 classes)
 Instructor: Gary Williams
 Location: Bond Park Community Center

SiQ Basketball Academy for Youth (Girls Only) | Ages: 7–11

Former N.C. State player Amber White teaches young women what it takes to become top athletes on and off the basketball court. Students will improve their basketball skills, build character, value academics, and learn mindfulness techniques to manage stress.

SPOR0011-006 | Tue | Sep 17–24 | 4:30–5:15 p.m.
 Fees: \$32 Res | \$42 Non-Res (2 classes)
 Instructor: Amber White
 Location: Bond Park Community Center

SPOR0011-007 | Tue | Oct 1–29 | 4:30–5:15 p.m.
 Fees: \$80 Res | \$104 Non-Res (5 classes)

SPOR0011-008 | Tue | Nov 12–26 | 4:30–5:15 p.m.
 SPOR0011-009 | Tue | Dec 3–17 | 4:30–5:15 p.m.
 Fees: \$48 Res | \$63 Non-Res (3 classes)
 Instructor: Amber White
 Location: Bond Park Community Center

Carolina Badminton | Ages: 7–15

A badminton program for youth who hope to improve their skills through weekly play and instruction. Develop basic skill sets such as serving, rallies, and much more.

Beginner Badminton

SPOR0002-007 | Sat | Sep 14–Oct 26 | 11 a.m.–12 p.m.
No Class: Oct 12
 SPOR0002-008 | Sat | Nov 2–Dec 14 | 11 a.m.–12 p.m.
No Class: Nov 30
 Fees: \$84 Res | \$109 Non-Res (6 classes)
 Instructor: Carolina Badminton
 Location: Bond Park Community Center

Intermediate Badminton

SPOR0002-009 | Sat | Sep 14–Oct 26 | 9–11 a.m.
No Class: Oct 12
 SPOR0002-010 | Sat | Nov 2–Dec 14 | 9–11 a.m.
No Class: Nov 30
 Fees: \$176 Res | \$206 Non-Res (6 classes)

Studio Arts

*Studio Arts classes take place at the Cary Arts Center unless otherwise noted.

Ceramics

Clay Time! | Ages: K5–9

Learn to handbuild and create unique clay pieces as you explore monthly themes.

You're Kitten Me!

STUD0056-005 | Thu | Sep 19–26 | 4:45–6 p.m.
 Instructor: Sydney Karatka

Scary Statues

STUD0056-006 | Thu | Oct 10–17 | 4:45–6 p.m.
 Instructor: Sydney Karatka

Clay Campsite

STUD0056-007 | Thu | Nov 14–21 | 4:45–6 p.m.
 Instructor: Sydney Karatka

Reindeer Pinch Pots

STUD0056-008 | Thu | Dec 5–12 | 4:45–6 p.m.
 Instructor: Savannah Nemeth
 Fees: \$27 Res | \$35 Non-Res (2 classes)

Imaginative Clay Play | Ages: K5–10

Let's get together in the clay lab and use our imaginations to create some one-of-a-kind clay pieces.

Fees: \$47 Res | \$61 Non-Res (2 classes)
 Instructor: Marisa Mode-Lukas

Ribbit Ribbit Froggy

STUD0004-011 | Mon | Sep 9–16 | 4:45–6:45 p.m.

Fluttering Butterflies

STUD0004-012 | Mon | Sep 23–30 | 4:45–6:45 p.m.

Going Batty

STUD0004-013 | Mon | Oct 14–21 | 4:45–6:45 p.m.

Pumpkins Pumpkins Everywhere

STUD0004-014 | Mon | Oct 28–Nov 4 | 4:45–6:45 p.m.

Elf Bowls

STUD0004-015 | Mon | Nov 18–25 | 4:45–6:45 p.m.

Merry Christmas Trees

STUD0004-016 | Mon | Dec 2–9 | 4:45–6:45 p.m.

Silly Snow People

STUD0004-017 | Mon | Dec 16–23 | 4:45–6:45 p.m.

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

Sunday Clay | Ages: 6–10

You and your child will work side-by-side to each create a clay piece based on a special theme. Parent or guardian attendance is required. Due to classroom space, only one adult allowed per student.

Fees: \$44 Res | \$57 Non-Res (2 classes)
Instructor: Kimberly Lomax

Autumn Soup Bowls

STUD0052-004 | Sun | Sep 8–15 | 3–4:30 p.m.

Autumn Soup Bowls II

STUD0052-005 | Sun | Oct 6–13 | 3–4:30 p.m.

Textured Wall Pocket

STUD0052-006 | Sun | Nov 10–17 | 3–4:30 p.m.

Snowman Lanterns

STUD0052-007 | Sun | Dec 8–15 | 3–4:30 p.m.

Wake up and Clay | Ages: 6–12

Let's jump start our Saturday mornings with a trip to the clay lab. Have fun getting the opportunity to learn various clay hand-building techniques and practice our glazing skills in these specially designed clay classes. Bring a light snack for break time.

Fees: \$69 Res | \$90 Non-Res (2 classes)
Instructor: Marisa Mode-Lucas

Fairy and Wizard Houses

STUD0006-008 | Sat | Sep 21–28 | 9 a.m.–12 p.m.

Jolly Santa

STUD0006-010 | Sat | Oct 12–19 | 9 a.m.–12 p.m.

Witchy Hats

STUD0006-009 | Sat | Nov 23–Dec 7 | 9 a.m.–12 p.m.

No Class: Nov 30

Mud Flings | Ages: 8–12

Pinch, coil, and sculpt clay into amazing hand-built sculptures.

Fees: \$35 Res | \$45 Non-Res (2 classes)
Instructor: Linda Simpson

Mugs With Attitude

STUD0005-011 | Wed | Sep 4–11 | 5–6:30 p.m.

Buildings With Faces

STUD0005-012 | Wed | Sep 18–25 | 5–6:30 p.m.

Mr. Bones' Happy Haunted Halloween of Mud

STUD0005-013 | Wed | Oct 2–9 | 5–6:30 p.m.

Lanterns Printed with Nature

STUD0005-014 | Wed | Oct 16–23 | 5–6:30 p.m.

Crazy Coiled Clay

STUD0005-015 | Wed | Oct 30–Nov 6 | 5–6:30 p.m.

Holiday Gifts

STUD0005-016 | Wed | Nov 13–20 | 5–6:30 p.m.

Holiday Blitz

STUD0005-017 | Wed | Dec 4–11 | 5–6:30 p.m.

ART IS MESSY!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

Textiles

Beginning Sewing for Youth | Ages: 8–11

Begin to Sew

This class is designed for absolute beginners. Learn how to operate a sewing machine as you complete a simple project.

STUD0090-001 | Sat | Sep 28 | 9 a.m.–12 p.m.

Fees: \$37 Res | \$48 Non-Res (1 class)

Instructor: Nichole Partridge

Winter Patchwork Coasters

This class is designed for absolute beginners. Learn to sew as you complete a winter hat and scarf.

STUD0090-002 | Sat | Dec 7–14 | 9 a.m.–12 p.m.

Fees: \$72 Res | \$94 Non-Res (2 classes)

Instructor: Carrie Jo Wintermute

Youth Project–Based Sewing | Ages: 8–11

Learn some basic sewing techniques as you make projects based on themes.

A Bed for Ted

Learn to make a cuddly teddy bear complete with his/her own sleeping bag bed and pillow.

STUD0081-002 | Tue | Sep 24–Oct 15 | 4:30–6:30 p.m.

Fees: \$97 Res | \$126 Non-Res (4 classes)

Instructor: Nichole Partridge

Fall Patchwork Coasters

Make fall pumpkin and leaves table coasters to keep or give as a gift.

STUD0081-003 | Sat | Oct 5 | 9 a.m.–12 p.m.

Fees: \$37 Res | \$48 Non-Res (1 class)

Instructor: Maura Stewart

Winter Patchwork Coasters

Make winter-themed table coasters to celebrate the season.

STUD0081-004 | Sat | Dec 21 | 9 a.m.–12 p.m.

Fees: \$37 Res | \$48 Non-Res (1 class)

Instructor: Maura Stewart

Tennis

Aces | Ages: 6–8

Introduce your child to the exciting world of tennis! The Aces Tennis class is for beginner players ages 6–8 years old. Classes take place outdoors.

TENN0002-057 | Tue | Sep 3–24 | 5–5:30 p.m.

TENN0002-058 | Wed | Sep 4–25 | 5:30–6 p.m.

TENN0002-059 | Thu | Sep 5–26 | 5–5:30 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0002-060 | Sat | Sep 7–28 | 9:30–10 a.m.

TENN0002-061 | Sat | Sep 7–28 | 10:30–11 a.m.

TENN0002-062 | Sat | Sep 7–28 | 11:30 a.m.–12 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0002-056 | Mon | Sep 9–23 | 5:30–6 p.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0002-063 | Mon | Sep 30–Oct 21 | 5:30–6 p.m.

TENN0002-064 | Tue | Oct 1–22 | 5–5:30 p.m.

TENN0002-065 | Wed | Oct 2–23 | 5:30–6 p.m.

TENN0002-066 | Thu | Oct 3–24 | 5–5:30 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0002-067 | Sat | Oct 5–26 | 9:30–10 a.m.

TENN0002-068 | Sat | Oct 5–26 | 10:30–11 a.m.

TENN0002-069 | Sat | Oct 5–26 | 11:30 a.m.–12 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0002-070 | Mon | Oct 28–Nov 18 | 5:30–6 p.m.

TENN0002-071 | Tue | Oct 29–Nov 19 | 5–5:30 p.m.

TENN0002-072 | Wed | Oct 30–Nov 20 | 5:30–6 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0002-074 | Sat | Nov 2–23 | 9:30–10 a.m.

TENN0002-075 | Sat | Nov 2–23 | 10:30–11 a.m.

TENN0002-076 | Sat | Nov 2–23 | 11:30 a.m.–12 p.m.

Fees: \$36 Res | \$43 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0002-073 | Thu | Nov 7–21 | 5–5:30 p.m.

Fees: \$36 Res | \$43 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0002-077 | Mon | Dec 2–16 | 5:30–6 p.m.

TENN0002-078 | Tue | Dec 3–17 | 5–5:30 p.m.

TENN0002-079 | Wed | Dec 4–18 | 5:30–6 p.m.

TENN0002-080 | Thu | Dec 5–19 | 5–5:30 p.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0002-081 | Sat | Dec 7–21 | 9:30–10 a.m.

TENN0002-082 | Sat | Dec 7–21 | 10:30–11 a.m.

TENN0002-083 | Sat | Dec 7–21 | 11:30 a.m.–12 p.m.

Fees: \$27 Res | \$32 Non-Res (3 classes)

Location: Annie Jones Park Tennis Courts

Futures | Ages: 8–10

Introduce your child to the exciting world of tennis! The Futures Tennis class is for beginner players ages 8–10 years old.

TENN0004-051 | Tue | Sep 3–24 | 5:30–6:30 p.m.

TENN0004-052 | Wed | Sep 4–25 | 6:30–7:30 p.m.

TENN0004-053 | Thu | Sep 5–26 | 5:30–6:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0004-054 | Sat | Sep 7–28 | 9–10 a.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0004-049 | Mon | Sep 9–23 | 4:30–5:30 p.m.

TENN0004-050 | Mon | Sep 9–23 | 6:30–7:30 p.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0004-055 | Mon | Sep 30–Oct 21 | 4:30–5:30 p.m.

TENN0004-056 | Mon | Sep 30–Oct 21 | 6:30–7:30 p.m.

TENN0004-057 | Tue | Oct 1–22 | 5:30–6:30 p.m.

TENN0004-058 | Wed | Oct 2–23 | 6:30–7:30 p.m.

TENN0004-059 | Thu | Oct 3–24 | 5:30–6:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0004-060 | Sat | Oct 5–26 | 9–10 a.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0004-061 | Mon | Oct 28–Nov 18 | 4:30–5:30 p.m.

TENN0004-062 | Mon | Oct 28–Nov 18 | 6:30–7:30 p.m.

TENN0004-063 | Tue | Oct 29–Nov 19 | 5:30–6:30 p.m.

TENN0004-064 | Wed | Oct 30–Nov 20 | 6:30–7:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0004-066 | Sat | Nov 2–23 | 9–10 a.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Annie Jones Park Tennis Courts

TENN0004-065 | Thu | Nov 7–21 | 5:30–6:30 p.m.

TENN0004-067 | Mon | Dec 2–16 | 4:30–5:30 p.m.

TENN0004-068 | Mon | Dec 2–16 | 6:30–7:30 p.m.

TENN0004-069 | Tue | Dec 3–17 | 5:30–6:30 p.m.

TENN0004-070 | Wed | Dec 4–18 | 6:30–7:30 p.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0004-071 | Thu | Dec 5–19 | 5:30–6:30 p.m.

Fees: \$50 Res | \$42 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0004-072 | Sat | Dec 7–21 | 9–10 a.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Annie Jones Park Tennis Courts

Challengers | Ages: 10–12

Introduce your child to the exciting world of tennis! The Challengers Tennis class is for beginner players ages 10–12 years old. Classes take place outdoors.

TENN0003-050 | Tue | Sep 3–24 | 6:30–7:30 p.m.

TENN0003-051 | Wed | Sep 4–25 | 4:30–5:30 p.m.

TENN0003-052 | Wed | Sep 4–25 | 5:30–6:30 p.m.

TENN0003-053 | Thu | Sep 5–26 | 6:30–7:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

Track Out and Teacher Workdays

Bond Park Track-Out Camp | Ages: K5–11

We provide an exciting atmosphere for K-6 students. Campers participate in activities such as arts and crafts, sports and games, recreational/educational field trips, and more. Our program is staffed with caring and experienced counselors.

Location: Bond Park Community Center

Bond Park Track-Out Camp (T1: Sep 9–13)
TRAC0002-022 | Mon-Fri | Sep 9–13 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T1: Sep 16–20)
TRAC0002-023 | Mon-Fri | Sep 16–20 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T1: Sep 23–27)
TRAC0002-024 | Mon-Fri | Sep 23–27 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T4: Sep 30–Oct 4)
TRAC0002-025 | Mon-Fri | Sep 30–Oct 4 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T4: Oct 7–11)
TRAC0002-026 | Mon-Fri | Oct 7–11 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T4: Oct 14–18)
TRAC0002-027 | Mon-Fri | Oct 14–18 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T3: Oct 21–25)
TRAC0002-028 | Mon-Fri | Oct 21–25 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T3: Oct 28–Nov 1)
TRAC0002-029 | Mon-Fri | Oct 28–Nov 1 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T3: Nov 4–8)
TRAC0002-030 | Mon-Fri | Nov 4–8 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T2: Nov 12–15)
TRAC0002-031 | Tue-Fri | Nov 12–15 | 8 a.m.–5:30 p.m.
No Class: Nov 11
Fees: \$164 Res | \$180 Non-Res (4 classes)

Bond Park Track-Out Camp (T2: Nov 18–22)
TRAC0002-032 | Mon-Fri | Nov 18–22 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T2: Nov 25–26)
TRAC0002-033 | Mon & Tue | Nov 25–26 | 8 a.m.–5:30 p.m.
No Class: Nov 27, Nov 28, Nov 29
Fees: \$82 Res | \$90 Non-Res (2 classes)

TENN0003-054 | Sat | Sep 7–28 | 10–11 a.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0003-049 | Mon | Sep 9–23 | 5:30–6:30 p.m.
Fees: \$42 Res | \$50 Non-Res (3 classes)
Location: Cary Tennis Park

TENN0003-055 | Mon | Sep 30–Oct 21 | 5:30–6:30 p.m.
TENN0003-056 | Tue | Oct 1–22 | 6:30–7:30 p.m.
TENN0003-057 | Wed | Oct 2–23 | 4:30–5:30 p.m.
TENN0003-058 | Wed | Oct 2–23 | 5:30–6:30 p.m.
TENN0003-059 | Thu | Oct 3–24 | 6:30–7:30 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Cary Tennis Park

TENN0003-060 | Sat | Oct 5–26 | 10–11 a.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0003-061 | Mon | Oct 28–Nov 18 | 5:30–6:30 p.m.
TENN0003-062 | Tue | Oct 29–Nov 19 | 6:30–7:30 p.m.
TENN0003-063 | Wed | Oct 30–Nov 20 | 4:30–5:30 p.m.
TENN0003-064 | Wed | Oct 30–Nov 20 | 5:30–6:30 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Cary Tennis Park

TENN0003-066 | Sat | Nov 2–23 | 10–11 a.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0003-065 | Thu | Nov 7–21 | 6:30–7:30 p.m.
Fees: \$50 Res | \$42 Non-Res (3 classes)
Location: Cary Tennis Park

TENN0003-067 | Mon | Dec 2–16 | 5:30–6:30 p.m.
TENN0003-068 | Tue | Dec 3–17 | 6:30–7:30 p.m.
TENN0003-069 | Wed | Dec 4–18 | 4:30–5:30 p.m.
TENN0003-070 | Wed | Dec 4–18 | 5:30–6:30 p.m.
TENN0003-071 | Thu | Dec 5–19 | 6:30–7:30 p.m.
Fees: \$42 Res | \$50 Non-Res (3 classes)
Location: Cary Tennis Park

TENN0003-072 | Sat | Dec 7–21 | 10–11 a.m.
Fees: \$42 Res | \$50 Non-Res (3 classes)
Location: Annie Jones Park Tennis Courts

Starter JTT | Ages: 8–15

Starter Junior Team Tennis (JTT) is a program offered to beginners looking to make the transition to match play, ages 8–15. The practices include drills and some match play, allowing players to reinforce new skills.

TENN0005-013 | Sat | Sep 7–28 | 1–2:30 p.m.
Fees: \$78 Res | \$101 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0005-014 | Sat | Sep 7–28 | 2:30–4 p.m.
TENN0005-015 | Sat | Oct 5–26 | 1–2:30 p.m.
TENN0005-016 | Sat | Oct 5–26 | 2:30–4 p.m.
TENN0005-017 | Sat | Nov 2–23 | 1–2:30 p.m.
Fees: \$84 Res | \$101 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0005-018 | Sat | Nov 2–23 | 2:30–4 p.m.
Fees: \$58 Res | \$101 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0005-019 | Sat | Dec 7–21 | 1–2:30 p.m.
TENN0005-020 | Sat | Dec 7–21 | 2:30–4 p.m.
Fees: \$63 Res | \$76 Non-Res (3 classes)
Location: Annie Jones Park Tennis Courts

Bond Park Track-Out Camp (T2: Dec 2–6)
TRAC0002-034 | Mon-Fri | Dec 2–6 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T1: Dec 9–13)
TRAC0002-035 | Mon-Fri | Dec 9–13 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Bond Park Track-Out Camp (T1: Dec 16–20)
TRAC0002-036 | Mon-Fri | Dec 16–20 | 8 a.m.–5:30 p.m.
Fees: \$205 Res | \$225 Non-Res (5 classes)

Art Engagement | Ages: K5–9

Engage yourself in the creative visual and ceramic arts. Practice techniques in art forms such as drawing, painting, ceramics, and more. Art Engagement Camp may be repeated during future track outs since projects will be different.

Location: Cary Arts Center

Art Engagement (T1: Sept 9–13)
TRAC0003-007 | Mon-Fri | Sep 9–13 | 9 a.m.–4:30 p.m.
Fees: \$226 Res | \$256 Non-Res (5 classes)

Art Engagement (T4: Sept 30–Oct 4)
TRAC0003-008 | Mon-Fri | Sep 30–Oct 4 | 9 a.m.–4:30 p.m.
Fees: \$226 Res | \$256 Non-Res (5 classes)

Art Engagement (T3: Oct 21–25)
TRAC0003-009 | Mon-Fri | Oct 21–25 | 9 a.m.–4:30 p.m.
Fees: \$226 Res | \$256 Non-Res (5 classes)

Art Engagement (T2: Nov 12–15)
TRAC0003-010 | Tues-Fri | Nov 12–15 | 9 a.m.–4:30 p.m.
Fees: \$182 Res | \$212 Non-Res (4 classes)

Art Engagement (T1: Nov 9–13)
TRAC0003-011 | Mon-Fri | Dec 9–13 | 9 a.m.–4:30 p.m.
Fees: \$226 Res | \$256 Non-Res (5 classes)

Art Sampler Exploration | Ages: K5–11

Dive into all things arts! Explore a variety of visual, studio, and performing arts activities that encourage skill-building and collaboration in a creative environment.

TRAC0007-002 | Fri | Sep 20 | 9 a.m.–4:30 p.m.
TRAC0007-003 | Fri | Nov 1 | 9 a.m.–4:30 p.m.
TRAC0007-004 | Tue | Nov 5 | 9 a.m.–4:30 p.m.
Fees: \$55 Res | \$72 Non-Res (1 class)
Location: Cary Arts Center

TRAC0007-005 | Mon & Tue | Dec 30–31 | 9 a.m.–4:30 p.m.
Fees: \$96 Res | \$125 Non-Res (2 classes)
Location: Cary Arts Center

Drama Explorers Workshop | Ages: K5–10

Dive into all things creative as we make theater come alive! Explore wild and wacky characters, play drama games, and learn to work as a team. Each session is different, so newcomers and returning campers are welcome to join the creative fun!

TRAC0014-002 | Thu | Oct 3 | 9 a.m.–4:30 p.m.
TRAC0014-003 | Mon | Oct 14 | 9 a.m.–4:30 p.m.
TRAC0014-004 | Wed | Nov 27 | 9 a.m.–4:30 p.m.
Fees: \$55 Res | \$72 Non-Res (1 class)

TRAC0014-005 | Thu & Fri | Jan 2–3 | 9 a.m.–4:30 p.m.
Fees: \$96 Res | \$125 Non-Res (2 classes)

Let's Make a Play! | Ages: K5–10

Let your creative side shine with a week of storytelling fun! Develop characters, scenes, and teamwork to rehearse a short play to be performed at the end of the week! Each session is different, so newcomers and returning campers are welcome!

Fees: \$226 Res | \$256 Non-Res (5 classes)

Let's Make a Play! (T4: Oct 7–11)
TRAC0006-002 | Mon-Fri | Oct 7–11 | 9 a.m.–4:30 p.m.

Let's Make a Play! (T1: Dec 16–20)
TRAC0006-003 | Mon-Fri | Dec 16–20 | 9 a.m.–4:30 p.m.
Location: Cary Arts Center

Make a Scene: The Halloween Surprise | Ages: K5–10

Discover your dramatic side with a week of character building, scene work, and creative fun! Campers will play drama games, learn acting skills and rehearse the silly play The Halloween Surprise to be performed at the end of the week. Each session is different, so newcomers and returning campers are welcome!

Make a Scene: The Halloween Surprise
(T3: Oct 28–Nov 1)

TRAC0017-003 | Mon-Fri | Oct 28–Nov 1 | 9 a.m.–4:30 p.m.
Fees: \$226 Res | \$256 Non-Res (5 classes)
Location: Cary Arts Center

STEAM: Space Mechanics | Ages: K5–11

Blast off with science! Test soil for “Martian” life. Learn to throw water and stay dry at the same time. Take a walk through the Solar System, catch food in a zero-gravity game, and model the Hero steam engine.

TRAC0031-001 | Wed | Nov 27 | 9 a.m.–4 p.m.
Fees: \$79 Res | \$103 Non-Res (1 class)
Instructor: Mad Science of the Triangle
Location: Bond Park Community Center

Superhero Science | Ages: K5–11

Mad Science Superhero Science explores the most amazing parts of science using our favorite superheroes! What is the REAL science behind their powers? Discover their secrets in this hands-on program.

TRAC0029-001 | Fri | Sep 20 | 9 a.m.–4 p.m.

Fees: \$79 Res | \$103 Non-Res (1 class)

Instructor: Mad Science of the Triangle

Gross Science and Radical Reactions | Ages: K5–11

Get ready for a day in the laboratory! Do shocking experiments with electrochemical reactions. Learn how chemical elements help you create chemical compounds. Put your chemistry know-how to work and make your own brain goo! Make edible models of molecules.

TRAC0030-001 | Fri | Nov 1 | 9 a.m.–4 p.m.

Fees: \$79 Res | \$103 Non-Res (1 class)

Instructor: Mad Science of the Triangle

Location: Bond Park Community Center

LEGO® Engineering Explorers & LEGO® Ultimate Destruction | Ages: K5–11

In the morning students will build fun-filled motorized models utilizing LEGO® Bricks and Technic™ elements with different themes. In the afternoon students will bring Transformers® and Jurassic Park® to life! When you're not building a transformer, put on your hiking boots and enter Jurassic Brick Land by building a mechanical dinosaur with LEGO® Technic™, motors and batteries. A game and take-home craft will also be part of the camp experience.

TRAC0025-001 | Fri | Sep 20 | 9 a.m.–4 p.m.

Fees: \$132 Res | \$162 Non-Res (1 class)

Instructor: Gear Shifters

Location: Bond Park Community Center

LEGO® Gotta Build'Em All & LEGO® Blackbeard's Revenge Pirate Adventures | Ages: K5–11

In the morning, students will use LEGO® Bricks and Technic™ elements to build some of your favorite Pokémon® creatures towards your quest to become a Pokémon® Master! In the afternoon, students will use LEGO® Bricks and Technic™ elements to build working models to recreate the world of the pirates. LEGO® inspired games and take-home crafts are part of the fun! Since this is a two-day camp, the children will be doing more than one!

TRAC0026-001 | Mon & Tue | Dec 30–31 | 9 a.m.–4 p.m.

Fees: \$264 Res | \$294 Non-Res (2 classes)

Instructor: Gear Shifters

Location: Bond Park Community Center

Chemical Creations | Ages: 6–10

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! Learn and discover many different scientific concepts in an entertaining and innovative approach. Learn all about energy and molecules, create a crazy bouncy glob from glue, and make some scary green slime! Make your very own UV bracelet and watch it react to the sun. Experience a powerful magnet, magic sand, and many other exciting experiments!

TRAC0027-001 | Mon | Oct 14 | 9 a.m.–4 p.m.

Fees: \$110 Res | \$140 Non-Res (1 class)

Instructor: Minds in Motion

Location: Bond Park Community Center

Nature Adventure Camp | Ages: 6–10

Campers will have exciting, hands-on nature experiences that help increase their appreciation and knowledge of the wildlife in their backyards. Camps are packed with plenty of outdoor adventures, indoor projects, and activities.

Nature Adventure Camp (T1: Sep 16–19)

TRAC0032-005 | Mon-Thu | Sep 16–19 | 10 a.m.–2 p.m.

Nature Adventure Camp (T4: Sep 30– Oct 3)

TRAC0032-006 | Mon-Thu | Sep 30–Oct 3 | 10 a.m.–2 p.m.

Nature Adventure Camp (T3: Oct 21–24)

TRAC0032-007 | Mon-Thu | Oct 21–24 | 10 a.m.–2 p.m.

Fees: \$105 Res | \$125 Non-Res (4 classes)

Location: Stevens Nature Center

STEM FUNDamentals with LEGO® Materials | Ages: 6–12

Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

TRAC0024-001 | Mon | Oct 14 | 9 a.m.–4 p.m.

TRAC0024-002 | Wed | Nov 27 | 9 a.m.–4 p.m.

Fees: \$79 Res | \$103 Non-Res (1 class)

TRAC0024-003 | Mon & Tue | Dec 30–31 | 9 a.m.–4 p.m.

Fees: \$158 Res | \$188 Non-Res (2 classes)

Instructor: Play-Well TEKologies

Location: Bond Park Community Center

To the Moon (and Back) | Ages: 7–12

In this full day camp, students will learn about aerodynamics, mission control, how to plan a space flight as we build rockets, landers, parachutes, and more!

TRAC0028-001 | Fri | Nov 1 | 9 a.m.–4 p.m.

Fees: \$79 Res | \$103 Non-Res (1 class)

Instructor: Engineering For Kids

Location: Bond Park Community Center

Costume Drama | Ages: 8–13

Create your own costume to wear in a play you rehearse all week! Mornings will be spent in the textile lab making your costume and afternoons will be spent in drama class rehearsing your role in an ensemble performance piece. Each session is different, so newcomers and returning campers are welcome!

Fees: \$226 Res | \$256 Non-Res (10 classes)

The Emperor's New Clothes

TRAC0004-004 | Mon-Fri | Sep 23–27 | 9 a.m.–4:30 p.m.

The Musicians of Bremen

TRAC0004-005 | Mon-Fri | Nov 18–22 | 9 a.m.–4:30 p.m.

Location: Cary Arts Center

Visual Arts

**Visual Arts classes take place at the Cary Arts Center unless otherwise noted.*

Drawing

Drawing Around | Ages: K5–10

Learn to draw while having fun. Explore different drawing techniques while developing your skills using graphite, colored pencils, and markers.

VISU0285-001 | Wed | Sep 11–25 | 5–6:30 p.m.

Fees: \$51 Res | \$66 Non-Res (3 classes)

Instructor: Claudia Finelle

ART IS MESSY!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

Pokémon Party | Ages: K5–10

Draw classic Pokémon types and create some of your own creatures. Illustrate the different evolutionary stages as some of them grow and develop into legendary creatures. Draw epic battles and tournaments between your pocket monsters.

VISU0334-001 | Mon | Oct 7 | 5:30–7:15 p.m.

Fees: \$20 Res | \$25 Non-Res (1 class)

Instructor: Alberto Lung

Bats & Cats | Ages: K5–10

Join us as we learn to use line, shape, and texture to draw and color sweet and spooky bats and cats! We will use a variety of drawing media including pencils, pastels, and scratch art to complete our masterpieces.

VISU0351-001 | Thu | Oct 17–24 | 5–6:30 p.m.

Fees: \$34 Res | \$44 Non-Res (2 classes)

Instructor: Kimberly Lomax

Kawaii Thanksgiving Foods | Ages: K5–10

Learn how to draw kawaii Thanksgiving foods. Turn simple doodles into chibi versions of your favorite dishes and sweet treats. These whimsical cartoons can be used to make your own coloring sheets, greeting cards, and even stickers.

VISU0401-001 | Mon | Nov 18 | 5:30–7:15 p.m.

Fees: \$20 Res | \$25 Non-Res (1 class)

Instructor: Alberto Lung

Drawing Animals | Ages: K5–10

Learn to draw animals using multiple different drawing techniques. Practice different textures and shading.

VISU0418-001 | Wed | Dec 4–11 | 5:15–6:30 p.m.

Fees: \$26 Res | \$34 Non-Res (2 classes)

Instructor: Molly Odum

Beginner Oil Pastels: Snowmen at Night | Ages: K5–10

Get started working with oil pastels on black paper while creating beautiful holiday artwork! We will practice observational drawing, look at composition options, and learn basic oil pastel techniques.

VISU0423-001 | Thu | Dec 5–12 | 5–6:30 p.m.

Fees: \$34 Res | \$44 Non-Res (2 classes)

Instructor: Kimberly Lomax

Manga & Anime Cartoon Sketching Dojo | Ages: 7–12

Design characters and fantasy creatures typically featured in Japanese comics using pen and ink, colored pencils, watercolors, and more. All skill levels are welcome.

VISU0301-001 | Tue | Sep 17–Oct 8 | 5:30–7:15 p.m.
Fees: \$77 Res | \$100 Non-Res (4 classes)
Instructor: Alberto Lung
Location: The Hive

VISU0301-002 | Mon | Oct 14–Nov 4 | 5:30–7:15 p.m.
Fees: \$77 Res | \$100 Non-Res (4 classes)
Instructor: Alberto Lung

VISU0301-003 | Mon | Dec 2–16 | 5:30–7:15 p.m.
Fees: \$59 Res | \$77 Non-Res (3 classes)
Instructor: Alberto Lung

Introduction to Drawing: Pen and Ink Animals | Ages: 8–12

Master basic drawing skills and explore how to use pen and ink to shade and render realistic animals.

VISU0269-001 | Thu | Sep 5–12 | 5–6:30 p.m.
Fees: \$34 Res | \$44 Non-Res (2 classes)
Instructor: Brittney Soderman

September Splash Drawing & Painting | Ages: 8–12

Celebrate YOU and fall in this fun art class. Show off your unique style with a cool and colorful self-portrait. Draw and paint cute fall-inspired pictures to welcome the new season.

VISU0276-001 | Sun | Sep 8–22 | 1:30–3:30 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Claudia Finelle

Intermediate Drawing | Ages: 8–12

For students with a passion for art looking to advance their skills in drawing. Learn how to draw from observation and create a sense of form using shading. Mediums: pencil and colored pencil.

VISU0291-001 | Sat | Sep 14–Oct 5 | 9:30–10:45 a.m.
Fees: \$57 Res | \$74 Non-Res (4 classes)
Instructor: Kimberly Lomax

Tea Dragon Society | Ages: 8–12

Draw whimsical dragons and their plucky caretakers as seen in The Tea Dragon Society. Use classic manga tools (pencils, pigment drawing pens, alcohol markers, and colored pencils) to craft your own fantasy comic or graphic novel featuring these fantastic dragons.

VISU0316-001 | Sun | Sep 29 | 1:30–3:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Alberto Lung

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

Basic Techniques of Drawing | Ages: 8–12

Designed for beginners. Students will learn the anatomy of the face, linear perspective, and how to achieve the illusion of form using a value scale.

VISU0319-001 | Tue | Oct 1–22 | 5:30–7:30 p.m.
Fees: \$89 Res | \$116 Non-Res (4 classes)

Spooktacular Ink Drawing Techniques | Ages: 8–12

Celebrate Halloween with cute but creepy ink masterpieces exploring different inking techniques, from washes to crosshatching.

VISU0344-001 | Sun | Oct 13–27 | 1:30–3:30 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Claudia Finelle

Learn to Draw with Squishies | Ages: 8–12

Learn basic drawing concepts step by step by drawing Squishies. This cute and fun subject matter is sure to make learning to draw fun.

VISU0353-001 | Fri | Oct 18–Nov 1 | 5:15–6:45 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Claudia Finelle

Pigma Pens Haunted Houses | Ages: 8–12

Hone your drawing skills and learn new techniques using different sizes of Pigma Micron Pens. From hatching to stippling and scumbling, these techniques will help add texture and detail to your drawings.

VISU0357-001 | Sat | Oct 19–26 | 9:30 a.m.–12:30 p.m.
Fees: \$68 Res | \$88 Non-Res (2 classes)
Instructor: Kimberly Lomax

Drawing Patterns | Ages: 8–12

Learn about repeating patterns and decorative design.

VISU0387-001 | Fri | Nov 8–22 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Helen Webb

Wings of Fire | Ages: 8–12

Create fierce and fantastic drawings of dragons based on the popular series of novels.

VISU0411-001 | Mon | Nov 25 | 5:30–7:15 p.m.
Fees: \$20 Res | \$25 Non-Res (1 class)
Instructor: Alberto Lung

Mixed Media

Halloween Gumball Machine | Ages: K5–8

Make a fun twist on the traditional gumball machine, made with spooky elements and colors.

VISU0328-001 | Sat | Oct 12 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Paint and Sculpt: Amazing Owls | Ages: K5–10

Did you know there are around 200 different owl species? Come learn about these amazing creatures as well as some basic painting and sculpting techniques. We will complete both an owl painting on canvas using acrylic paints and an owl sculpture using cardboard and other mixed media.

VISU0287-001 | Thu | Sep 5–12 | 5–6:30 p.m.
Fees: \$34 Res | \$44 Non-Res (2 classes)
Instructor: Kimberly Lomax

Magical Fairy and Wizard Wands | Ages: K5–10

Calling all wizards, fairies, and magicians to the Cary Arts Center for a special day of making your own one-of-a-kind wand. Please bring a light snack to enjoy for break time.

VISU0274-001 | Sat | Sep 7 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Silly Chris Uphues Hearts & Artful Emojis | Ages: K5–10

Create some lovable, silly-faced hearts and artful emojis in the style of Chicagoan artist Chris Uphues. Use a variety of art media to make your masterpiece inspired by this current artist.

VISU0333-001 | Sat | Sep 21 | 1:30–3:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Kimberly Atkins

Holiday Countdown Calendar | Ages: K5–10

Almost time! Create a fun and functional calendar to help us get ready for the holidays. Customize your calendar to include the holidays you celebrate.

VISU0307-001 | Sun | Sep 22 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Recycled Monster Masks | Ages: K5–10

Mask-making is a tradition in many cultures around the world. Build your own monster mask from recycled materials, plaster strips, and paint. Whether you prefer spooky or silly, these monster masks will be so much fun to make!

VISU0311-001 | Thu | Sep 26–Oct 10 | 5:15–6:45 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Kimberly Lomax

Playful Panda Portraits | Ages: K5–10

Create your own funny panda portrait filled with creativity and imagination. Please bring a light snack to enjoy for break time.

VISU0315-001 | Sat | Sep 28 | 12:30–3:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Green Screen: Joan Miro | Ages: K5–10

Using Green Screen technology, students will create their own version of a whimsical Miro painting with themselves as the subject. Students will use Sharpie markers, sponge and splatter painting techniques, and soft pastels to create their artwork.

VISU0320-001 | Tue | Oct 1–15 | 4:45–6 p.m.
Fees: \$42 Res | \$55 Non-Res (3 classes)
Instructor: Janet Masouras

Halloween Haunted Houses | Ages: K5–10

Calling all ghouls, goblins, witches, and wizards! Create your own haunted houses to celebrate the season! Students will have fun incorporating a wide variety of mixed-media materials to create a three-dimensional haunted house. Please bring a light snack to enjoy for break time.

VISU0343-001 | Sun | Oct 13–20 | 1:30–4:30 p.m.
Fees: \$68 Res | \$88 Non-Res (2 classes)
Instructor: Marisa Mode-Lukas

Tempera Paintings Inspired by Jacob Lawrence | Ages: K5–10

Experiment with different ways to blend and use tempera paint while creating a painting in the style of the American Harlem Renaissance artist Jacob Lawrence.

VISU0354-001 | Sat | Oct 19 | 10:30 a.m.–12:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Kimberly Atkins

Pumpkin Families | Ages: K5–10

A silly family portrait (including our pets!), created from pumpkins.

VISU0363-001 | Sat | Oct 26 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Diwali Creations | Ages: K5–10

Join us as we explore the beautiful holiday of Diwali! We will learn about the traditions that mark the importance of this holiday and create our own 3D lantern to help celebrate this holiday of light.

VISU0364-001 | Sun | Oct 27 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Brittney Soderman

Van Gogh: Sunflower Painting & Soft Pastels | Ages: K5–10

Make your own version of van Gogh’s Sunflowers using paint and soft pastels. Practice using both media and learn about this artist as your vibrant Sunflower artwork comes to life.

VISU0389-001 | Fri | Nov 8–22 | 5:15–6:45 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Janet Masouras

Popsicle Stick Ferris Wheel | Ages: K5–10

Celebrating the State Fair with our very own (and functional!) Ferris wheel! We will finish our wheels off with some embellishments and flair to make them our own.

VISU0391-001 | Sat | Nov 9 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Printing on Patterned Papers | Ages: K5–10

Use simple printing techniques and patterned papers to make a picture, cards, bookmarks, and gift tags if you like.

VISU0416-001 | Tue | Dec 3–10 | 4:45–6 p.m.
Fees: \$26 Res | \$34 Non-Res (2 classes)
Instructor: Janet Masouras

Super Duper 3–D Colorful Snowflakes | Ages: K5–10

Let it snow, let it snow, let it snow! Make HUGE colorful snowflakes to decorate our holiday homes!

VISU0428-001 | Sat | Dec 7 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Silly Reindeer Portraits | Ages: K5–10

Rudolph has a red nose, but what about all the other reindeer? Come make your own reindeer portrait and make them as silly as you are! Drawing and painting skills will be explored in this project. Please bring a light snack to enjoy for break time.

VISU0436-001 | Sun | Dec 15 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Nutty Nutcracker Holiday Ornaments | Ages: K5–10

Nothing says it’s holiday time like the Nutcracker ballet! In this class, students will use felt to create a Sugar Plum Fairy, Mouse King, and of course a Nutcracker ornament to honor the tradition of the Nutcracker! Please bring a light snack to enjoy for break time.

VISU0439-001 | Sat | Dec 21 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Hanukkah’s Here! | Ages: K5–10

Celebrate the season! Learn the meaning of Hanukkah and feel free to share some favorite memories and traditions of this joyful season while learning about and making art. Students will have fun with various art techniques in this mixed media art class.

VISU0440-001 | Sun | Dec 22 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)

Kwanzaa Creations | Ages: K5–10

Celebrate the season! Learn the meaning of Kwanzaa while learning about and making art. Students will have fun with various art techniques in this mixed media art class as they create a unique piece of art inspired by the traditions of Kwanzaa.

VISU0449-001 | Sat | Dec 28 | 10:30 a.m.–12:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Kimberly Atkins

Hoot Hoot Mixed Media Owl Paintings | Ages: K5–10

Students will learn some fun facts about these amazing nocturnal creatures as they get to experiment with mixed media supplies to create a variety of textures for their owl paintings. Please bring a light snack to enjoy for break time.

VISU0450-001 | Sat | Dec 28 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Swirling Sculptures | Ages: 8–12

Frank Stella made sculptures that symbolized movement. You will take a 2D piece of posterboard and make it into a colorful swirling 3D decorated sculpture.

VISU0281-001 | Mon | Sep 9 | 5:15–7 p.m.
Fees: \$20 Res | \$25 Non-Res (1 class)
Instructor: Linda Simpson

Polymer Clay Insects, Bugs, Succulents and Flowers | Ages: 8–12

Create your very own garden or charm bracelet through a deep dive into a variety of sculpture techniques using polymer clay. We will be taking a closer look at all the fun critters and flowers that are in our gardens and recreating them in clay.

VISU0284-001 | Tue | Sep 10–24 | 6:30–8 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Brittney Soderman
Location: Middle Creek Community Center

Beetles & Butterflies Mixed Media Painting | Ages: 8–12

Explore the magical world of mixed media as we become entomologists! We will be using a variety of collage and painting techniques to build surfaces with a focus on butterflies and beetles.

VISU0309-001 | Thu | Sep 26–Oct 10 | 5:30–6:30 p.m.
Fees: \$34 Res | \$44 Non-Res (3 classes)
Instructor: Brittney Soderman

Mixed Media Mandalas with Dried Florals | Ages: 8–12

Learn the process of drying and pressing your own flowers, and then use them to create symmetry and geometrical design while designing our own mandalas. We will incorporate some basic watercolor painting and pen and ink drawing techniques in the creation of these beautiful designs.

VISU0321-001 | Tue | Oct 1–15 | 6:30–8 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Brittney Soderman
Location: Middle Creek Community Center

Felted Geodes | Ages: 8–12

Explore fundamental wet felting techniques as you transform wool into unique felt balls. Choose to keep them whole or cut them open, unveiling the mesmerizing geodes within! Unleash your artistic flair and craft beautiful, one-of-a-kind creations.

VISU0342-001 | Sat | Oct 12 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Lisa Honeycutt

OMG, Make Art with your BFF | Ages: 8–12

Enjoy some time with friends or make some new ones while creating friendship bracelets, air-dry clay coins and pendants, and paper flowers. Each participant must register separately, but you will create art and have fun together.

VISU0379-001 | Tue | Nov 5–12 | 5:15–7:15 p.m.
Fees: \$45 Res | \$58 Non-Res (2 classes)
Instructor: Kimberly Lomax

Neon Creatures & Critters | Ages: 8–12

Mix and match neon paints, warm, colorful papers, and sparkly materials to create dazzling creatures, glowing goblins, and woodland creatures, and capture the spirit of Fall. Class does not meet 12/1.

VISU0397-001 | Sun | Nov 17–Dec 8 | 1:30–3 p.m.
No Class: Dec 01
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Claudia Finelle

Holiday Gift Workshop | Ages: 8–12

Are you looking for a place to come and make a few handmade gifts? Please join us as we work in polymer clay, paint, and mixed media to create unique gifts to give to those we love!

VISU0417-001 | Tue | Dec 3–17 | 6:30–8 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Brittney Soderman
Location: Middle Creek Community Center

Mixed Media Snow Globe Artwork | Ages: 8–12

Explore the magical world of mixed media as create our own unique 2D snowglobes! We will be using a variety of collage and painting techniques to create our own enchanted worlds. Please bring a water bottle and snack to enjoy during a short break time.

VISU0434-001 | Sun | Dec 15 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Brittney Soderman

Cold Weather Banner | Ages: 8–12

After a chilly day outside, all the clothing must hang up to dry. This cute miniature felt banner will add a touch of winter to your seasonal decor.

VISU0445-001 | Sat | Dec 28 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Painting

Magical Unicorn Paintings | Ages: K5–10

Take inspiration from these good and pure magical mythological creatures and create our own mystical unicorn paintings. Please bring a light snack to enjoy for break time.

VISU0278-001 | Sun | Sep 8 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Color Theory | Ages: K5–10

Explore the color wheel and beyond! Learn theory as well as practical applications in artwork. Watercolor is used for this class, but what you'll learn is applicable in all mediums.

VISU0283-001 | Tue | Sep 10–24 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Helen Webb

Watercolor Exploration | Ages: K5–10

Learn how to use watercolor to make beautiful paintings.

VISU0339-001 | Fri | Oct 11–25 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Helen Webb

Playing with Watercolors | Ages: K5–10

Have fun playing with this versatile and fluid medium by learning different techniques and practicing different subjects. Practice layering and blending colors, resist techniques, and using materials other than brushes to paint.

VISU0375-001 | Sun | Nov 3 | 1:30–3:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Molly Odum

A Painting A Day: Kusama, Matisse, Britto | Ages: K5–10

An opportunity to explore the art of three different artists and experiment with different painting styles. We will focus on one artist each class and complete a small acrylic painting in that artist's style. Learn new painting techniques all while finding new ways to look at the world and express your creativity. Featured artists: Yayoi Kusama, Henri Matisse, and Romero Britto.

VISU0385-001 | Thu | Nov 7–21 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Kimberly Lomax

Turkey Painting | Ages: K5–10

It's Turkey Time! There's no better way to get ready for Turkey Day than to create your own mixed media turkey painting!

VISU0399-001 | Sun | Nov 17 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Creature Costume Party | Ages: K5–10

A party you don't want to miss! We will make tiny costumes to dress up tiny creatures and friends before they go to a Halloween party!

VISU0407-001 | Sat | Nov 23 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Holiday Gingerbread House Paintings | Ages: K5–10

To celebrate the fun of the season, students will create beautifully adorned gingerbread house paintings. Drawing, painting, and collage skills will be incorporated in this mixed-media project.

VISU0431-001 | Sun | Dec 8 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Marisa Mode-Lukas

Folk Art Inspired Paintings: Autumn Landscape | Ages: 8–12

Create a painting of a countryside vision of a perfect, crisp and colorful autumn day.

VISU0271-001 | Sat | Sep 7 | 1–3:30 p.m.
Fees: \$26 Res | \$34 Non-Res (1 class)
Instructor: Danielle Furegno

Intermediate Painting | Ages: 8–12

For students with a passion for art looking to advance their skills in painting. Learn color-mixing skills and a variety of painting techniques. Media: acrylic paint and watercolor paint.

VISU0292-001 | Sat | Sep 14–Oct 5 | 11 a.m.–12:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Kimberly Lomax

LEGO® Art | Ages: 8–12

Get ready for a playful class where we turn LEGO® bricks into dynamic compositions! We'll sharpen our eyes to recognize balance and form. We will translate our 3D LEGO® creations into striking 2D graphic paintings with acrylic paint. We will learn about the color wheel and mixing paint. Using a viewfinder, we'll discuss and learn about composition. Drawing inspiration from Mondrian, we'll expand the horizons of space, imagination, and flat planes.

VISU0299-001 | Mon | Sep 16–Oct 7 | 5:15–7:30 p.m.
Fees: \$100 Res | \$130 Non-Res (4 classes)
Instructor: Karen Huang

Fall Colors in Watercolor | Ages: 8–12

Get inspired by fall colors and create your own watercolor painting using a variety of techniques.

VISU0324-001 | Wed | Oct 2–23 | 5–6:30 p.m.
Fees: \$68 Res | \$88 Non-Res (4 classes)
Instructor: Molly Odum

Folk Art Inspired Paintings: Halloween Parade | Ages: 8–12

Make a mixed media painting showcasing an array of different Halloween costumes and homes in a fun, spooky Halloween village.

VISU0329-001 | Sat | Oct 12 | 1–3:30 p.m.
Fees: \$26 Res | \$34 Non-Res (1 class)
Instructor: Danielle Furegno

Paint the Fall Garden, Inspired by Monet | Ages: 8–12

Explore basic acrylic painting techniques and gain inspiration from Impressionist-style painter Claude Monet. We will learn how to create our own fall garden masterpieces using color theory and small, short brushstrokes, all essential elements of Impressionist paintings.

VISU0381-001 | Tue | Nov 5–19 | 6:30–8 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Brittney Soderman
Location: Middle Creek Community Center

Totally Trees | Ages: 8–12

‘Tis the season of trees. Take a look up and down Academy Street and in the Downtown Cary Park and you will see trees decorated in totally terrific styles. Design, paint, and embellish your own mixed media tree painting with us.

VISU0425-001 | Sat | Dec 7 | 10:30 a.m.–12:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Kimberly Atkins

Folk Art Inspired Paintings: Forest Festivities | Ages: 8–12

Create a canvas of flowers, birds, animals, fairy tale characters, mythical creatures and more with simple drawing techniques, scrapbook paper and paint.

VISU0395-001 | Sun | Nov 10 | 1:30–4 p.m.
Fees: \$26 Res | \$34 Non-Res (1 class)
Instructor: Danielle Furegno

CARY
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DISC GOLF IN CARY

COURSES

<p>MIDDLE CREEK Opened in 2008, this is a family friendly course located in Middle Creek Park at 151 Middle Creek Park Avenue, Cary NC 27539</p>	<p>DIABOLO @ NEW HOPE Opened in 2020, this is a 22-hole championship caliber course located adjacent to the American Tobacco Trail at 2584 New Hope Church Road, Cary NC 27519</p>
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For upcoming programming and tournaments please visit carync.gov/discgolf



Teen

Education

Teen Medical School: TWO | Ages: 11–14

This course is an advanced Little Doctor School for middle and high school students. Participants will explore the kidneys, lung disease and effects of tobacco use. Proper lifesaving skills (CPR/Heimlich maneuver) will be demonstrated. Aspiring medical school attendees will review basic medical office business issues and the process of becoming a premed student. Please note that Teen Medical School 1, 2 and 3 do not have to be taken in sequence.

EDUC0013-002 | Wed | Sep 11–Oct 16 | 6:30–7:30 p.m.

Fees: \$168 Res | \$198 Non-Res (6 classes)

Instructor: Little Medical School

Location: The Hive

Outdoor Recreation

Adventure Club | Ages: 10–14

Join us for a weekly adventure club! Each session will be packed with opportunities to gain skills and make new friends. Topics include archery, fire building, survival skills, orienteering, boating, and the adventure course.

OUTD0028-001 | Tue | Sep 10–Oct 22 | 5:30–7 p.m.

Fees: \$115 Res | \$135 Non-Res (7 classes)

Location: Bond Park Boathouse

AN INCLUSIVE APPROACH

Cary Parks, Recreation & Cultural Resources is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. For individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. Please see the Specialized Recreation section on page 94 for more details.

DON'T WAIT!

Early registration allows us time to plan appropriately. Often, we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You could make the difference!

Performing Arts

*Performing Arts classes take place at the Cary Arts Center unless otherwise noted.

Costume Design: Costume Crew | Ages: 10–18

Design and create costumes for Applause!'s December production of *A Peter Rabbit Christmas*.

PERF0114-001 | Sat | Oct 19–Nov 23 | 1–4 p.m.

Fees: \$168 Res | \$198 Non-Res (6 classes)

Instructor: Maura Stewart

Textile Lab 101 | Ages: 11–18

Learn your way around the Textile Lab and how we sew original costumes, alter existing pieces for productions, and more. We'll cover terminology and tools, equipment safety, and practice hand sewing and using the sewing machines.

PERF0053-002 | Sun | Sep 15 | 2–4 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Lauren Polak

Construction Lab 101 | Ages: 12–18

Learn your way around the Construction Lab and explore what goes into building a show. We'll cover equipment terminology, shop safety, which tools are right for which projects, and practice using equipment.

PERF0116-001 | Sat | Sep 21 | 1–4 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Instructor: Tony Pender

Prop Design: Prop Crew | Ages: 12–18

Design and create the props and set pieces for Applause!'s December production of *A Peter Rabbit Christmas*.

PERF0115-001 | Sun | Oct 20–Nov 24 | 2–5 p.m.

Fees: \$168 Res | \$198 Non-Res (6 classes)

Instructor: Tony Pender

Scenic Art and Painting | Ages: 12–18

Explore the craft of painting for the stage, including scenic art fundamentals like drawing, color, design, and drafting in a hands-on setting.

PERF0120-001 | Mon | Nov 4–25 | 6–8 p.m.

No Class: Nov 11

Fees: \$68 Res | \$88 Non-Res (3 classes)

Instructor: Tony Pender

Cosplay Props Teens: Horns | Ages: 13–16

Whether whimsical or spooky, craft a creative set of horns using no-sew and light hand-sewing techniques.

PERF0084-005 | Sat | Sep 7–14 | 2–4 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Lauren Polak

Applause! Cary Youth Theatre

Intro to Improv | Ages: 11–14

Come play some improv games! All are welcome to this beginner level class where we'll explore on-the-fly thinking and saying "yes, and" to everything!

PERF0043-004 | Sat | Sep 7–28 | 9–11 a.m.

Fees: \$75 Res | \$97 Non-Res (4 classes)

Instructor: Kai Smith

Location: Middle Creek Community Center

PERF0043-005 | Sat | Oct 5–26 | 10 a.m.–12 p.m.

Fees: \$75 Res | \$97 Non-Res (4 classes)

Instructor: Roni Carrington

Monologues & Scenes | Ages: 12–16

Getting ready for an audition? Want to see how actors create believable stories, characters, and relationships? Come and explore ways you can become part of the stories working with monologues and with partners to create scenes.

PERF0045-002 | Thu | Oct 3–24 | 7:30–8:30 p.m.

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Laura Novia

PERF0045-003 | Sat | Oct 5–26 | 10 a.m.–12 p.m.

Fees: \$75 Res | \$97 Non-Res (4 classes)

Instructor: Kai Smith

Location: The Hive

Applause! Teen Ensemble | Ages: 12–18

Hone your acting and audition skills to prepare for Applause!'s January auditions of *Tuck Everlasting* or for future theater auditions. Whether you're new to acting or a returning performer, learn techniques to help you nail your next audition.

PERF0048-002 | Wed | Dec 4 | 6–8 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Amanda Jenkins

Intro to Stage Combat | Ages: 12–18

Learn the craft of onstage combat. Safety, choreography, and combat technique will be explored with an emphasis on collaboration and fun.

PERF0054-002 | Thu | Dec 5–19 | 4:30–6 p.m.

Fees: \$42 Res | \$55 Non-Res (3 classes)

Instructor: Connor Gerney

MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That's when registration begins for the next session.

Musical Theater for Beginners | Ages: 12–18

Learn how to use your voice, movement, and character choices to create beautiful characters in the world of musical theater! We will use songs and characters from musicals to become better actors, singers, and dancers.

PERF0113-001 | Wed | Nov 6–Dec 18 | 7–8 p.m.

No Class: Nov 27

Fees: \$56 Res | \$73 Non-Res (6 classes)

Instructor: Roni Carrington

PERF0113-002 | Thu | Nov 7–Dec 19 | 7–8 p.m.

No Class: Nov 28

Fees: \$56 Res | \$73 Non-Res (6 classes)

Instructor: Sam Scipioni

Location: The Hive

Shakespeare Live! | Ages: 12–18

Students will practice audition, rehearsal, and performance technique in this acting intensive, culminating in an abridged production of *Romeo and Juliet*. The play will be performed- as the Bard intended- in a beautiful outdoor amphitheater in the Downtown Cary Park. Rehearsals will take place at the Cary Arts Center. Additional rehearsal Thurs 10/17 5–7 p.m. and performance Sat 10/19 11–2 p.m.

PERF0112-001 | Mon-Wed | Sep 16–Oct 16 | 5–7 p.m.

No Class: Sep 18

Fees: \$200 Res | \$230 Non-Res (14 classes)

Instructor: Liam Yates

Intro to Acting– Teens | Ages: 13–17

Build on previous acting classes or jump right in! Explore improv, scene work, and more in a supportive small group setting.

PERF0046-002 | Tue | Sep 3–24 | 6–7:30 p.m.

Fees: \$56 Res | \$73 Non-Res (4 classes)

Instructor: Laura Novia

PERF0046-003 | Thu | Oct 3–24 | 6–7 p.m.

No Class: Oct 17

Fees: \$28 Res | \$36 Non-Res (3 classes)

Instructor: Liam Yates

Location: The Hive

Dance

Jazz & Contemporary | Ages: 11–15

This dance class features contemporary and jazz technique and choreography. Dancers will explore terminology, alignment, flexibility and musicality. Beginners and dancers of all levels are welcome!

PERF0106-001 | Wed | Sep 11–Oct 9 | 6–7 p.m.

No Class: Sep 18

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Danielle Bronson

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game. To withdraw outside of the 7-day window, log into your RecTrac account, navigate to 'History & Balances' and select 'Cancellations.' To withdraw within the 7-day window, send an email to 311@carync.gov.

Dance Sampler | Ages: 11–17

Try our dance classes with this introduction to jazz dance sampler. Learn basic dance skills and a fun combination!

PERF0105-001 | Sat | Sep 7 | 12–1 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Danielle Bronson

Youth & Teen Dance Workshop | Ages: 11–17

This dance class features contemporary, jazz and hip-hop techniques and choreography. Dancers will explore terminology, alignment, flexibility and musicality. Beginners and dancers of all levels are welcome!

PERF0107-001 | Sat | Nov 9 | 1:15–2:30 p.m.

Fees: \$12 Res | \$15 Non-Res (1 class)

Instructor: Danielle Bronson

From Pen to Pointe | Ages: 13–18

Engage with a full creative process that leads to the creation of a choreopoem, which will be performed at the end of the session. Create an epic poem to be set to choreography and music. No dance experience required! Perfect for the actor or dancer looking to expand their creativity.

PERF0121-001 | Tue & Thu | Dec 3–12 | 6–7:30 p.m.

Fees: \$56 Res | \$73 Non-Res (4 classes)

Instructor: Roni Carrington

Music

Teen Piano | Ages: 12–17

Learn classical piano techniques and build confidence while playing popular songs. Students learn to improvise, play by ear, play chord progressions, and read music in a fun, small group environment. Keyboards provided in class. Please note the age for this class has changed from 11–17 to 12–17.

Fees: \$225 Res | \$252 Non-Res (9 classes)

Instructor: Rich Music School

PERF0044-007 | Mon | Sep 9–Nov 4 | 6–6:50 p.m.

Location: The Hive

PERF0044-008 | Tue | Sep 10–Nov 5 | 4:30–5:20 p.m.

Location: Page-Walker Arts & History Center

Sports Instruction and Events

Basketball Achievers Skills for Teens | Ages: 12–17

Join USA Basketball Gold-Certified Coach Gary Williams in this skill development program. Participants will become more proficient in ball handling, passing, shooting, and in-game awareness.

SPOR0005-008 | Tue | Sep 3–24 | 5:15–6 p.m.
Fees: \$64 Res | \$64 Non-Res (4 classes)
Instructor: Gary Williams
Location: Middle Creek Community Center

SPOR0005-010 | Thu | Sep 12–26 | 5:15–6 p.m.
Fees: \$48 Res | \$63 Non-Res (3 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SPOR0005-009 | Wed | Sep 18–25 | 5:15–6 p.m.
Fees: \$32 Res | \$42 Non-Res (2 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SPOR0005-011 | Tue | Oct 1–29 | 5:15–6 p.m.
Fees: \$80 Res | \$80 Non-Res (5 classes)
Instructor: Gary Williams
Location: Middle Creek Community Center

SPOR0005-012 | Wed | Oct 2–30 | 5:15–6 p.m.
Fees: \$80 Res | \$104 Non-Res (5 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SPOR0005-013 | Thu | Oct 3–31 | 5:15–6 p.m.
Fees: \$80 Res | \$104 Non-Res (5 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SPOR0005-015 | Tue | Nov 5–26 | 5:15–6 p.m.
Fees: \$64 Res | \$64 Non-Res (4 classes)
Instructor: Gary Williams
Location: Middle Creek Community Center

SPOR0005-014 | Thu | Nov 7–21 | 5:15–6 p.m.
Fees: \$48 Res | \$63 Non-Res (3 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SPOR0005-016 | Tue | Dec 3–17 | 5:15–6 p.m.
Fees: \$48 Res | \$48 Non-Res (3 classes)
Instructor: Gary Williams
Location: Middle Creek Community Center

SPOR0005-017 | Thu | Dec 5–19 | 5:15–6 p.m.
Fees: \$48 Res | \$63 Non-Res (3 classes)
Instructor: Gary Williams
Location: Bond Park Community Center

SiQ Basketball Academy for Teens (Girls Only) | Ages: 12–16

Former N.C. State player Amber White teaches young women what it takes to become top athletes on and off the basketball court. Students will improve their basketball skills, build character, value academics, and learn mindfulness techniques to manage stress.

SPOR0006-005 | Tue | Sep 17–24 | 5:15–6 p.m.
Fees: \$32 Res | \$42 Non-Res (2 classes)
Instructor: Amber White
Location: Bond Park Community Center

SPOR0006-006 | Tue | Oct 1–29 | 5:15–6 p.m.
Fees: \$80 Res | \$104 Non-Res (5 classes)
Instructor: Amber White
Location: Bond Park Community Center

SPOR0006-007 | Tue | Nov 12–26 | 5:15–6 p.m.
SPOR0006-008 | Tue | Dec 3–17 | 5:15–6 p.m.
Fees: \$48 Res | \$63 Non-Res (3 classes)
Instructor: Amber White
Location: Bond Park Community Center

Studio Arts

**Studio Arts classes take place at the Cary Arts Center unless otherwise noted.*

Ceramics

Teen Throwing Basics | Ages: 10–15

Learn clay prep, tool use, throwing, trimming, attachments, and glazing. Studio pass purchase allowed after successful class completion. Students cannot miss the first class, glazing class, or more than two classes. 10-pounds of clay included. Tools provided.

STUD0014-004 | Sat | Sep 7–Oct 19 | 1–3:30 p.m.
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Johanna New

STUD0014-005 | Thu | Oct 24–Dec 12 | 5–7:30 p.m.
No Class: Nov 28
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Jasmine Oakley

Glass

Teen Fused Glass | Ages: 12–16

Teen Glass Fusing 101

Explore the fascinating art of fused glass! Create a design for your art, gain skill with the necessary tools, and prepare glass for firing. Types of glass and useful terminology will also be covered. Purchase glass on-site.

STUD0061-005 | Sun | Oct 6–27 | 1–3:30 p.m.
Fees: \$109 Res | \$139 Non-Res (4 classes)
Instructor: Sarah Clover

Teen Fused Glass Bowls

Learn how to create beautiful fused-glass bowls. From glass to shape, firing, and slumping, learn all the techniques. Purchase supplies on site.

STUD0061-006 | Sun | Nov 17–24 | 1–4 p.m.
Fees: \$54 Res | \$71 Non-Res (2 classes)
Instructor: Sarah Clover

Teen Mosaic Designs | Ages: 12–16

Learn to cut, place, glue, and grout small colored pieces such as stained glass, stones, or ceramic tiles to create a pattern or picture. Learn basic mosaic design techniques and use them to complete a unique project. Supplies included. Closed-toe shoes are required.

STUD0009-002 | Sun | Sep 8–29 | 1:15–4:15 p.m.
Fees: \$136 Res | \$166 Non-Res (4 classes)
Instructor: Sarah Clover

Metals

Teen Metals | Ages: 12–16

Teen Beginning Metals

Learn the metalsmithing skills to make simple pieces of jewelry and small sculptures using copper, brass, or nickel sheets and wire. Supplies included.

STUD0086-001 | Wed | Sep 4–25 | 4:30–7 p.m.
Fees: \$110 Res | \$140 Non-Res (4 classes)
Instructor: Ndidi Kowalczyk

Metal Mania

Hammer, file, and saw your way to great pieces of metal art such as dog tags, keychains, sculptures, or jewelry using brass, copper, or nickel sheet metal and wire. Supplies included.

STUD0086-002 | Tue | Nov 12–Dec 3 | 5–7:30 p.m.
Fees: \$110 Res | \$140 Non-Res (4 classes)
Instructor: Linda Simpson

Textiles

Young Teen Project–Based Sewing | Ages: 10–15

Sew a variety of projects based on titles and themes. Supplies included.

Fall Fun for the Beginner Sewist

Learn to sew while making a fall banner and wall hanging.

STUD0077-003 | Sat | Sep 7–14 | 9 a.m.–12 p.m.
Fees: \$72 Res | \$94 Non-Res (2 classes)
Instructor: Carrie Jo Wintermute

ART IS MESSY!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

Stuffed Dragon

Make a majestic dragon plushie. Customize your dragon's wings and scales.

STUD0077-004 | Thu | Oct 3–17 | 5–7:30 p.m.
Fees: \$91 Res | \$118 Non-Res (3 classes)
Instructor: Maura Stewart

Holiday Headbands and Scrunchies

Learn sewing basics as you construct holiday headbands and scrunchies to wear this fall and winter. These cute accessories will add festive flair to your wardrobe.

STUD0077-005 | Sat | Oct 5 | 1–4 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: Nichole Partridge

Fall Pumpkin Banner

Make a colorful pumpkin banner to decorate your mantle or home this fall.

STUD0077-006 | Sat | Oct 12 | 9 a.m.–12 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: Nichole Partridge

Halloween Patchwork Tote

Make a patchwork tote with lots of different spooky fabrics. It will have a lining and a magnetic closure.

STUD0077-007 | Sat | Oct 19 | 9 a.m.–12 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: Maura Stewart

Raccoon Plushie

Sew a cute raccoon plushie with a customized collar.

STUD0077-008 | Tue | Nov 5–19 | 5–7:30 p.m.
Fees: \$91 Res | \$118 Non-Res (3 classes)
Instructor: Maura Stewart

Teen Reversible Tote

Sew a reversible tote bag for school, shopping or as a gift.

STUD0077-009 | Wed | Nov 13 | 5:30–8 p.m.
Fees: \$28 Res | \$37 Non-Res (1 class)
Instructor: Samantha Steffen

Teen Holiday Felt Ornaments | Ages: 10–15

Construct felt holiday ornaments to hang on your tree or give as a gift. One-week classes may include learning hand sewing and basic embroidery skills. Supplies included.

Fox Ornament

STUD0091-001 | Thu | Nov 7 | 4:30–6:30 p.m.
Fees: \$25 Res | \$32 Non-Res (1 class)
Instructor: Nichole Partridge

Elf Ornament

STUD0091-002 | Thu | Nov 14 | 4:30–6:30 p.m.
Fees: \$25 Res | \$32 Non-Res (1 class)
Instructor: Nichole Partridge

Reindeer Ornament

STUD0091-003 | Thu | Nov 21 | 4:30–6:30 p.m.
Fees: \$25 Res | \$32 Non-Res (1 class)
Instructor: Nichole Partridge

Tree, Gingerbread Cookie, Santa, and More!

Make multiple festive felt ornaments for the holidays.

STUD0091-004 | Wed | Dec 4–11 | 4:30–7:30 p.m.
Fees: \$32 Res | \$32 Non-Res (2 classes)
Instructor: Maura Stewart
Location: Cary Arts Center

Snowman Ornament

STUD0091-005 | Thu | Dec 5 | 4:30–6:30 p.m.
Fees: \$25 Res | \$32 Non-Res (1 class)
Instructor: Nichole Partridge

Gingerbread Man Ornament

STUD0091-006 | Thu | Dec 12 | 4:30–6:30 p.m.
Fees: \$25 Res | \$32 Non-Res (1 class)
Instructor: Nichole Partridge

Teen Project–Based Sewing | Ages: 13–16

Fabric Design and Sewing

Design your own textile pattern on paper and then we will send it out to be made into a yard of fabric. Then sew a simple project with your personalized fabric.

STUD0093-001 | Wed | Sep 4–25 | 5–7:30 p.m.
No Class: Sep 11
Fees: \$91 Res | \$118 Non-Res (3 classes)
Instructor: Maura Stewart

Teen Reversible Tote Bags

Sew a reversible tote bag with cotton fabrics that you purchase to match your preference and style. Supply list printed on receipt.

STUD0093-002 | Sat | Sep 21 | 1–3:30 p.m.
Fees: \$21 Res | \$27 Non-Res (1 class)
Instructor: Samantha Steffen

Pillow Fun for the Beginner Sewist

Learn sewing basics while creating an awesome pillow to add to the decor in your room. You will practice sewing in the first class and the instructor will discuss the type of fabric and how much you will need to purchase to complete your pillow. Then you choose and purchase fabric that you love to begin sewing your pillow in the second class.

STUD0093-003 | Wed | Oct 2–16 | 4:30–6:30 p.m.
Fees: \$54 Res | \$71 Non-Res (3 classes)
Instructor: Carrie Jo Wintermute

Tennis

HS Prep | Ages: 12–17

Introduce your child to the exciting world of tennis! The Futures Tennis class is for beginner players ages 12–17 years old.

TENN0006-025 | Tue | Sep 3–24 | 4:30–5:30 p.m.
TENN0006-026 | Thu | Sep 5–26 | 4:30–5:30 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Cary Tennis Park

TENN0006-027 | Sat | Sep 7–28 | 11 a.m.–12 p.m.
Fees: \$42 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0006-028 | Tue | Oct 1–22 | 4:30–5:30 p.m.
TENN0006-029 | Thu | Oct 3–24 | 4:30–5:30 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Cary Tennis Park

TENN0006-030 | Sat | Oct 5–26 | 11 a.m.–12 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0006-031 | Tue | Oct 29–Nov 19 | 4:30–5:30 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Cary Tennis Park

TENN0006-033 | Sat | Nov 2–23 | 11 a.m.–12 p.m.
Fees: \$56 Res | \$67 Non-Res (4 classes)
Location: Annie Jones Park Tennis Courts

TENN0006-032 | Thu | Nov 7–21 | 4:30–5:30 p.m.
TENN0006-034 | Tue | Dec 3–17 | 4:30–5:30 p.m.
TENN0006-035 | Thu | Dec 5–19 | 4:30–5:30 p.m.
Fees: \$42 Res | \$50 Non-Res (3 classes)
Location: Cary Tennis Park

TENN0006-036 | Sat | Dec 7–21 | 11 a.m.–12 p.m.
Fees: \$42 Res | \$50 Non-Res (3 classes)
Location: Annie Jones Park Tennis Courts

Track Out and Teacher Workdays

Art Immersion | Ages: 10–14

Immerse yourself in a creative visual and ceramic arts camp! Practice techniques selected from a variety of art media. Camps may be repeated during future track outs since projects will be different. Bring two snacks and a lunch each day.

Art Immersion (T1: Sep. 9–13)
 TRAC0010-007 | Mon-Fri | Sep 9–13 | 9 a.m.–4:30 p.m.
 Fees: \$226 Res | \$256 Non-Res (5 classes)
 Location: Cary Arts Center

Art Immersion (T4: Sep. 30–Oct 4)
 TRAC0010-008 | Mon-Fri | Sep 30–Oct 4 | 9 a.m.–4:30 p.m.
 Fees: \$226 Res | \$256 Non-Res (5 classes)
 Location: Cary Arts Center

Art Immersion (T3: Oct 21–25)
 TRAC0010-009 | Mon-Fri | Oct 21–25 | 9 a.m.–4:30 p.m.
 Fees: \$226 Res | \$256 Non-Res (5 classes)
 Location: Cary Arts Center

Art Immersion (T2: Nov 12–15)
 TRAC0010-010 | Mon-Fri | Nov 12–15 | 9 a.m.–4:30 p.m.
 Fees: \$182 Res | \$212 Non-Res (4 classes)
 Location: Cary Arts Center

Art Immersion (T2: Dec 9–13)
 TRAC0010-011 | Mon-Fri | Dec 9–13 | 9 a.m.–4:30 p.m.
 Fees: \$226 Res | \$256 Non-Res (5 classes)
 Location: Cary Arts Center

Outdoor Skills Camp | Ages: 10–14

Embark on a thrill-packed journey at Outdoor Skills Camp! Ignite your adventure spirit mastering fire building, orienteering, archery precision, and conquering heights on the ropes course. Dive into the great outdoors and discover new passions hassle-free with all the gear provided. Get set for a week of excitement, forging friendships and unforgettable moments!

Outdoor Skills Camp (T1: Sep 16–20)
 TRAC0033-001 | Mon-Fri | Sep 16–20 | 9 a.m.–12 p.m.
 Fees: \$193 Res | \$225 Non-Res (5 classes)
 Location: Bond Park Outdoor Spaces

Outdoor Skills Camp (T4: Sep 30–Oct 4)
 TRAC0033-002 | Mon-Fri | Sep 30–Oct 4 | 9 a.m.–12 p.m.
 Fees: \$193 Res | \$225 Non-Res (5 classes)
 Location: Bond Park Outdoor Spaces

CARY | PARKS, RECREATION & CULTURAL RESOURCES



GOAL »»

Cary wants to ensure that all citizens receive equal opportunity to participate in recreation. The Play It Forward Scholarship Fund provides Cary residents with the opportunity to receive funds to use towards Cary's Parks, Recreation & Cultural Resources' programs.

APPLY »»

Dorcas Ministries screens all scholarship applications. Please submit applications found at carync.gov/scholarships to the Dorcas Crisis Center, 189 High House Road, Cary in the suite next to the thrift shop.

DONATE »»

Your tax-deductible donations of any amount are welcome. Anyone can make a donation by scanning the QR code, visiting our Information Booth, or by adding it to any program registration during checkout!



(919) 469-4061

CARYNC.GOV/SCHOLARSHIPS

Art Sampler Innovation | Ages: 11–14

Dive into all things arts! Explore a variety of visual, studio, and performing arts activities that encourage skill building and collaboration in a creative environment.

TRAC0012-002 | Fri | Sep 20 | 9 a.m.–4:30 p.m.

Fees: \$55 Res | \$72 Non-Res (1 class)

Location: Cary Arts Center

TRAC0012-003 | Fri | Nov 1 | 9 a.m.–4:30 p.m.

Fees: \$55 Res | \$72 Non-Res (1 class)

Location: Cary Arts Center

TRAC0012-004 | Tue | Nov 5 | 9 a.m.–4:30 p.m.

Fees: \$55 Res | \$72 Non-Res (1 class)

Location: Cary Arts Center

TRAC0012-005 | Mon & Tue | Dec 30–31 | 9 a.m.–4:30 p.m.

Fees: \$96 Res | \$125 Non-Res (2 classes)

Location: Cary Arts Center

Broadway Beats Workshop | Ages: 11–14

Calling all musical theater fans! Deep dive into your favorite modern musicals as we explore acting, movement, and song in a workshop setting. Each session is different, so newcomers and returning campers are welcome!

TRAC0015-002 | Thu | Oct 3 | 9 a.m.–4:30 p.m.

Fees: \$40 Res | \$52 Non-Res (1 class)

Location: Cary Arts Center

TRAC0015-003 | Mon | Oct 14 | 9 a.m.–4:30 p.m.

Fees: \$40 Res | \$52 Non-Res (1 class)

Location: Cary Arts Center

TRAC0015-004 | Wed | Nov 27 | 9 a.m.–4:30 p.m.

Fees: \$40 Res | \$52 Non-Res (1 class)

Location: Cary Arts Center

TRAC0015-005 | Thu & Fri | Jan 2–3 | 9 a.m.–4:30 p.m.

Fees: \$80 Res | \$104 Non-Res (2 classes)

Location: Cary Arts Center

Visual Arts

**Visual Arts classes take place at the Cary Arts Center unless otherwise noted.*

Intro to Interior Design | Ages: 11–14

In this interactive course, students will learn the basics of interior design and use their own inspiration to make plans and design a room of their choice. Students will be encouraged to practice the basic principles of interior design and to draw from their own personality and style when designing! No experience or background knowledge is necessary.

VISU0331-001 | Sun | Oct 6–13 | 1:30–3 p.m.

Fees: \$34 Res | \$44 Non-Res (2 classes)

Design Thinking and Artful Invention | Ages: 11–14

This exciting workshop invites kids on a journey of innovation where they will learn about and use Design Thinking and problem-solving concepts to guide them as they make a prototype of a “solution” for a problem they have identified from everyday life.

VISU0365-001 | Sun | Nov 3 | 1:30–4 p.m.

Fees: \$26 Res | \$34 Non-Res (1 class)

Create a Personal Logo | Ages: 11–14

Blend color theory, balance, form, and composition to craft personalized logos that speak to your identity. Reflect on your experiences, emotions, and preferences to create a logo that embodies who you are. Additionally, we'll take a deep dive into logos we're familiar with, studying their brands, examining what works and what doesn't. Get ready for a journey of self-expression and creativity as we bring your unique visions to life!

VISU0433-001 | Mon | Dec 9–16 | 5:30–7:45 p.m.

Fees: \$51 Res | \$66 Non-Res (2 classes)

Instructor: Karen Huang

Drawing

Drawing I | Ages: 11–14

Learn beginning drawing techniques using a variety of materials. Great for those with no drawing experience or beginners.

VISU0265-001 | Tue | Sep 3–24 | 5:30–7:30 p.m.

Fees: \$89 Res | \$116 Non-Res (4 classes)

Instructor: Molly Odum

Introduction to Botanical Drawing | Ages: 11–14

Explore the amazing world of flowers and plants through the lens of an introductory drawing course. We will master basic pen and ink drawing skills and add color with watercolor. We will also explore composition and create intricate designs with our beautiful botanicals.

VISU0296-001 | Sun | Sep 15–22 | 1:30–3:30 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Brittny Soderman

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

ART IS MESSY!

Please send children to Cary Arts Center classes in old clothing. Though smocks are available, they do not protect sleeves and pants from media. Nontoxic glues and pastes can bind to fabric. Water-soluble paint pigments can discolor fabric.

Manga & Anime Cartoon Sketching Dojo | Ages: 11–14

Design characters and fantasy creatures typically featured in Japanese comics using pen and ink, colored pencils, watercolors, and more. All skill levels are welcome.

VISU0303-001 | Fri | Sep 20–Oct 11 | 5:30–7:15 p.m.
Fees: \$77 Res | \$100 Non-Res (4 classes)
Instructor: Alberto Lung

VISU0303-002 | Tue | Oct 15–Nov 5 | 5:30–7:15 p.m.
Fees: \$77 Res | \$100 Non-Res (4 classes)
Instructor: Alberto Lung
Location: The Hive

VISU0303-003 | Sun | Dec 29 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Alberto Lung

Drawing the Face | Ages: 11–14

Discover the proportions and planes of the human face, volume of the head, and how it changes at different angles and under different lighting. Use reference photos for in-class practice on demonstrated concepts for students wishing to draw realistically from their imagination.

VISU0317-001 | Sun | Sep 29 | 1:30–3:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)
Instructor: Claudia Finelle

Drawing: the Basics and Beyond | Ages: 11–14

Practice the basics of drawing in Basics and Beyond. Learn core concepts in shading, form, perspective, and line. Explore different subjects and different drawing materials.

VISU0325-001 | Wed | Oct 2–23 | 7–9 p.m.
Fees: \$89 Res | \$116 Non-Res (4 classes)
Instructor: Molly Odum

Learn to Draw | Ages: 11–14

Would you like to learn to draw or improve the skills you already have? Learn about the elements of drawing as you complete exercises that help you increase skills and build confidence in your drawing abilities.

VISU0380-001 | Tue | Nov 5–19 | 5:30–8 p.m.
Fees: \$83 Res | \$108 Non-Res (3 classes)

Inktober–Unleash Your Inner Artist | Ages: 11–14

Inktober is a drawing-focused workshop where you can learn new techniques, experiment with materials and sharpen your skills by using drawing prompts that will push your artistic boundaries.

VISU0374-001 | Sun | Nov 10 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Claudia Finelle

Drawing II | Ages: 11–14

Continue to build your drawing skills by experimenting with different drawing media, practicing core drawing techniques, and learning about composition. Great for those with intermediate drawing experience.

VISU0419-001 | Wed | Dec 4–11 | 7–9 p.m.
Fees: \$45 Res | \$58 Non-Res (2 classes)
Instructor: Molly Odum

Mixed Media

Paint and Sculpt: Amazing Owls | Ages: 11–14

Did you know there are around 200 different owl species? Come learn about these amazing creatures as well as some basic painting and sculpting techniques. We will complete both an owl painting on canvas using acrylic paints and an owl sculpture using cardboard and other mixed media.

VISU0288-001 | Thu | Sep 5–12 | 7–8:30 p.m.
Fees: \$34 Res | \$44 Non-Res (2 classes)
Instructor: Kimberly Lomax

Gelli Plate Printmaking | Ages: 11–14

Explore a unique style of printmaking with us using Gelli Plates. This incredible style of printmaking allows us to paint multiple layers of design onto a single plate and incorporate a variety of really beautiful mark-making techniques, ending in a one-of-a-kind print with astounding layers.

VISU0350-001 | Thu | Oct 17–24 | 7–8:30 p.m.
Fees: \$34 Res | \$44 Non-Res (2 classes)
Instructor: Brittney Soderman

Paint and Sculpt: Succulents Rock! | Ages: 11–14

Succulents come in so many great colors and varieties. Join us as we discover the different varieties and learn some basic acrylic painting and collage techniques, then create an imaginative painted rock succulent garden sculpture.

VISU0424-001 | Thu | Dec 5–12 | 7–8:30 p.m.
Fees: \$34 Res | \$44 Non-Res (2 classes)
Instructor: Kimberly Lomax

Painting

Teen Acrylics | Ages: 11–14

Learn acrylic painting by practicing color theory using a variety of techniques. Explore this medium and create landscapes, still lifes, and more.

VISU0279-001 | Mon | Sep 9–30 | 5:15–7:30 p.m.
Fees: \$100 Res | \$130 Non-Res (4 classes)
Instructor: Molly Odum

Circle Animals | Ages: 11–14

Follow along to paint a whimsical animal with a circular composition. We will mix vibrant colors and learn painting techniques as we create a finished work of art. A combination of realism and imagination will make each artist's painting unique!

VISU0294-001 | Sat | Sep 14 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Julie Beyer

Pet Portraits | Ages: 11–14

Bring a photo of your animal friend to paint from in acrylic.

VISU0335-001 | Tue | Oct 8–22 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Helen Webb

Radiating Painting | Ages: 11–14

Using acrylic paints, craft a dynamic radial heart painting, delving into color interplay and radial design.

VISU0355-001 | Sat | Oct 19 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Rachel Cappo

Mixed Media Fall Landscape Painting | Ages: 11–14

Incorporate decorative paper and other mixed media into a tranquil and vibrant fall landscape. We will discuss perspective and linear design as we create serene foregrounds and backgrounds.

VISU0358-001 | Sun | Oct 20 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Brittney Soderman

Woodland Watercolor | Ages: 11–14

Let the woods be our inspiration for this fall painting in watercolor. Create a world of autumn leaves, mushrooms, and pumpkins.

VISU0366-001 | Sun | Oct 27 | 2–5:30 p.m.
Fees: \$40 Res | \$52 Non-Res (1 class)
Instructor: Helen Webb

Rocks and Crystals in Watercolor | Ages: 11–14

Experiment with multiple watercolor techniques while learning to paint crystals and rocks in watercolor. Learn to layer, blend, and create different textures to replicate crystal surfaces.

VISU0392-001 | Sat | Nov 9 | 1–4 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Molly Odum

Painting with Coffee and Watercolor, An Introduction | Ages: 11–14

Do you love painting and coffee? Join us as we create beautiful paintings using instant coffee as a unique medium. We will explore basic watercolor painting techniques, as well as experiment with the natural sepia tones created by using coffee as a pigment. Not to mention that your paintings will smell amazing!

VISU0396-001 | Sun | Nov 17–24 | 2–4 p.m.
Fees: \$45 Res | \$58 Non-Res (2 classes)
Instructor: Brittney Soderman

Emoji Color Theory | Ages: 11–14

In this dynamic gouache paint lesson, design, edit and finalize your own unique emoji design. Learn how to transfer the design onto multiple canvases with just a pencil. Dive into color theory, creating nine combinations of colors to evoke emotions and enhance expressions. We will explore the works of pop art icons Andy Warhol and Jean-Michel Basquiat for inspiration. Unleash your imagination and discover the endless possibilities of gouache!

VISU0402-001 | Mon | Nov 18–Dec 2 | 5–7:45 p.m.
Fees: \$77 Res | \$100 Non-Res (3 classes)
Instructor: Karen Huang

Watercolor Lab | Ages: 11–14

Ideal for beginners. In the Watercolor Lab, learn step by step how to manipulate watercolors to create interesting effects. Explore various techniques such as salt, aluminum foil, straws, and Saran Wrap. Gain the confidence to create unique watercolor paintings.

VISU0414-001 | Tue | Dec 3–17 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Jackie Kennedy



Adult

Education

Downtown Walking Tour | Ages: 11+

Discover our community's past and learn about the future as you stroll through the heart of Cary. Learn about the people and places from days gone by during this 1.25-mile walk. Great for newcomers and visiting family members.

EDUC0055-006 | Sat | Sep 7 | 10:30 a.m.–12 p.m.
 EDUC0055-007 | Sat | Oct 5 | 10:30 a.m.–12 p.m.
 EDUC0055-008 | Sat | Nov 16 | 10:30 a.m.–12 p.m.
 Fees: \$6 Res | \$8 Non-Res (1 class)
 Location: Page-Walker Arts & History Center

Downtown History Run | Ages: 13+

Join us for a guided 3-mile running tour of historic downtown Cary! The run will include stops at the historic Page-Walker Hotel, the Cary Arts Center, Hillcrest Cemetery and more. We will aim for a 10-minute pace in order to see all the sites.

EDUC0056-003 | Sat | Oct 12 | 8–9 a.m.
 EDUC0056-004 | Sat | Nov 16 | 8–9 a.m.
 Fees: Free (1 class)
 Location: Page-Walker Arts & History Center

Weekly Workshops | Ages: 16+

Explore your creative side with our weekly hands-on workshops at Downtown Cary Park. From candle making and tea blending, to cookie decorating, art lessons, and more, these classes offer a delightful way to craft unique creations. Join us and discover the joy of learning new skills and making personalized treasures!

Fees: Free (1 class)
 Location: Downtown Cary Park

Painting Workshop with Wine & Design Cary
 EDUC0063-033 | Wed | Sep 4 | 6:30–8:30 p.m.

Partner Acrobatics Workshop
 EDUC0063-034 | Wed | Sep 11 | 6:30–8:30 p.m.

Weekly Workshop
 EDUC0063-035 | Wed | Sep 18 | 6:30–8:30 p.m.
 EDUC0063-036 | Wed | Sep 25 | 6:30–8:30 p.m.

Kokedama Workshop with The Plant Ecologist
 EDUC0063-037 | Wed | Oct 2 | 6:30–8:30 p.m.

Weekly Workshop
 EDUC0063-038 | Wed | Oct 9 | 6:30–8:30 p.m.

Date Night Pumpkin Carving
 EDUC0063-039 | Wed | Oct 16 | 6:30–8:30 p.m.

Gingerbread House Making Workshop
 EDUC0063-040 | Sat | Oct 19 | 1–5 p.m.

Halloween Cookie Decorating
 EDUC0063-041 | Tue | Oct 22 | 6:30–8:30 p.m.

Weekly Workshop
 EDUC0063-042 | Wed | Oct 23 | 6:30–8:30 p.m.
 EDUC0063-043 | Wed | Oct 30 | 6:30–8:30 p.m.

Tea Mocktail Making Workshop
 EDUC0063-044 | Wed | Nov 6 | 6:30–8:30 p.m.

Weekly Workshop
 EDUC0063-045 | Wed | Nov 13 | 6:30–8:30 p.m.
 EDUC0063-046 | Wed | Nov 20 | 6:30–8:30 p.m.

Wreath Making Workshop with Golden Flora
 EDUC0063-047 | Wed | Dec 4 | 6:30–8:30 p.m.

Weekly Workshop
 EDUC0063-048 | Mon | Dec 9 | 6:30–8:30 p.m.
 EDUC0063-049 | Tue | Dec 10 | 6:30–8:30 p.m.
 EDUC0063-050 | Wed | Dec 18 | 6:30–8:30 p.m.

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Dog Training in Downtown Cary Park | Ages: 18+

Unleash a world of obedience and joy with our Dog Training Series in the Park! Join us for a unique training experience where skilled instructors guide you and your furry friend through essential commands and behavior skills. Enhance the bond with your canine companion amidst the scenic beauty of the Park. Learn, practice, and enjoy quality time with your pup in this fun-filled training adventure!

Agility Dog Training

EDUC0076-005 | Sun | Sep 15 | 2–3 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Obedience and Manners Dog Training

EDUC0076-006 | Sun | Oct 13 | 2–3 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Agility Dog Training

EDUC0076-007 | Sun | Nov 10 | 2–3 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

English as a Second Language: Basic | Ages: 18+

Join our fun and friendly English (ESL) class for beginners! Learn basic vocabulary, pronunciation, and grammar. When you complete this class you will be able to have simple conversations, write clearly, and connect with your community.

EDUC0094-001 | Mon, Wed, Fri | Sep 9–Nov 18 | 2-3 p.m.

No class: Nov 11

Fees: \$215 Res | \$245 Non-Res (30 classes)

Instructor: Adam Matteson

Location: Page-Walker Arts & History Center

English as a Second Language: Intermediate | Ages: 18+

Join our engaging English (ESL) class for mid-level students! Build on your basics with advanced vocabulary, grammar, and conversation practice. By the end of the semester, you will be able to discuss various topics, understand complex texts, and write powerfully.

EDUC0095-001 | Mon, Wed, Fri | Sep 9–Nov 18 | 3:30–4:30 p.m.

No class: Nov 11

Fees: \$215 Res | \$245 Non-Res (30 classes)

EDUC0095-002 | Tue, Thu | Sep 10–Nov 19 | 7–8:30 p.m.

No class: Oct 31

Fees: \$215 Res | \$245 Non-Res (20 classes)

Instructor: Adam Matteson

Location: Page-Walker Arts & History Center

Writing

Creative Writing | Ages: 16+

Enhance your fiction writing skills by deep diving into the fundamental components of storytelling. We will cover techniques behind crafting immersive settings, developing memorable characters, and structuring compelling plots. Whether you have an idea or an entire draft, you'll gain tools to inspire you to finish your short story or novel!

EDUC0015-003 | Mon | Oct 14–28 | 6–8 p.m.

Fees: \$54 Res | \$70 Non-Res (3 classes)

Instructor: Kyle Marie McMahon

Location: Page-Walker Arts & History Center

Fantasy and Sci-Fi Writing | Ages: 16+

Love sci-fi, fantasy, or role-playing games? Have you thought of creating and writing your own fantastical worlds? Craft a rich and compelling world for a fantasy or sci-fi novel or role-playing game. Learn how to develop people, cultures, and settings to create an in-depth and varied world. We'll cover maps, timelines, creatures, magic, and rules to create a believable world.

EDUC0016-003 | Mon | Sep 9–30 | 6–8 p.m.

Fees: \$60 Res | \$78 Non-Res (4 classes)

Location: Page-Walker Arts & History Center

Self-Publish Your Writing | Ages: 16+

Ready to share your writing with the world? Learn the ins and outs of publishing your own book through Amazon or another online retailer. We'll cover the entire process, from editing and formatting to launching and marketing, and the many steps and decisions in between. Includes a walkthrough of Amazon KDP and uploading an example manuscript.

EDUC0064-002 | Mon | Dec 2–16 | 6–8 p.m.

Fees: \$54 Res | \$70 Non-Res (3 classes)

Instructor: Kyle Marie McMahon

Location: Page-Walker Arts & History Center

Creative Writing For Brain Health | Ages: 18+

Creative writing has proven health benefits, improving memory retention, inspiring fresh perspective, reducing stress, and keeping the mind sharp! This writing workshop is for anyone who enjoys writing in any form (stories, poems, journaling, letters, etc.) as well as for folks who enjoy 'playing' with words! Using fun prompts and writing games, as well as a mindful approach to writing, we'll explore writing as a tool for wellness!

EDUC0079-001 | Sat | Oct 19 | 11 a.m.–1 p.m.

Fees: \$29 Res | \$38 Non-Res (1 class)

Instructor: June Guralnick

Location: Page-Walker Arts & History Center

Women Write! Exploring The Female Journey | Ages: 18+

Explore your unique experiences as a woman through creative writing (including memoir, poetry, journaling, and letters). Using thoughtful and inspiring writing prompts, we'll deep dive into our lives as women and envision new journeys we want to embrace! Offering a safe, supportive environment, participants will be given the opportunity to share their writings in class (up to each writer's discretion).

EDUC0078-001 | Tue | Oct 8–29 | 6:30–8 p.m.

Fees: \$72 Res | \$84 Non-Res (4 classes)

Instructor: June Guralnick

Location: Page-Walker Arts & History Center

Write & Perform Your One–Person Show! | Ages: 18+

If you've always wanted to write your own monologues or entire one-person show, this class is for you! Explore the ins-and-outs of creating various types of monologues and one-person shows (autobiographical, historical, comedic, adaptations, etc.), then write, rehearse, and perform a working draft of their original material at the Cary Arts Center on Fri Nov 1 6–8:30pm! Taught by award-winning playwright June Guralnick.

EDUC0092-001 | Mon | Sep 16–Oct 28 | 6:30–8 p.m.

Fees: \$112 Res | \$142 Non-Res (7 classes)

Instructor: June Guralnick

Location: Cary Arts Center

Write Your Book! | Ages: 18+

Have you always wanted to write a book or already have a partial draft you've not yet been able to finish (whether it be a novel, non-fiction work, short story collection, or poetry chapbook)? Then this class is for you! We'll employ writing exercises and a mindfulness-based approach to keep you inspired and on track to make significant progress! Writers at all levels welcome!

EDUC0077-001 | Tue | Sep 10–Oct 1 | 6:30–8 p.m.

Fees: \$72 Res | \$84 Non-Res (4 classes)

Instructor: June Guralnick

Location: Page-Walker Arts & History Center

Writing Through Burn–Out! | Ages: 18+

Many of us experience burn-out (particularly around the holidays)! Through thoughtful writing suggestions and mindfulness-based exercises, this creative writing workshop offers a welcoming space for participants to write about feelings and experiences connected with exhaustion and stress! Research has shown that writing not only boosts emotional well-being and resiliency but also positively impacts our physical health and state of mind.

EDUC0080-001 | Sat | Nov 16 | 11 a.m.–1 p.m.

Fees: \$29 Res | \$38 Non-Res (1 class)

Instructor: June Guralnick

Location: Page-Walker Arts & History Center

Environmental Education

Tree Talks | Ages: 12+

Tree Planting Tips

Join us for Q&A with Cary's Urban Forester for planting and growing healthy trees. This lunch-and-learn program is free and virtual. Registered attendees will receive a program calendar invite via Webex about 24 hours prior to the class. Registration closes 1 day before the program.

ENVI0006-003 | Wed | Oct 2 | 12–1 p.m.

ENVI0006-004 | Tue | Dec 3 | 12–1 p.m.

Fees: Free (1 class)

Location: Virtual

Native Plants | Ages: 15+

Learn the benefits of planting native shrubs and flowers including attracting butterflies and songbirds, reducing watering needs, supporting a thriving ecosystem, and encouraging a healthy and beautiful lawn

ENVI0011-002 | Sat | Nov 9 | 10–11 a.m.

Fees: Free (1 class)

Location: Good Hope Farm

Organic Gardening | Ages: 15+

Learn tips for growing your own produce through organic gardening. Experts will instruct on bed types, growing for all seasons, plant selection, soil amendments and more.

ENVI0010-002 | Sat | Sep 28 | 9:30–10:30 a.m.

Fees: Free (1 class)

Location: Good Hope Farm

Supporting Pollinators in the Winter | Ages: 18+

While billions of birds are migrating south for the winter, many pollinators are staying in North Carolina. This family-friendly class includes an opportunity to make a 'pollinator hotel' all while learning fascinating facts about how you can support migrating birds and butterflies and prepare your yard for overwintering pollinators. One adult registration and pollinator hotel kit per family.

ENVI0035-001 | Sat | Sep 28 | 8–9 a.m.

Fees: \$15 Res | \$15 Non-Res (1 class)

Location: Good Hope Farm

Adult Nature Programs | Ages: 18+

Stretch your legs, clear your mind, and experience nature. You'll continue your lifelong learning through informative and educational nature walks focused on seasonal plant and wildlife activity.

Fall Colors at the Bluffs

ENVI0004-009 | Mon | Oct 28 | 10–11 a.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Fall Colors at Bond Park

ENVI0004-010 | Tue | Nov 5 | 10–11 a.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Bond Park Boathouse

Fall Salamanders

ENVI0004-011 | Wed | Nov 13 | 10–11:30 a.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Winter Birds

ENVI0004-012 | Tue | Dec 10 | 10–11 a.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Bond Park Boathouse

Attracting Birds to Your Yard | Ages: 18+

Learn how to attract birds to your yard by growing native plants, creating water features, installing bird boxes and more!

ENVI0033-001 | Wed | Sep 25 | 6–7:30 p.m.

ENVI0033-002 | Sun | Nov 3 | 1–2:30 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Stevens Nature Center

Backyard Composting | Ages: 18+

We'll explore the secrets of making great compost for use in your yard and garden. Compost starter material provided.

ENVI0019-002 | Wed | Sep 11 | 6–7:30 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Stevens Nature Center

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game.

To withdraw from a class that is more than 7 days away, log into your RecTrac account, navigate to 'History & Balances' and select

Tree Care, Urban Forestry & You | Ages: 18+

Enjoy an evening with Cary's Urban Forester and discover how you can take actions today to help grow the forests of tomorrow! Hear about proper tree care practices, explore available resources, discover forest management tactics, and join our community's tree care conversation.

ENVI0040-001 | Tue | Sep 17 | 6:30–8 p.m.

Fees: Free (1 class)

Location: Herbert C. Young Community Center

Compost Giveaway Workshops | Ages: 18+

Learn how to recycle your food waste into organic compost through backyard composting! Along with a tour of historic Good Hope Farm and information on organic gardening that supports pollinators, program participants will receive three bags of compost, two home guidebooks, instructions and Q&A with an expert. Registration open to Cary residents only and closes 2 days prior to start date.

ENVI0012-008 | Fri | Sep 6 | 12–1 p.m.

ENVI0012-009 | Fri | Sep 6 | 4–5 p.m.

ENVI0012-010 | Sat | Sep 7 | 9–10 a.m.

ENVI0012-011 | Sat | Sep 7 | 10:30–11:30 a.m.

ENVI0012-012 | Mon | Sep 9 | 5–6 p.m.

Fees: \$9 Res | \$9 Non-Res (1 class)

Location: Good Hope Farm

Divide and Prosper | Ages: 18+**Native Plants**

Dividing the plants in your garden not only provides you with more plants but is a great way to improve the health of your garden. This workshop will focus on how to divide and plant native plants. Participants will receive plants to take home.

ENVI0018-005 | Fri | Oct 18 | 10–11:30 a.m.

ENVI0018-006 | Sat | Oct 26 | 10–11:30 a.m.

Fees: \$10 Res (1 class)

Location: Stevens Nature Center

Fall Garden Prep | Ages: 18+

Gardening for pollinators and other wildlife is year-round! Come learn how to prepare your garden to continue to benefit wildlife during the winter months.

ENVI0036-001 | Fri | Sep 20 | 10–11:30 a.m.

ENVI0036-002 | Sun | Sep 22 | 2–3:30 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Stevens Nature Center

Home Energy Savings, the Environment, & You! | Ages: 18+

Interested in reducing your carbon footprint, saving energy, and creating a cozier home this winter? Let Cary help you prepare for cooler temperatures with this free online lunch-and-learn session! Enjoy tips for creating a more energy efficient home, info about energy's environmental impact, and Q&A with local experts.

ENVI0032-001 | Wed | Oct 9 | 12–1 p.m.

Fees: Free (1 class)

Location: Virtual

Invasive Plant Awareness | Ages: 18+

Learn what the most common invasive plants in our area are, why they are problematic, and what you can plant instead. Participants will receive a native plant to take home for their garden. This program will include both indoor and outdoor instruction.

ENVI0005-004 | Thu | Oct 3 | 6–7:30 p.m.

ENVI0005-003 | Sat | Nov 16 | 10–11:30 a.m.

Fees: Free (1 class)

Location: Stevens Nature Center

Native Gardening for Beginners | Ages: 18+

New to native gardening or gardening in general? Learn the skills of how to garden, get ideas for what native plants are easy to grow and get a jump start on next spring's garden!

ENVI0034-001 | Sat | Sep 28 | 10–11:30 a.m.

ENVI0034-002 | Tue | Oct 8 | 10–11:30 a.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Location: Stevens Nature Center

Nature Programs | Ages: 18+

Join Downtown Cary Park Horticulturist and Emmy-award winning naturalist Dr. Patrick McMillan for an in-depth tour exploring the wonders of nature in the Park. From plant identification to wildlife observation, Dr. McMillan covers a range of topics tailored to each season, making it perfect for lifelong learners eager to deepen their understanding of the natural world.

Fees: Free (1 class)

Location: Downtown Cary Park

Autumn Bloomers & Birds

ENVI0027-010 | Mon | Sep 9 | 10–11 a.m.

ENVI0027-011 | Wed | Sep 25 | 3–4 p.m.

Haunted Nature

ENVI0027-012 | Tue | Oct 22 | 3–4 p.m.

ENVI0027-013 | Thu | Oct 31 | 10–11 a.m.

Fall Foliage

ENVI0027-014 | Wed | Nov 13 | 3–4 p.m.

ENVI0027-015 | Thu | Nov 21 | 10–11 a.m.

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Residential Solar | Ages: 18+

Solar energy is an important part of reducing carbon emissions and building a sustainable and resilient community. Cary wants to make it faster, easier, and more affordable for residents to access solar installation. Join us for this free “lunch and learn” to discover if solar is the right choice for you and enjoy Q&A with local experts. Registered attendees will receive a program calendar invite via Webex about 24 hours prior to the class. Registration closes 1 day before the program.

ENVI0025-002 | Wed | Dec 4 | 12–1 p.m.

Fees: Free (1 class)

Location: Virtual

Tree Walk | Ages: 18+

Gather for a tree identification stroll during peak leaf season, enjoy the beauty of a unique urban wetland ecosystem, and discover the many benefits that trees and forests play in our community.

ENVI0039-001 | Sat | Oct 12 | 9:30–11 a.m.

Fees: Free (1 class)

Location: Ed Yerha Park

Fitness and Wellness

12 Days of FITmas: Downtown Cary Park | Ages: 18+

Join our 12 Days of FITmas to keep active and energized throughout the holiday season! With a variety of classes suitable for a range of ages, from toddlers to seniors, including fun movement sessions with The Little Gym, Yoga, Zumba®, Stretch & Refresh, T'ai-Chi, and more, there's something for everyone to enjoy and stay healthy during this festive time of year!

FITN0059-001 | Tue | Dec 3 | 6–7 p.m.

FITN0059-002 | Wed | Dec 4 | 9–10 a.m.

FITN0059-003 | Wed | Dec 11 | 9–10 a.m.

FITN0059-004 | Thu | Dec 12 | 6–7 p.m.

FITN0059-005 | Fri | Dec 13 | 6–7 p.m.

FITN0059-006 | Sat | Dec 14 | 9–10 a.m.

FITN0059-007 | Tue | Dec 17 | 6–7 p.m.

FITN0059-008 | Wed | Dec 18 | 9–10 a.m.

FITN0059-009 | Thu | Dec 19 | 6–7 p.m.

FITN0059-010 | Sat | Dec 21 | 9–10 a.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That's when registration begins for the next session.

Balance Your Energetic Body Yoga | Ages: 18+

Vinyasa Yoga

In this vinyasa-style yoga class, you'll balance your body through a series of postures put together in a flowing manner. Increase your strength, flexibility, and overall health and well-being. Registered participants will receive a Webex invitation via email before the start of the program.

FITN0014-006 | Tue | Sep 10–Oct 22 | 6–7 p.m.

FITN0014-007 | Tue | Oct 29–Dec 17 | 6–7 p.m.

No Class: Nov 26

Fees: \$35 Res | \$45.50 Non-Res (7 classes)

Instructor: Stacy Smith

Location: Virtual

Calisthenics | Ages: 18+

Get fit by using your own body weight for resistance with little to no weights needed. Calisthenics is a form of strength training that has been primarily used by military and athletes. In this class, we will focus on building muscle, flexibility, coordination, and endurance through compound, multi-joint exercises (using more than one muscle at a time). Join me on Saturdays for this functional, full-body workout!

FITN0061-001 | Sat | Sep 14–Oct 26 | 10–11 a.m.

No Class: Oct 12

FITN0061-002 | Sat | Nov 2–Dec 21 | 10–11 a.m.

No Class: Nov 30

Fees: \$49 Res | \$63 Non-Res (7 classes)

Instructor: Kelly Winner

Location: Bond Park Community Center

Calm Your Mind Meditation | Ages: 18+

Transform your mind! You can reduce stress, control anxiety, increase relaxation, and achieve calm through guided visualization and meditation. As you balance chakra energy, you will center the heart and still the mind, enhance your self-awareness, reduce your blood pressure, lengthen your attention span, and improve your emotional health. Registered participants will receive a Webex invitation via email before the start of the program.

FITN0008-006 | Tue | Sep 10–Oct 22 | 7:15–8 p.m.

FITN0008-007 | Tue | Oct 29–Dec 17 | 7:15–8 p.m.

No Class: Nov 26

Fees: \$35 Res | \$45.50 Non-Res (7 classes)

Instructor: Stacy Smith

Location: Virtual

Cardio Core Strength Circuit | Ages: 18+

This is a full-body fitness class. Participants will move in groups to different stations, including cardio, resistance, strength training, and core exercises. There will be a variety of equipment used throughout the session. All fitness levels are welcome. Please bring a sweat towel and a water bottle.

FITN0005-006 | Wed | Sep 4–Oct 16 | 6–7 p.m.

Fees: \$49 Res | \$49 Non-Res (7 classes)

Instructor: Karen Eggenberger

Location: Middle Creek Community Center

FITN0005-007 | Wed | Oct 23–Nov 20 | 6–7 p.m.

Fees: \$35 Res | \$35 Non-Res (5 classes)

Instructor: Karen Eggenberger

Location: Middle Creek Community Center

Cardio Core Strength Fitness | Ages: 18+

In this class we will focus on toning, strengthening, balance, cardio, abdominal, and core work. We will use a variety of different exercise equipment during the six-week session. Each class can be done at low-, moderate-, or high-impact levels. All you need to bring is a sweat towel, water bottle, energy, and a smile. Middle Creek Community Center will provide floor mats and exercise equipment.

FITN0002-006 | Tue & Thu | Sep 17–Oct 10 | 9:30–10:30 a.m.

Fees: \$56 Res | \$72 Non-Res (8 classes)

Instructor: Nan Clark

Location: Herbert C. Young Community Center

FITN0004-007 | Tue & Thu | Oct 22–Nov 26 | 9–10 a.m.

Fees: \$77 Res | \$77 Non-Res (11 class)

Instructor: Karen Eggenberger

Location: Middle Creek Community Center

Cardio Fit | Ages: 18+

Jumpstart your day with a great workout! This energetic, low-impact class combines a moderate- to high-intensity workout with advanced choreography to enhance overall fitness. Benefits include improved stamina, coordination, strength, and flexibility.

FITN0002-006 | Tue & Thu | Sep 17–Oct 15 | 9:30–10:30 a.m.

Fees: \$63 Res | \$81 Non-Res (9 classes)

Instructor: Nan Clark

Location: Herbert C. Young Community Center

FITN0002-007 | Tue & Thu | Oct 22–Nov 14 | 9:30–10:30 a.m.

Fees: \$56 Res | \$72 Non-Res (8 classes)

Instructor: Nan Clark

Location: Bond Park Community Center

FITN0002-008 | Tue & Thu | Nov 19–Dec 19 | 9:30–10:30 a.m.

No Class: Nov 28

Fees: \$63 Res | \$81 Non-Res (9 classes)

Instructor: Nan Clark

Location: Herbert C. Young Community Center

DancelT | Ages: 18+

DancelT is a well-balanced, whole-body workout that will strengthen your body and mind. Upbeat music carries you through movements designed to release stresses and get you fit. For dancers and non-dancers alike.

FITN0017-004 | Mon & Wed | Sep 9–Dec 16 | 9–10 a.m.

No Class: Nov 11, Nov 27

Fees: \$189 Res | \$189 Non-Res (27 classes)

Instructor: Barbara Parzygnat

Location: Middle Creek Community Center

Foundations of Strength Training | Ages: 18+

Join our one-hour strength training session that will focus on the importance of stabilization (balance), strength, and endurance. Exercises using the body's own resistance, along with other fitness equipment, will be incorporated to help build muscle strength and increase endurance.

FITN0003-006 | Tue & Thu | Sep 10–Oct 24 | 6–7 p.m.

FITN0003-007 | Tue & Thu | Oct 29–Dec 19 | 6–7 p.m.

No Class: Oct 31, Nov 28

Fees: \$98 Res | \$126 Non-Res (14 classes)

Instructor: Kelly Winner

Location: Bond Park Community Center

Health and Wellness Habits | Ages: 18+

Come learn the basics of nutrition for optimal health with Clean Coaching Mama! This class will also tackle how to reduce the collective toxic load impacting our health in our foods, households and environment. Whether your goal is weight loss or disease prevention, this class will give you habits to help on your wellness journey!

FITN0057-001 | Thu | Sep 12–Oct 17 | 10–11 a.m.

Fees: \$42 Res | \$54 Non-Res (6 classes)

Instructor: Meredith Brierly

Location: Bond Park Community Center

Lunchtime Yoga Flow | Ages: 18+

Movement focusing on the connection between breath, pose and flow. This class is perfect for the beginner.

Tuesday

FITN0015-010 | Tue | Sep 3–Oct 15 | 12–1 p.m.

Fees: \$49 Res | \$63 Non-Res (7 classes)

FITN0015-011 | Tue | Oct 22–Dec 17 | 12–1 p.m.

No Class: Nov 26

Fees: \$56 Res | \$72 Non-Res (8 classes)

Instructor: Katherine Stein

Location: Page-Walker Arts & History Center

Thursday

FITN0015-012 | Thu | Sep 5–Oct 17 | 12–1 p.m.

Fees: \$49 Res | \$63 Non-Res (7 classes)

FITN0015-013 | Thu | Oct 24–Dec 19 | 12–1 p.m.

No Class: Nov 28

Fees: \$56 Res | \$72 Non-Res (8 classes)

Instructor: Katherine Stein

Location: Page-Walker Arts & History Center

Pilates | Ages: 18+

Stretch and strengthen! This low-impact, full-body exercise class targets and stabilizes the core with precise movements while strengthening muscles and improving posture and flexibility. Stretch, strengthen, and align your body to help you move better in every way. Registered participants will receive a Webex invitation via email before the start of the program.

FITN0011-006 | Mon & Wed | Sep 9–Oct 23 | 5:30–6:30 p.m.

FITN0011-007 | Mon & Wed | Oct 28–Dec 18 | 5:30–6:30 p.m.

No Class: Nov 11, Nov 27, Dec 02

Fees: \$70 Res | \$91 Non-Res (13 classes)

Instructor: Stacy Smith

Location: Virtual

Pilates/Yoga Fusion | Ages: 18+

Yoga/Pilates Fusion is a blend of yoga asanas and Pilates exercises to help you get more toned and flexible. This class is for all levels; the exercises can easily be modified to work with any fitness level. We will use some props (balls, resistance bands, and blocks).

FITN0010-006 | Mon | Sep 9–Oct 21 | 10:30–11:30 a.m.

Fees: \$49 Res | \$63 Non-Res (7 classes)

Instructor: Katherine Stein

Location: Middle Creek Community Center

FITN0010-007 | Mon | Oct 28–Dec 16 | 10:30–11:30 a.m.

No Class: Nov 11

Fees: \$56 Res | \$72 Non-Res (7 classes)

Instructor: Katherine Stein

Location: Middle Creek Community Center

Step Reloaded Fitness | Ages: 18+

Join us in the Park for Step Reloaded Fitness, led by Club Cardio NC! Get ready to elevate your workout with high-energy step routines that'll leave you feeling empowered and invigorated. Let's step up to the challenge together and unleash your full potential!

FITN0054-001 | Fri | Sep 6 | 6:30–7:30 p.m.

FITN0054-002 | Fri | Oct 4 | 6:30–7:30 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

T'ai-Chi: Mindfulness in Motion | Ages: 16+

Discover the benefits of the ancient movement art of T'ai-Chi. Learn fundamentals of stance, alignment, and energy cultivation as we study the traditional Yang family long form characterized by generous circles and smooth, strong postures. Yang style T'ai-Chi is practiced worldwide for health, relaxation, and self-defense. Class held outside when weather permits.

FITN0023-003 | Wed | Oct 2–Dec 11 | 6:30–7:30 p.m.

No Class: Nov 27

Fees: \$103 Res | \$133 Non-Res (10 classes)

Location: Page-Walker Arts & History Center

T'ai-Chi for Two: Interactive Play | Ages: 16+

The interactive exercises of T'ai-Chi will enhance your ability to touch with sensitivity, to listen, to interpret, and to respond appropriately—to flow with situations and yet maintain your center and balance. Focus is on simple T'ai-Chi drills and sets for two or more people. Previous T'ai-Chi class experience required.

FITN0058-001 | Wed | Oct 2–Dec 11 | 7:35–8:35 p.m.

No Class: Nov 27

Fees: \$103 Res | \$133 Non-Res (10 classes)

Instructor: Kathleen Cusick

Location: Page-Walker Arts & History Center

T'ai-Chi: Downtown Cary Park | Ages: 30+

Experience serenity in the heart of Downtown Cary Park with one of our T'ai-Chi classes. Immerse yourself in the ancient Chinese martial art, promoting balance, flexibility, and relaxation. Led by skilled instructors, this outdoor session combines the benefits of T'ai-Chi with the serene surroundings of the Park.

FITN0053-014 | Wed | Sep 4 | 9–10 a.m.

FITN0053-015 | Wed | Sep 11 | 9–10 a.m.

FITN0053-016 | Wed | Sep 18 | 9–10 a.m.

FITN0053-017 | Wed | Sep 25 | 9–10 a.m.

FITN0053-018 | Wed | Oct 2 | 9–10 a.m.

FITN0053-019 | Wed | Oct 9 | 9–10 a.m.

FITN0053-020 | Wed | Oct 16 | 9–10 a.m.

FITN0053-021 | Wed | Oct 23 | 9–10 a.m.

FITN0053-022 | Wed | Oct 30 | 9–10 a.m.

FITN0053-023 | Wed | Nov 6 | 9–10 a.m.

FITN0053-024 | Wed | Nov 13 | 9–10 a.m.

FITN0053-025 | Wed | Nov 20 | 9–10 a.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Yin Yoga | Ages: 18+

Yin yoga class on floor to gently open the body up releasing tension and help open up the fascial body, joints and muscles. (Good thick yoga mat recommended) For all levels.

FITN0056-001 | Thu | Sep 12–Oct 17 | 2:30–3:30 p.m.

Fees: \$49 Res | \$63 Non-Res (6 classes)

Instructor: Katherine Stein

Location: Middle Creek Community Center

FITN0056-002 | Thu | Oct 24–Dec 19 | 2:30–3:30 p.m.

No Class: Nov 28

Fees: \$56 Res | \$72 Non-Res (8 classes)

Instructor: Katherine Stein

Location: Middle Creek Community Center

Yoga Chair/Flow Fusion | Ages: 18+

For those who can't get on the floor—a combo of floor stretches amended to sitting in a chair, while working on flow on your feet. Great class to help one get moving again. For all levels.

FITN0055-001 | Mon | Sep 9–Oct 14 | 1–2 p.m.

FITN0055-002 | Mon | Oct 21–Dec 16 | 1–2 p.m.

No Class: Nov 11, Nov 25

Fees: \$49 Res | \$63 Non-Res (7 classes)

Instructor: Katherine Stein

Location: Middle Creek Community Center

Yoga: Downtown Cary Park | Ages: 18+

Indulge in Yoga at Downtown Cary Park and treat yourself to flowing vinyasas under the open sky. With a focus on breath control, you'll improve mental focus, physical strength, and flexibility. This series explores seated postures, back bends, twists, inversions, and balancing poses—ending with a restful Shavasana. All experience levels are welcomed and supported. Please bring your own mat. Some mats and blocks are provided.

FITN0050-049 | Tue | Sep 3 | 6–7 p.m.

FITN0050-050 | Sat | Sep 7 | 9–10 a.m.

FITN0050-051 | Tue | Sep 10 | 6–7 p.m.

FITN0050-052 | Sat | Sep 14 | 9–10 a.m.

FITN0050-053 | Tue | Sep 17 | 6–7 p.m.

FITN0050-054 | Sat | Sep 21 | 9–10 a.m.

FITN0050-055 | Tue | Sep 24 | 6–7 p.m.

FITN0050-056 | Sat | Sep 28 | 9–10 a.m.

FITN0050-057 | Tue | Oct 1 | 6–7 p.m.

FITN0050-058 | Sat | Oct 5 | 9–10 a.m.

FITN0050-059 | Tue | Oct 8 | 6–7 p.m.

FITN0050-060 | Sat | Oct 12 | 9–10 a.m.

FITN0050-061 | Tue | Oct 15 | 6–7 p.m.

FITN0050-062 | Sat | Oct 19 | 9–10 a.m.

FITN0050-063 | Tue | Oct 22 | 6–7 p.m.

FITN0050-064 | Sat | Oct 26 | 9–10 a.m.

FITN0050-065 | Tue | Oct 29 | 6–7 p.m.

FITN0050-066 | Tue | Nov 5 | 6–7 p.m.

FITN0050-067 | Sat | Nov 9 | 9–10 a.m.

FITN0050-068 | Tue | Nov 12 | 6–7 p.m.

FITN0050-069 | Sat | Nov 16 | 9–10 a.m.

FITN0050-070 | Tue | Nov 19 | 6–7 p.m.

FITN0050-071 | Sat | Nov 23 | 9–10 a.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

DON'T WAIT!

Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You could make the difference!

Zumba®: Downtown Cary Park | Ages: 18+

Get ready for 1 hour of dance fitness to exhilarating music that will get your heart pumping! Join us for an energetic Zumba® session filled with infectious rhythms, dynamic choreography, and a vibrant community, as we turn the Park into a lively dance floor, making fitness feel like a celebration.

FITN0052-027 | Thu | Sep 5 | 6–7 p.m.
FITN0052-028 | Thu | Sep 12 | 6–7 p.m.
FITN0052-029 | Thu | Sep 26 | 6–7 p.m.
FITN0052-030 | Thu | Oct 3 | 6–7 p.m.
FITN0052-031 | Thu | Oct 10 | 6–7 p.m.
FITN0052-032 | Thu | Oct 24 | 6–7 p.m.
FITN0052-033 | Thu | Oct 31 | 6–7 p.m.
FITN0052-034 | Thu | Nov 7 | 6–7 p.m.
FITN0052-035 | Thu | Nov 14 | 6–7 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Performing Arts

**Performing Arts classes take place at the Cary Arts Center unless otherwise noted.*

Crash Course: Commedia dell'Arte | Ages: 14+

Commedia is a foundation of theater and influenced entertainment from the 16th century through to today. This workshop will enable students to try out Commedia characters, use traditional Commedia face masks, and create scenes as a group. Students who attend multiple sessions will be given new opportunities to try new characters with each session they attend.

PERF0087-003 | Thu | Sep 5 | 6:30–8:30 p.m.
PERF0087-004 | Wed | Oct 16 | 6:30–8:30 p.m.
PERF0087-005 | Thu | Nov 21 | 6:30–8:30 p.m.
PERF0087-006 | Thu | Dec 12 | 6:30–8:30 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Lara Coutinho

Audition Techniques | Ages: 16+

Whether you're preparing a speech, auditioning for your first play, or reviving past stage experience, learn acting techniques and theater skills to help you gain confidence on stage and make a dramatic impression at an audition or interview.

Warming Up a Cold Reading

PERF0094-002 | Sat | Oct 5 | 10 a.m.–12 p.m.

Memorable Monologues

PERF0094-003 | Sat | Oct 19 | 10 a.m.–12 p.m.

Fees: \$19 Res | \$24 Non-Res (1 class)

Instructor: Debra Grannan

Introductory Acting | Ages: 16+

New to performing or want to brush up your skills? Explore the fundamentals of acting through improv, scene work, and more in a supportive small group setting.

PERF0065-003 | Mon | Sep 16–30 | 7–8:30 p.m.

Fees: \$42 Res | \$55 Non-Res (3 classes)

Instructor: Debra Grannan

Dance

Happy Feet Fitness Class: Charleston, Jazz, & Swing | Ages: 14+

This series will focus on individual movement—no partner required. Taking Charleston, Jazz, and Swing Dance Rhythms and putting them together for a great workout. If you are looking for a new form of Cardio, this class is for you! We will cover routines like the Shim Sham, Big Apple, 1950s Madison Time, and more as we “Dance through the decades”.

PERF0096-003 | Wed | Sep 4–25 | 6–6:45 p.m.

No Class: Sep 18

Fees: \$44 Res | \$56 Non-Res (3 classes)

PERF0096-004 | Wed | Oct 2–23 | 6–6:45 p.m.

PERF0096-005 | Wed | Oct 30–Nov 20 | 6–6:45 p.m.

Fees: \$58 Res | \$75 Non-Res (4 classes)

Instructor: Retro Rhythm

Beginner Partner Swing Era Dancing | Ages: 14+

A great starting point for partner dancing is learning Swing (aka Jitterbug, East Coast Swing, 6-count Lindy). This dance has a basic 6-count pattern with many figures to do with a partner. No partner required as we typically rotate partners in class. Signing up with a partner is a great way to be sure we have a fantastic Leader/Follower ratio for class. When you register, please indicate if you want to be a dance leader or follower.

PERF0122-001 | Wed | Sep 4–25 | 6:45–7:30 p.m.

No Class: Sep 18

Fees: \$44 Res | \$56 Non-Res (3 classes)

PERF0122-002 | Wed | Oct 2–23 | 6:45–7:30 p.m.

PERF0122-003 | Wed | Oct 30–Nov 20 | 6:45–7:30 p.m.

Fees: \$58 Res | \$75 Non-Res (4 classes)

Instructor: Retro Rhythm

Intermediate Partner Swing Era Dancing | Ages: 14+

For those that have had experience with Swing Dancing (Jitterbug, Lindy Hop, and Charleston), we combine it all and focus on solid partnering skills. No partner required as we typically rotate partners in class, but this is not mandatory. Signing up with a partner is a great way to be sure we have a fantastic Leader/Follower ratio for class. When you register, please indicate if you want to be a dance leader or follower.

PERF0123-001 | Wed | Sep 4–25 | 7:30–8:15 p.m.

No Class: Sep 18

Fees: \$44 Res | \$56 Non-Res (3 classes)

PERF0123-002 | Wed | Oct 2–23 | 7:30–8:15 p.m.

PERF0123-003 | Wed | Oct 30–Nov 20 | 7:30–8:15 p.m.

Fees: \$58 Res | \$75 Non-Res (4 classes)

Instructor: Retro Rhythm

Adult Dance Fusion | Ages: 16+

This dance class for beginners and dancers of all levels features jazz and contemporary choreography. Dancers will explore technique, musicality and movement in each style.

PERF0072-003 | Wed | Sep 11–Oct 9 | 7–8 p.m.

No Class: Sep 18

Fees: \$37 Res | \$48 Non-Res (4 classes)

Instructor: Danielle Bronson

Adult Dance Fusion Workshop | Ages: 16+

This dance class for beginners and dancers of all levels features jazz, contemporary and hop-hop choreography. Dancers will explore technique, musicality and movement in various styles.

PERF0061-002 | Sat | Nov 9 | 12–1:15 p.m.

Fees: \$12 Res | \$15 Non-Res (1 class)

Instructor: Danielle Bronson

Ballroom Dance: Learn to Salsa Dance! | Ages: 18+

Learn to dance the Salsa! This Latin dance is characterized by its lively movements and fun turn patterns! Master the basics and get your hips moving in no time with this energetic social dance! No partner necessary!

PERF0109-001 | Tue | Oct 1–22 | 7–8 p.m.

Fees: \$150 Res | \$175 Non-Res (4 classes)

Instructor: Ashley Grob

Ballroom Dance: Learn to Swing! | Ages: 18+

Learn to dance the East Coast Swing! The East Coast swing is a fun, fast, American classic social dance! Master the triple time basic and learn some easy and playful turn patterns. Dance to your favorite rock and roll, big band, and jazz music! No partner necessary!

PERF0108-001 | Tue | Sep 3–24 | 7–8 p.m.

Fees: \$150 Res | \$175 Non-Res (4 classes)

Instructor: Ashley Grob

Shag Dance for Beginners | Ages: 18+

Living in North Carolina, and you still don't know about shagging? Learn the basic shag step as you dance to beach music, gaining confidence to get on the dance floor. You are not required to have a partner for this program, but it is recommended.

PERF0058-008 | Mon | Sep 9–23 | 7–8:15 p.m.

PERF0058-005 | Mon | Oct 7–21 | 7–8:15 p.m.

PERF0058-009 | Mon | Nov 4–25 | 7–8:15 p.m.

No Class: Nov 11

PERF0058-006 | Mon | Dec 2–16 | 7–8:15 p.m.

Fees: \$45 Res | \$59 Non-Res (3 classes)

Instructor: Samuel Sparks

Location: Bond Park Community Center

Music

Adult Guitar | Ages: 16+

Learn beginner guitar techniques and build confidence while playing popular songs. Students learn to improvise, play by ear, play chord progressions, and read music in a fun, small-group environment. Students must provide their own acoustic guitar. Students are invited to perform in the community once they are ready.

PERF0064-004 | Wed | Sep 11–Nov 13 | 7–7:50 p.m.

No Class: Oct 02

Fees: \$225 Res | \$252 Non-Res (9 classes)

Instructor: Rich Music School

Location: Page-Walker Arts & History Center

Adult Piano | Ages: 18+

With a focus on modern American music, students primarily work independently using headphones, with teachers moving around class giving individual feedback. This gives students the feel of a one-on-one lesson, allowing them to progress at different rates and work on songs that interest them. Each class will have a group lesson or activity.

PERF0057-007 | Mon | Sep 9–Nov 4 | 7–7:50 p.m.

Fees: \$225 Res | \$252 Non-Res (9 classes)

Instructor: Rich Music School

Location: The Hive

PERF0057-008 | Tue | Sep 10–Nov 5 | 7–7:50 p.m.

Fees: \$225 Res | \$252 Non-Res (9 classes)

Instructor: Rich Music School

Location: Page-Walker Arts & History Center

Sports Instruction and Events

Pickleball University: Intro to Pickleball 101 | Ages: 16+

Have you heard of pickleball and wanted to know what the hype is about? This clinic is for you! Created for beginner players and those who have never played before. You will learn the basic pickleball shots, scoring, and more. Equipment provided.

SPOR0014-009 | Sat | Sep 7 | 9:30–11 a.m.

SPOR0014-010 | Sat | Sep 7 | 11:30 a.m.–1 p.m.

SPOR0014-011 | Sat | Sep 28 | 9:30–11 a.m.

SPOR0014-012 | Sat | Sep 28 | 11:30 a.m.–1 p.m.

SPOR0014-013 | Sat | Oct 12 | 9:30–11 a.m.

SPOR0014-014 | Sat | Oct 12 | 11:30 a.m.–1 p.m.

Fees: \$29 Res | \$39 Non-Res (1 class)

Location: Herbert C. Young Community Center

Pickleball University: Beginner 201 | Ages: 16+

So, you have completed the “Intro to Pickleball 101” clinic or have a basic understanding of the game and you want to develop your skills a bit more. Join IPTPA Instructor Heather Jackson and take your game to the next level.

SPOR0015-003 | Tue | Oct 8–15 | 9 a.m.–12 p.m.

Fees: \$69 Res | \$89 Non-Res (2 classes)

Location: Bond Park Community Center

SPOR0015-004 | Wed | Oct 9–23 | 9–11 a.m.

Fees: \$69 Res | \$89 Non-Res (3 classes)

Location: Bond Park Community Center

SPOR0015-005 | Wed | Nov 13–20 | 9 a.m.–12 p.m.

Fees: \$69 Res | \$89 Non-Res (2 classes)

Location: Herbert C. Young Community Center

Pickleball University: Intermediate 301 | Ages: 16+

IPTPA Level 2 professional Joe Borrelli will offer a challenging half-day class designed for Intermediate players 3.0+ who would like to perfect aspects of their game and discuss strategies to win!

SPOR0016-003 | Wed | Sep 25 | 1–4 p.m.

Fees: \$69 Res | \$89 Non-Res (1 class)

Location: Herbert C. Young Community Center

SPOR0016-004 | Wed | Oct 30 | 1–4 p.m.

Fees: \$69 Res | \$89 Non-Res (1 class)

Location: Bond Park Community Center

Adult Badminton | Ages: 16+

Badminton Skills

Our expert instructors can teach you the game or help you improve and enhance your play to give you a competitive edge.

SPOR0013-004 | Sat | Sep 14–Oct 26 | 12–1 p.m.

No Class: Oct 12

SPOR0013-005 | Sat | Nov 2–Dec 14 | 12–1 p.m.

No Class: Nov 30

Fees: \$88 Res | \$114 Non-Res (6 classes)

Instructor: Carolina Badminton

Location: Bond Park Community Center

King of The Creek | Ages: 18+

Test your luck on Friday the 13th. Enter the court for this Pickleball King of the Court tournament, where players battle fiercely in rotating matches, aiming to reign as the ultimate monarch. Contenders vie for supremacy in this thrilling display of skill and agility. Spectators cheer as the court transforms into a battlefield of intensity and camaraderie, crowning one player as the undisputed ruler of the pickleball realm.

SPOR0035-001 | Fri | Sep 13 | 6:30–9:30 p.m.

Fees: \$23 Res | \$23 Non-Res (1 class)

Location: Middle Creek Community Center

Pickleball University: Advanced 401 | Ages: 18+

So, you are ready to graduate and go play in the big leagues! IPTPA Level 2 Coach Joe Borrelli will help you get tournament ready! Covering concepts of stacking, game time adjustments, and exploiting the opponent's weaknesses.

SPOR0017-004 | Wed | Nov 20 | 1–4 p.m.

Fees: \$69 Res | \$89 Non-Res (1 class)

Location: Herbert C. Young Community Center

Studio Arts

**Studio Arts classes take place at the Cary Arts Center unless otherwise noted.*

Ceramics

Beginning Handbuilding | Ages: 16+

Learn and perfect pottery skills, including hand-built forms and decoration techniques. Students must attend first class, glaze class and cannot miss more than two classes to qualify for studio pass. Ten-pound bag of clay and tool kits included.

STUD0034-003 | Fri | Oct 4–Nov 8 | 5:30–8:15 p.m.

Fees: \$185 Res | \$215 Non-Res (6 classes)

Instructor: Joy Lester

Clay Studio Orientation | Ages: 16+

Successful completion of this class provides an opportunity for those with sufficient pottery knowledge and experience to purchase a Cary Arts Center Clay Studio membership. To be eligible for this class, you must have had community ceramics studio experience within the past two years.

STUD0031-004 | Sat | Sep 21 | 4:30–6:30 p.m.

STUD0031-005 | Sat | Oct 12 | 4:30–6:30 p.m.

STUD0031-006 | Sat | Nov 9 | 4:30–6:30 p.m.

STUD0031-007 | Tue | Dec 17 | 6:30–8:30 p.m.

Fees: \$28 Res | \$37 Non-Res (1 class)

Instructor: Samantha Steffen

Pottery Clinics | Ages: 16+

Glazing

Review information about working with glazes fired at all temperature ranges at the Cary Art Center. Good for a refresher those with studio memberships or with special permission for those in the process of completing requirements to purchase a studio membership pass but missed the glaze class during their Throwing Basics or Beginning Handbuilding class at the Cary Arts Center. Students must bring up to 4 of their bisque pieces to glaze.

STUD0024-005 | Mon | Oct 21 | 4–6 p.m.

STUD0024-007 | Tue | Dec 10 | 6:30–8:30 p.m.

Fees: \$20 Res | \$26 Non-Res (1 class)

Instructor: Samantha Steffen

Centering

This centering clinic you will learn tips to tackle the challenges you have centering your clay on the wheel. Must have a Clay Studio Membership pass to participant in this clinic. Students purchase clay onsite.

STUD0024-006 | Mon | Nov 18 | 4–6 p.m.

Fees: \$20 Res | \$26 Non-Res (1 class)

Instructor: Ashley Bonner

Pottery Date Night | Ages: 16+

You and your spouse or friend can EACH register to enjoy a creative night out together. Experiment with clay on the wheel and glaze a completed piece to remember the occasion. Supplies included. Registration and fee are per person within a pair.

STUD0030-005 | Sat | Sep 21–28 | 7–9:30 p.m.

STUD0030-006 | Sat | Oct 12–19 | 7–9:30 p.m.

STUD0030-007 | Sat | Nov 2–9 | 7–9:30 p.m.

Fees: \$59 Res | \$77 Non-Res (2 classes)

Instructor: Samantha Steffen

Project–Based Clay | Ages: 16+

Create clay items based on themes. Prerequisite: Clay Studio Membership

Bag Vase

Create a lovely ceramic vase that mimics a bag using slabs. Add textured decor to make it uniquely yours. Purchase clay onsite. You will use the program's tools.

STUD0080-002 | Tue | Sep 17–24 | 6–7:30 p.m.

Fees: \$28 Res | \$36 Non-Res (2 classes)

Instructor: Savannah Nemeth

Altered Forms

Sculpt an altered form from an extruded cylinder by cutting, pinching, and reattaching pieces. Purchase clay onsite. You will use the program's tools.

STUD0080-003 | Tue | Oct 8–15 | 6–8:45 p.m.

Fees: \$51 Res | \$67 Non-Res (2 classes)

Instructor: Savannah Nemeth

Weaving With Clay

Create sculptures that double as looms to combine clay with textile to craft unique art. Clay purchased onsite. In the first class, the instructor will discuss yarn that students will purchase to complete the project during the last class.

STUD0080-004 | Wed | Nov 6–20 | 7:15–9:15 p.m.

Fees: \$54 Res | \$71 Non-Res (3 classes)

Instructor: Savannah Nemeth

Functional Forms

Use the slab-built method to construct table ware items such as a mug, salt and pepper shaker, a butter dish, and a pitcher. Purchase clay onsite. Students must bring two matching corks.

STUD0080-005 | Fri | Nov 15–Dec 20 | 5:30–8:15 p.m.

No Class: Nov 29

Fees: \$128 Res | \$158 Non-Res (5 classes)

Instructor: Joy Lester

Mushroom Minions

Craft a mushroom minion for your garden or house while learning figurative facial sculpting in a fun mushroom form. We will look at expressions in a simplified way to craft personality for your minion.

STUD0080-006 | Mon | Nov 18–25 | 7–9:30 p.m.

Fees: \$47 Res | \$61 Non-Res (2 classes)

Instructor: Samantha Steffen

Face Your Fears

Learn the basics when sculpting living things. Choose between an animal or human figure, and with that project you will learn through practice the techniques for texture and expression. Purchase clay onsite.

STUD0080-007 | Mon | Dec 2–16 | 7–9:30 p.m.

Fees: \$70 Res | \$91 Non-Res (3 classes)

Instructor: Samantha Steffen

Throwing Basics | Ages: 16+

Learn clay prep, tool use, throwing, trimming, attachments, and glazing. Students cannot miss the first class or the glaze class or more than two classes to successfully complete this class and qualify to purchase a studio membership pass. Ten-pound bag of clay and tool kits provided.

STUD0023-009 | Thu | Sep 5–Oct 17 | 6:30–9 p.m.
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Jasmine Oakley

STUD0023-010 | Mon | Sep 9–Oct 21 | 7–9:30 p.m.
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Richard Rawls

STUD0023-011 | Tue | Oct 22–Dec 3 | 6:30–9 p.m.
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Samantha Steffen

STUD0023-012 | Mon | Oct 28–Dec 16 | 7–9:30 p.m.
No Class: Nov 11
Fees: \$196 Res | \$226 Non-Res (7 classes)
Instructor: Addie Starbird

Glass

Fused Glass Workshops | Ages: 16+

All fused glass must be purchased onsite. Prerequisite: Glass Studio Membership. Closed toe shoes required.

Jellyfish Windchimes

In the first class, you will design, cut and decorate the jellyfish body & tentacles for firing. In the second class, you will learn all the stringing tricks and techniques to bring your beautiful jellyfish to life! Some supplies provided.

STUD0026-016 | Sat | Sep 7–14 | 1:30–5:30 p.m.
Fees: \$81 Res | \$105 Non-Res (2 classes)
Instructor: JoAnna Vitale

Freeze and Fuse—Without the Freeze

Using a variety of ready-made silicone molds, learn to create colorful objects by combining glass powders with a fusible medium. In the second class, incorporate your pieces into a dish, bowl, or suncatcher. Students must bring an N95 mask.

STUD0026-017 | Mon & Wed | Sep 9–11 | 5:30–9:30 p.m.
Fees: \$75 Res | \$97 Non-Res (2 classes)
Instructor: JoAnna Vitale

Sunflower Fields

Learn an easy way to cut and layer sunflower petals to form a 6x6 field of sunflowers. Learn to customize a frit blend for the centers and to add dimension with stringers and Vitrigraph pulls. Framing and display options will be discussed.

STUD0026-018 | Sat | Sep 28 | 1:30–5:30 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: JoAnna Vitale

First Snowfall

Make a 9" round landscape that will depict the calm and beauty of a first snowfall! Learn how to position trees using cut glass and Vitrigraph stringers; how to layer and shade Frit to depict snowdrifts, and how to use glass enamels for perspective and details. Display options will be discussed.

STUD0026-019 | Sat | Oct 5 | 1:30–5:30 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: JoAnna Vitale

Glass

Fused Glass Workshops | Ages: 16+

All fused glass must be purchased onsite. Prerequisite: Glass Studio Membership. Closed toe shoes required.

Jellyfish Windchimes

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Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: JoAnna Vitale

Art Studios



Cary offers access to art studios for participants who wish to pursue their interests beyond the classroom. Cary Arts Center features a clay studio for youth, teens, and adults, and glass, woodworking, and metals & jewelry studios for teens and adults. The Page-Walker Arts & History Center offers a weekly portrait studio for adults.

Get more information on studio schedules, passes, and pre-requisites at carync.gov/studio. For information on Senior Studios, call Cary Senior Center at (919) 469-4081.

Photo Fusing Waterslide Decals

Learn to easily transfer treasured photographs or any graphics into fabulous fused-glass art using high quality waterslide photo paper. We will discuss image quality, resizing, dpi, printers, colorization and more. Several projects will be fused using your own photos. Photo fusing paper provided.

STUD0026-020 | Sat | Oct 12–19 | 1:30–5:30 p.m.
Fees: \$79 Res | \$103 Non-Res (2 classes)
Instructor: JoAnna Vitale

Fused Glass Christmas Ornaments

Celebrate the season by making a variety of fun ornaments to keep or give away. We'll have plenty of ideas for you to copy or just bring your imagination and create your own.

STUD0026-021 | Sat | Nov 9 | 1:30–5:30 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: JoAnna Vitale

Light-up Christmas Tree

Light up your holidays with this sparkling tabletop tree! You will cut strips to preset measurements, add some dichroic tips, and assemble the sections for firing. Return for class 2 to build the tree—just add the lighting and enjoy! Special glue provided.

STUD0026-022 | Fri | Nov 15–22 | 1:30–5:30 p.m.
Fees: \$78 Res | \$101 Non-Res (2 classes)
Instructor: JoAnna Vitale

Penning, Stamping, and Fusing with Inks

Firing “inks” onto glass will open up a whole new world of adding impressive details to your projects. Learn how to use a dip pen with “inks”, rubber stamps, traditional enamels and even Zentangle designs! Some supplies provided.

STUD0026-023 | Sat | Nov 23 | 1:30–5:30 p.m.
Fees: \$39 Res | \$51 Non-Res (1 class)
Instructor: JoAnna Vitale

Fused Glass Christmas Ornaments

Celebrate the season by making a variety of fun ornaments to keep or give away. We'll have plenty of ideas for you to copy or just bring your imagination and create your own.

STUD0026-024 | Fri | Dec 6 | 5–9 p.m.
Fees: \$37 Res | \$48 Non-Res (1 class)
Instructor: JoAnna Vitale

Fusing 101 | Ages: 16+

What is fusing? What is the difference between the 90 and 96 coefficient of expansion? What is dichroic glass? Learn answers to these questions and more. This program demonstrates simple cabochons, a slumped dish, a window hanging, and a garden stake. Purchase glass on-site. Closed-toe shoes required.

STUD0025-008 | Mon | Sep 16–Oct 7 | 6–9 p.m.
Fees: \$112 Res | \$142 Non-Res (4 classes)
Instructor: JoAnna Vitale

STUD0025-009 | Wed | Oct 16–Nov 6 | 6–9 p.m.
Fees: \$112 Res | \$142 Non-Res (4 classes)
Instructor: Sarah Clover

STUD0025-110 | Wed | Nov 13–Dec 11 | 6–9 p.m.
No Class: Nov 27
Fees: \$112 Res | \$142 Non-Res (4 classes)
Instructor: Sarah Clover

Mosaics | Ages: 16+

Capture the fall colors of leaves on a tree using glass and other materials. Supplies included. Closed-toe shoes required.

STUD0083-002 | Wed | Sep 18–Oct 9 | 6–9 p.m.
Fees: \$136 Res | \$166 Non-Res (4 classes)
Instructor: Sarah Clover

Stained Glass Copper Foil Method | Ages: 16+

Learn to create vivid stained-glass projects in the copper foil method. Learn to select, cut, and assemble glass, transfer patterns, fit pieces, wrap, and solder. Supply list provided at first class. Cost depends on project size and glass choice. Purchase supplies off-site.

STUD0062-002 | Mon | Oct 14–Dec 16 | 6–9 p.m.
No Class: Oct 21, Nov 11
Fees: \$224 Res | \$264 Non-Res (8 classes)
Instructor: JoAnna Vitale

Metals

Beginning Jewelry & Metals | Ages: 16+

Learn basic metalsmithing techniques to create jewelry and small objects/sculptures. Silver soldering, sawing, forging, finishing, and surface embellishments are techniques covered. Students cannot miss the first class or miss more than two classes to qualify student to purchase an Open Studio Membership Pass.

STUD0027-008 | Tue | Sep 3–Oct 8 | 6:30–9:30 p.m.
Fees: \$178 Res | \$208 Non-Res (6 classes)
Instructor: Linda Simpson

STUD0027-009 | Wed | Oct 2–Nov 6 | 6:30–9:30 p.m.
Fees: \$178 Res | \$208 Non-Res (6 classes)
Instructor: Ndidi Kowalczyk

STUD0027-010 | Tue | Oct 15–Nov 19 | 10 a.m.–1 p.m.
Fees: \$178 Res | \$208 Non-Res (6 classes)
Instructor: Ndidi Kowalczyk

Continuing Metals and Jewelry | Ages: 16+

Metals Concentration

Practice and refine skills learned in the Beginning Metals and Jewelry class. Develop projects such as a ring band design, cabochon stone setting, and more! Supplies purchased onsite. Prerequisite: Metals and Jewelry Studio Membership Pass.

STUD0037-001 | Tue | Oct 15–Nov 5 | 6:30–9:30 p.m.

Fees: \$112 Res | \$142 Non-Res (4 classes)

Instructor: Linda Simpson

Intermediate Metals and Jewelry

Expand metalsmithing skills to increase ability to work independently. Learn additional techniques to enhance jewelry or sculpture designs. Prerequisite: Metals and Jewelry Studio Membership Pass.

STUD0037-002 | Wed | Nov 13–Dec 18 | 6:30–9:30 p.m.

No Class: Nov 27

Fees: \$140 Res | \$170 Non-Res (5 classes)

Instructor: Ndidi Kowalczyk

Enameling | Ages: 16+

Enameling Weekend Workshop

Explore the creative world of colored glass enamel on metal. Learn to prepare surfaces and techniques to apply the enamel. Discover ways to incorporate enameled pieces into your jewelry. Starter kit of supplies provided. Purchase additional supplies onsite.

STUD0064-005 | Sat & Sun | Sep 7–8 | 1:15–5:15 p.m.

Fees: \$85 Res | \$111 Non-Res (2 classes)

Instructor: Lauren Markley

Torch Enameling Weekend Workshop

Curious about enameling? Get a sampling of the technique of applying powdered glass to copper using a torch. Create simple copper canvases to embellish. Each participant will leave with at least two wearables. No metalsmithing experience required. Starter kit of supplies provided. Purchase additional supplies onsite.

STUD0064-006 | Sat & Sun | Oct 5–6 | 1:15–5:15 p.m.

Fees: \$85 Res | \$111 Non-Res (2 classes)

Instructor: Ndidi Kowalczyk

Intro to Torch Fired Enamels

Torch-fired enameling is a wonderful way to add color to your metalwork. Discover the basics of enamel powder application using an open flame. Learn or be reintroduced to masking, drawing, and layering techniques to create simple, but sophisticated motifs for your work. Leave with several wearables.

No metalsmithing experience required but is helpful. Starter kit of supplies provided. Purchase additional supplies onsite.

STUD0064-007 | Mon | Nov 25–Dec 23 | 6–9 p.m.

Fees: \$146 Res | \$176 Non-Res (5 classes)

Instructor: Ndidi Kowalczyk

Lapidary Arts | Ages: 16+

Lapidary 101

Learn to plan, select material, and use tools to cut, shape, and polish semiprecious stones and gemstones. Create cabochons for use in jewelry. Basic supplies included. No prerequisite required.

STUD0028-006 | Mon | Sep 9–Oct 7 | 6–9 p.m.

Fees: \$188 Res | \$218 Non-Res (5 classes)

Instructor: David Tomlin

Lapidary 102

Learn to facet quartz material into a standard round brilliant cut. Selecting material “rough” and setting faceted stone will be discussed. Basic supplies included. Prerequisite: Lapidary 101.

STUD0028-007 | Mon | Oct 14–Nov 18 | 6:30–9:30 p.m.

No Class: Nov 11

Fees: \$230 Res | \$260 Non-Res (5 classes)

Instructor: David Tomlin

Project-Based Metals and Jewelry Classes | Ages: 16+

Make and Take: Holiday Ornaments

Create festive holiday ornaments! Use hammers, stamps, and wire to embellish bronze and copper metal to make original holiday ornaments. Basic supplies included.

Prerequisite: Studio Membership pass

STUD0087-001 | Tue | Dec 10 | 6:30–9:30 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

Instructor: Linda Simpson

Make and Take: Holiday Jewelry

Hammer, stamp, and get wired using copper metal to make a pendant, earrings, and/or a cuff bracelet for yourself or for a gift. Basic supplies included.

Prerequisite: Studio Membership pass

STUD0087-002 | Tue | Dec 17 | 6:30–9:30 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

Instructor: Linda Simpson

Textiles

Project-Based Sewing | Ages: 15+

Learn to sew a variety of items based on special themes. Supply information is printed on the receipt.

Reversible Tote Bag

STUD0073-006 | Thu | Sep 5 | 6:30–9 p.m.

Fees: \$22 Res | \$29 Non-Res (1 class)

Instructor: Samantha Steffen

Pinafore Apron

STUD0073-007 | Thu | Sep 12–19 | 6:30–8:30 p.m.

Fees: \$37 Res | \$48 Non-Res (2 classes)

Instructor: Samantha Steffen

Sew a Simple Skirt

STUD0073-008 | Tue & Wed | Sep 10–11 | 6–9 p.m.

Fees: \$54 Res | \$71 Non-Res (2 classes)

Instructor: Karen Campbell

Sew a Simple Dress

Learn to sew a simple dress using a Simplicity “EASY TO SEW” pattern of your choice. Purchase the pattern, based on your measurements, and bring it to the first class. In the first class you will practice with provided supplies. Fabric for the dress can be purchased after the first class and before the second. Instructor will work with individuals to determine the correct amount and type of supplies needed before the second class. Supply list printed on receipt.

STUD0073-009 | Mon | Sep 30–Oct 21 | 6:30–9 p.m.

Fees: \$98 Res | \$127 Non-Res (4 classes)

Instructor: Samantha Steffen

Classy Tote Bag

Learn how to follow a pattern, basic sewing techniques, and to sew a chic tote that you will love! Supplies included.

STUD0073-010 | Wed | Oct 23–Nov 6 | 6–8:30 p.m.

Fees: \$91 Res | \$118 Non-Res (3 classes)

Instructor: Samantha Steffen

Sew for Fun | Ages: 15+

Learn many basic sewing techniques as you simple and useful projects. Supply list is on the receipt.

STUD0008-003 | Mon & Tue | Oct 28–29 | 6–9 p.m.

Fees: \$54 Res | \$71 Non-Res (2 classes)

Instructor: Karen Campbell

Sew FUN-damentals | Ages: 16+

Build or refresh your sewing skills in this introductory class. Students will make a small project to gain confidence to sew on their own. Supply list is printed on the receipt.

STUD0039-006 | Sat | Sep 14 | 1–4 p.m.

STUD0039-007 | Tue | Sep 24 | 6:45–9:45 p.m.

STUD0039-008 | Sat | Oct 12 | 1–4 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Instructor: Karen Campbell

Adult Beginning Sewing | Ages: 16+

Sewing Basics

This Sewing Basics class is designed for beginners. Learn basic machine operation and basic sewing techniques as you complete a simple project. Practice fabric provided. Supplies for simple projects will be discussed in the first class.

STUD0089-001 | Mon | Sep 9–23 | 6–8:30 p.m.

Fees: \$74 Res | \$96 Non-Res (3 classes)

Instructor: Lauren Polak

Intro to Sewing Basics

This Intro to Sewing Basics class is designed for the absolute beginner. Learn to operate a sewing machine. Examine features and practice different stitches. Sew a very simple project as you learn. Supplies included.

STUD0089-002 | Sat | Sep 28 | 1–4 p.m.

Fees: \$37 Res | \$48 Non-Res (1 class)

Instructor: Lauren Polak

Holiday Felt Ornaments | Ages: 16+

Learn the basics of hand sewing and basic embroidery stitches as you construct a cute felt holiday ornament to hang on your tree or give as a gift. Supplies included.

Fees: \$25 Res | \$32 Non-Res (1 class)

Instructor: Nichole Partridge

Fox Ornament

STUD0092-001 | Thu | Nov 7 | 6:45–8:45 p.m.

Elf Ornament

STUD0092-002 | Thu | Nov 14 | 6:45–8:45 p.m.

Reindeer Ornament

STUD0092-003 | Thu | Nov 21 | 6:45–8:45 p.m.

Snowman Ornament

STUD0092-004 | Thu | Dec 5 | 6:45–8:45 p.m.

Gingerbread Man Ornament

STUD0092-005 | Thu | Dec 12 | 6:45–8:45 p.m.

Quilting | Ages: 16+

Start Quilting

Quilting is fun when you know the basics. Students will learn rotary cutting, piercing, pressing techniques, binding, and more. Supply list is printed on the receipt.

STUD0070-004 | Tue & Wed | Oct 15–16 | 6:45–9:45 p.m.

Fees: \$54 Res | \$71 Non-Res (2 classes)

Instructor: Karen Campbell

Woodworking

Woodworking Basics | Ages: 16+

Learn shop safety and woodworking techniques. Use small hand tools and larger tools such as a table saw, drill press, and planer to make a small project. Successful completion qualifies the student to buy a Woodworking Studio Pass. Students cannot miss the first class or more than two classes to qualify to purchase a pass. Supplies included.

STUD0045-007 | Tue | Sep 3–Oct 8 | 6:30–9:30 p.m.

Fees: \$231 Res | \$261 Non-Res (6 classes)

Instructor: Nathan Grimes

STUD0045-008 | Thu | Sep 19–Oct 24 | 6:30–9:30 p.m.

Fees: \$231 Res | \$261 Non-Res (6 classes)

Instructor: Justin Shaw

STUD0045-009 | Thu | Nov 7–Dec 19 | 6:30–9:30 p.m.

No Class: Nov 28

Fees: \$231 Res | \$261 Non-Res (6 classes)

Instructor: Justin Shaw

Advanced Woodworking Classes | Ages: 16+

Learn to construct more advanced projects from wood base on the class subject. Prerequisite for all advanced woodworking classes: Studio Membership Pass.

Polyhedral Lawn Dice

Make a set of large polyhedral dice with 4, 6, 8, 12, and 20 sides. Learn to make custom jigs for accurate repeated plywood cuts and execute advanced glue up assembly. Supplies included.

STUD0088-001 | Tue | Oct 29–Dec 3 | 6–9 p.m.
Fees: \$231 Res | \$261 Non-Res (6 classes)
Instructor: Nathan Grimes

Cedar Planter

Construct the perfect cedar plant container to place on your patio, balcony, or porch or to give as a special holiday gift. Add an evergreen for winter to add to your decor. Supplies included.

STUD0088-002 | Mon | Dec 2–16 | 6–9 p.m.
Fees: \$184 Res | \$214 Non-Res (3 classes)
Instructor: Nathan Grimes

Mastering the Table Saw | Ages: 16+

Learn to safely use a table saw to make rip cuts, crosscuts, miter cut, dado cuts, and more. Gain the skills to build a wood box with a lid and matching inlay. Designed for novice to intermediate woodworker. Supplies provided. This class does not qualify a person to purchase an open studio membership pass.

STUD0043-003 | Sat | Sep 7–14 | 1–5 p.m.
Fees: \$115 Res | \$142 Non-Res (2 classes)
Instructor: Justin Shaw

Wood Turning | Ages: 16+

Wood Turning 101

Explore the art of wood turning. Learn to use the lathe safely and create unique turned pieces. Supplies included. Students must attend first class.

STUD0049-010 | Wed | Sep 4–18 | 6:30–9:30 p.m.
STUD0049-011 | Wed | Sep 25–Oct 9 | 6:30–9:30 p.m.
Fees: \$126 Res | \$156 Non-Res (3 classes)
Instructor: Norm Cloutier

Turning a Wood Box

Learn to produce a beautiful and functional one-of-a-kind box. Supplies provided. Prerequisite: Wood Turning 101. Supplies included.

STUD0049-012 | Wed | Oct 16–23 | 6:30–9:30 p.m.
Fees: \$87 Res | \$114 Non-Res (2 classes)
Instructor: Norm Cloutier

Turning a Sphere

Ever wonder how wooden balls are made? Learn a process for turning a near-perfect sphere on the lathe! Supplies provided. Prerequisite: Wood Turning 101.

STUD0049-013 | Wed | Oct 30 | 6:30–9:30 p.m.
Fees: \$42 Res | \$55 Non-Res (1 class)
Instructor: Norm Cloutier

Turning a Christmas Ornament

Learn to turn simple “icicle” ornaments and Christmas-lightbulb forms. Prerequisite: Wood Turning 101. Supplies included.

STUD0049-014 | Wed | Nov 13 | 6:30–9:30 p.m.
Fees: \$42 Res | \$55 Non-Res (1 class)
Instructor: Norm Cloutier

Turning Tool Sharpening

STUD0049-015 | Wed | Nov 20 | 6:30–9:30 p.m.
Fees: \$28 Res | \$36 Non-Res (1 class)
Instructor: Norm Cloutier

Wood Turning 101

Explore the art of wood turning. Learn to use the lathe safely and create unique turned pieces. Supplies included. Students must attend first class.

STUD0049-016 | Wed | Dec 4–18 | 6:30–9:30 p.m.
Instructor: Norm Cloutier

Tennis

Daytime Adult Level 1 Drill | Ages: 18+

This class is ideal for beginners or those returning to the game with an NTRP rating between 1.5–2.5.

TENN0009-009 | Wed | Sep 4–25 | 11 a.m.–12 p.m.
TENN0009-010 | Wed | Oct 2–23 | 11 a.m.–12 p.m.
TENN0009-011 | Wed | Oct 30–Nov 20 | 11 a.m.–12 p.m.
TENN0009-012 | Wed | Dec 4–18 | 11 a.m.–12 p.m.
Fees: \$68 Res | \$81 Non-Res (3 classes)
Location: Cary Tennis Park

Daytime Adult Level 2 Drill | Ages: 18+

Players must have an NTRP rating of at least 3.0. This drill is for intermediate players.

TENN0010-017 | Wed | Sep 4–25 | 9–10 a.m.
TENN0010-018 | Wed | Sep 4–25 | 10–11 a.m.
TENN0010-019 | Wed | Oct 2–23 | 9–10 a.m.
TENN0010-020 | Wed | Oct 2–23 | 10–11 a.m.
TENN0010-021 | Wed | Oct 30–Nov 20 | 9–10 a.m.
TENN0010-022 | Wed | Oct 30–Nov 20 | 10–11 a.m.
TENN0010-023 | Wed | Dec 4–18 | 9–10 a.m.
TENN0010-024 | Wed | Dec 4–18 | 10–11 a.m.
Fees: \$51 Res | \$61 Non-Res (3 classes)
Location: Cary Tennis Park

Daytime Adult Level 3 Drill | Ages: 18+

Players should be high level intermediate or advanced.
Pre-approval for registration is required.

TENN0011-009 | Wed | Sep 4–25 | 11 a.m.–12 p.m.

TENN0011-010 | Wed | Oct 2–23 | 11 a.m.–12 p.m.

TENN0011-011 | Wed | Oct 30–Nov 20 | 11 a.m.–12 p.m.

Fees: \$68 Res | \$81 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0011-012 | Wed | Dec 4–18 | 11 a.m.–12 p.m.

Fees: \$51 Res | \$61 Non-Res (3 classes)

Location: Cary Tennis Park

Evening Adult Level 1 | Ages: 18+

Learn all the tennis strokes (forehand, backhand, volley, overhead, and serve) along with court positioning and basic strategy skills.

TENN0007-018 | Wed | Sep 4–25 | 7:30–8:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0007-017 | Mon | Sep 9–23 | 7:30–8:30 p.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Cary Tennis Park

TENN0007-019 | Mon | Sep 30–Oct 21 | 7:30–8:30 p.m.

TENN0007-020 | Wed | Oct 2–23 | 7:30–8:30 p.m.

TENN0007-021 | Mon | Oct 28–Nov 18 | 7:30–8:30 p.m.

TENN0007-022 | Wed | Oct 30–Nov 20 | 7:30–8:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0007-023 | Mon | Dec 2–16 | 7:30–8:30 p.m.

TENN0007-024 | Wed | Dec 4–18 | 7:30–8:30 p.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Cary Tennis Park

Evening Adult Level 2 | Ages: 18+

This class is designed to help players refine their current knowledge of the game. All strokes are reviewed. NTRP 2.5 and above.

TENN0008-017 | Tue | Sep 3–24 | 7:30–8:30 p.m.

TENN0008-018 | Thu | Sep 5–26 | 7:30–8:30 p.m.

TENN0008-019 | Tue | Oct 1–22 | 7:30–8:30 p.m.

TENN0008-020 | Thu | Oct 3–24 | 7:30–8:30 p.m.

TENN0008-021 | Tue | Oct 29–Nov 19 | 7:30–8:30 p.m.

Fees: \$56 Res | \$67 Non-Res (4 classes)

Location: Cary Tennis Park

TENN0008-022 | Thu | Nov 7–21 | 7:30–8:30 p.m.

TENN0008-023 | Tue | Dec 3–17 | 7:30–8:30 p.m.

TENN0008-024 | Thu | Dec 5–19 | 7:30–8:30 p.m.

Fees: \$42 Res | \$50 Non-Res (3 classes)

Location: Cary Tennis Park

Visual Arts

**Visual Arts classes take place at the Cary Arts Center unless otherwise noted.*

Papercutting | Ages: 15+

Learn about and practice the skill of transforming ordinary paper into extraordinary art through the delicate cuts of scissors and knives. This class offers an immersive introduction to papercutting, an art form that uses the intricate interplay of solid and void to create stunning, symmetric patterns and unique visual stories. Supplies included.

VISU0272-001 | Sat | Sep 7 | 10 a.m.–12 p.m.

Fees: \$23 Res | \$28 Non-Res (1 class)

Main Character Energy: A Character Design Workshop | Ages: 15+

Do you love creating characters for stories, games, comics, or children's books? This workshop will introduce you to character design and creation and stretch your skills with exercises designed to help you dig deep with your ideas. We'll go over character design basics and work on creating (or refining) a new original character(s). For supplies, visit carync.gov/vasupplies.

VISU0304-001 | Sat | Sep 21 | 1–4 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Instructor: Erin Olson

Art Survey II: Late Renaissance–20th Century | Ages: 15+

This survey class explores the art of the late Renaissance to the 20th Century. This class will be taught in lecture style with simple art exercises meant to support learning rather than skill building. Perfect for those wanting to learn more about art. Supplies included.

VISU0280-001 | Mon | Sep 9–Oct 7 | 5–6:30 p.m.

Fees: \$70 Res | \$91 Non-Res (5 classes)

Instructor: Catherine Lawrence

Intro to Interior Design | Ages: 15+

In this interactive course, students will learn the basics of interior design and use their own inspiration to make plans and design a room of their choice. Students will be encouraged to practice the basic principles of interior design and to draw from their own personality and style when designing! No experience or background knowledge is necessary. Supplies included.

VISU0314-001 | Sat | Sep 28 | 1–4 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

VISU0332-001 | Sun | Oct 6–13 | 3:30–5:30 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

The Golden Age of Baroque Art | Ages: 15+

This survey class explores the art of the Baroque era. This class will be taught in lecture style with simple art exercises meant to support learning rather than skill-building. Perfect for those wanting to learn more about art. Supplies included.

VISU0348-001 | Mon | Oct 14–28 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Catherine Lawrence

Dress the Table for the Holidays | Ages: 15+

Ring in the season with a holiday tablescaping workshop! Create beautiful and affordable place settings and centerpieces for your holiday celebrations and learn how to curate candles to create a warm ambiance for your guests. Open to all experience levels. Note: this is a learning workshop and participants will not take home a centerpiece; rather, they will gain the skills needed to craft their own festive table at home. Supplies included.

VISU0398-001 | Sun | Nov 17 | 3:30–5:30 p.m.
Fees: \$23 Res | \$28 Non-Res (1 class)

Digital Landscape Painting—Color and Mood | Ages: 15+

Use color and mood in your digital landscape paintings to bring them to the next level. Students should have working knowledge of a digital painting program (Photoshop or Procreate suggested) and should already be confident working with layers, different brushes, and basic selection tools (lasso, marquee). For supplies, visit carync.gov/vasupplies.

VISU0258-002 | Wed | Sep 4–25 | 6–8:30 p.m.
Fees: \$93 Res | \$121 Non-Res (4 classes)
Instructor: Erin Olson

The 1913 New York Armory Show! | Ages: 15+

This course will explore the famous 1913 New York Armory Show that inspired seismic shifts in American art and culture. The American public was introduced to European avant-garde painting and sculpture, featuring works by the leading European innovators of the time: Duchamp, Matisse, Picasso, Cézanne, Gauguin, and Van Gogh. The public sensation, and critical response, represented a watershed in the history of American Art.

VISU0384-001 | Mon | Dec 2–16 | 5–6:30 p.m.
Fees: \$51 Res | \$66 Non-Res (3 classes)
Instructor: Catherine Lawrence

MATERIALS/SUPPLIES

Materials are included in the price of the course unless a link to the supply web page is provided. Cary Arts Center does not offer makeup classes nor provide materials for missed classes.

Drawing

Drawing Clinic: An Introduction | Ages: 15+

Are you excited about drawing, but unsure about where to start? Join us as we delve into a variety of drawing techniques including but not limited to negative space, gesture drawing, shading, grid drawing techniques and much more. This is an introductory course and will review pencil and pen and ink drawing techniques. Supplies included.

VISU0266-001 | Wed | Sep 4–25 | 10 a.m.–12 p.m.
Fees: \$89 Res | \$116 Non-Res (4 classes)
Instructor: Brittney Soderman

Introduction to Drawing: Pen and Ink | Ages: 15+

This is an introductory drawing course with a specific focus on pen and ink. We will be learning about the unique marks and shading techniques associated with pen and ink drawing. We will begin with demonstrations and technical practice pieces, ending with a beautifully rendered drawing that pulls all our skills together. Supplies included.

VISU0270-001 | Thu | Sep 5–12 | 7–9 p.m.
Fees: \$45 Res | \$58 Non-Res (2 classes)
Instructor: Brittney Soderman

Figure Drawing | Ages: 15+

A classic and fun way to improve your drawing skills. We'll draw from a clothed model. For supplies, visit carync.gov/vasupplies.

VISU0290-001 | Fri | Sep 13–27 | 6:30–9 p.m.
Fees: \$70 Res | \$91 Non-Res (3 classes)
Instructor: Helen Webb

Drawing II | Ages: 15+

Continue to build your drawing skills by experimenting with different drawing media, practicing core drawing techniques, and learning about composition. Great for those with intermediate drawing experience. For supplies, visit carync.gov/vasupplies.

VISU0293-001 | Sat | Sep 14–28 | 9:30 a.m.–12:30 p.m.
Fees: \$84 Res | \$109 Non-Res (3 classes)
Instructor: Molly Odum

Soft Pastels | Ages: 15+

Soft pastels are the ultimate tool for beginning artists! Learn new techniques and experiment with color while learning this medium. Create a still life, landscape, or any subject found in nature. For supplies, visit carync.gov/vasupplies.

VISU0323-001 | Wed | Oct 2–23 | 5–6:30 p.m.
Fees: \$56 Res | \$73 Non-Res (4 classes)
Instructor: Janet Masouras

A Basic Drawing Workshop | Ages: 15+

Complete fun exercises while exploring the essential elements of drawing. Learn to use negative space to improve your 2D contour drawings while completing graphite studies of everyday objects. Add value and shading, both traditional and non-traditional, to make your 2D drawings become more 3-dimensional. Bring your sketchbook and all materials to the first class. For supplies, visit carync.gov/vasupplies.

VISU0327-001 | Sat | Oct 5–12 | 12–3:30 p.m.
Fees: \$65 Res | \$85 Non-Res (2 classes)
Instructor: Ginny O'Neal

Italic Calligraphy with Pen and Ink | Ages: 15+

Learn Italic calligraphy using a pointed dip pen and ink. Focus will be on letter forms to include upper- and lower-case letters. A small, folded book project will showcase learned lettering. Supplies included.

VISU0345-001 | Sun | Oct 20–Nov 3 | 4–5:45 p.m.
Fees: \$59 Res | \$77 Non-Res (3 classes)
Instructor: Dara Linn

Costumed Figure Drawing | Ages: 15+

Figure drawing with costumes! This class will involve drawing from a live clothed model while also tackling folds, fabrics, and theatrical gestures. We will use dry drawing media (charcoal, conté, graphite, etc.) and do poses of varying lengths. Students will learn about basic anatomy and how to realistically capture clothing on the human form. For supplies, visit carync.gov/vasupplies.

VISU0368-001 | Tue | Oct 29–Nov 19 | 6–9 p.m.
Fees: \$112 Res | \$142 Non-Res (4 classes)
Instructor: Erin Olson

Continuing to Draw | Ages: 15+

Review basic elements of a drawing: lines, value, viewpoint, depth, proportion, and composition. Students will choose between applying their observational skills to complete a graphite still life drawing or a head study of a favorite face. Materials list at carync.gov/vasupplies.

VISU0393-001 | Sat | Nov 9 | 12–3:30 p.m.
Fees: \$33 Res | \$42 Non-Res (1 class)
Instructor: Ginny O'Neal

Holiday Still Life | Ages: 15+

Get into the holiday spirit by drawing holiday and winter-themed still life drawings. We'll cover still life drawing basics while drawing winter-inspired motifs with gingerbread houses, pine branches, and wreaths. Your drawings from this class would make great holiday cards! For supplies, visit carync.gov/vasupplies.

VISU0410-001 | Sun | Nov 24 | 3:30–5:45 p.m.
Fees: \$21 Res | \$27 Non-Res (1 class)
Instructor: Erin Olson

Drawing Techniques | Ages: 15+

Develop technical skills as we focus on how to see and translate our world through core drawing concepts of line, form, composition, value, space, and perspective. For supplies, visit carync.gov/vasupplies.

VISU0415-001 | Tue | Dec 3–17 | 7–9 p.m.
Fees: \$56 Res | \$73 Non-Res (3 classes)
Instructor: Jackie Kennedy

Celtic Christmas Calligraphy | Ages: 15+

Learn the uncial lettering style and simple Celtic knotwork patterns to decorate your lettering. Supplies included.

VISU0430-001 | Sun | Dec 8–15 | 3:30–5:30 p.m.
Fees: \$45 Res | \$58 Non-Res (2 classes)
Instructor: Dara Linn

Mixed Media

Papermaking Workshop: Recycled Papermaking with Pressed Botanicals | Ages: 15+

Use recycled materials to create handmade paper with a delicate texture. Incorporate dried botanical elements and other found pieces and add color. Students will leave the class with a variety of handmade papers that could be used as unique painting or drawing surfaces, framed as standalone pieces, incorporated into handmade cards, and so much more. Supplies included.

VISU0277-001 | Sun | Sep 8 | 1:30–4:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Brittney Soderman

Adult Craft Hour: Autumn Centerpiece | Ages: 15+

Using a mix of natural elements such as grasses, flowers and pumpkins, we will create a beautiful and one-of-a-kind centerpiece for your table or wall. Add candles and knick-knacks for your own special touch. Supplies included.

VISU0313-001 | Fri | Sep 27 | 9:30 a.m.–12:30 p.m.
Fees: \$34 Res | \$44 Non-Res (1 class)
Instructor: Danielle Furegno

Intro to Linoleum Printmaking | Ages: 15+

An introduction to the exciting world of relief printmaking using linoleum. We will be learning how to transfer unique designs into printing plates using proper cutting techniques, and then print on a variety of surfaces through inking and printing processes. Supplies included.

VISU0322-001 | Wed | Oct 2–16 | 10 a.m.–12 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Brittney Soderman

Date Night: Repoussé Metal Relief Sculptures | Ages: 15+

Enjoy a night out while discovering something new: repoussé, the method of decorating sheet metals in which a design is raised in relief from the back or from the front by chasing or engraving. Bring a partner or friend for a special night out and complete a piece together. Both participants must register. Supplies included.

VISU0338-001 | Thu | Oct 10 | 7:15–9 p.m.

Fees: \$20 Res | \$25 Non-Res (1 class)

Instructor: Kimberly Lomax

Adult Craft Hour: Halloween Wreath | Ages: 15+

An array of fun and spooky elements, florals and embellishments will make up this perfect Halloween-themed wreath to add some spooky spirit to your front door or mantel. Supplies included.

VISU0313-002 | Fri | Oct 11 | 9:30 a.m.–12:30 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

Instructor: Danielle Furegno

Intro to Felting | Ages: 15+

Felting is one of the oldest textile techniques using wool. Learn the wet felting process and various ways to use texture and color to create in wool. Supplies included.

VISU0362-001 | Sat | Oct 26 | 10 a.m.–4 p.m.

Fees: \$68 Res | \$88 Non-Res (1 class)

Instructor: Lisa Honeycutt

Adult Craft Hour: Holiday Garland | Ages: 15+

Using cardstock, scrapbook paper, felt and other festive details, we will create a vintage-inspired holiday garland to keep for years to come. Supplies included.

VISU0313-003 | Fri | Nov 15 | 1–4 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

Instructor: Danielle Furegno

Mixed Media 2025 Wall Calendar | Ages: 15+

We will be exploring a variety of mixed-media techniques to create a finished wall calendar with unique designs for each month. We will introduce a variety of mixed media, collage, and painting techniques to create the compositions for our calendars. We will finish by compiling all our pages into a bound calendar. Open to all experience levels. Supplies included.

VISU0404-001 | Wed | Nov 20–Dec 18 | 10 a.m.–12 p.m.

No Class: Nov 27

Fees: \$89 Res | \$116 Non-Res (4 classes)

Instructor: Brittney Soderman

Mixed Media Winter Wreath Painting | Ages: 15+

We will explore basic mixed media and acrylic painting techniques in the context of a beautiful holiday wreath. We will incorporate collage, paint, and dried leaves as we create our own paintings, with each step being guided by the instructor. This is designed as an introductory-level painting class. Supplies included.

VISU0421-001 | Thu | Dec 5–12 | 7–9 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Brittney Soderman

Vision Boards | Ages: 15+

How do you envision your life in the future? In this workshop, we will create vision boards to articulate what we value and how we want our lives to progress. The instructor will provide a large collection of vintage magazine materials to work from or feel free to bring your own images from home. For more information about supplies: carync.gov/vasupplies.

VISU0451-001 | Sun | Dec 29 | 2–4:30 p.m.

Fees: \$26 Res | \$34 Non-Res (1 class)

Kinetic Professional Development Lantern Making Session | Ages: 16+

Join visual teaching artists Gowri Savoor and Angelo Arnold for a fun and unique workshop to learn how to design a large-scale lantern that has movable parts/sections of the lantern for Cary's Under the Silver Moon Lantern Parade. The experience will culminate in a celebration of light parade in Downtown Cary Park on January 11, 2025.

VISU0456-001 | Sun | Oct 27 | 10 a.m.–4 p.m.

Fees: \$25 Res | \$25 Non-Res (1 class)

Instructor: Gowri Savoor

Location: Bond Park Community Center

Large Scale Lantern Workshop for Artists & Teachers (2-day) | Ages: 16+

Join visual teaching artist Gowri Savoor for a fun and unique workshop to learn how to make a large-scale lantern for Cary's Under the Silver Moon Lantern Parade. The parade kicks off 2025 GLOW series in downtown Cary. Participants will learn techniques and build their own large lantern using paper, willow, and LED lights. The experience will culminate in a celebration of light parade in Downtown Cary Park on Jan 11, 2025.

VISU0457-001 | Sat & Sun | Nov 2–3 | 10 a.m.–4 p.m.

Fees: \$50 Res | \$50 Non-Res (2 classes)

Location: Bond Park Community Center

Tabletop Gaming Miniatures | Ages: 18+

Learn the basics of painting miniatures for tabletop role-playing and tactical games like Dungeons & Dragons or Warhammer. For supplies: carync.gov/vasupplies.

VISU0448-001 | Sat | Dec 28 | 1–4 p.m.
Fees: \$28 Res | \$36 Non-Res (1 class)
Instructor: Lauren Polak

Painting

Painting with Acrylics | Ages: 15+

Explore the amazing characteristics of acrylics. Learn about color mixing, various brushes, and application techniques while creating your own art. For supplies, visit carync.gov/vasupplies.

VISU0268-001 | Wed | Sep 4–25 | 5:30–8:30 p.m.
Fees: \$112 Res | \$142 Non-Res (4 classes)
Instructor: Jackie Kennedy

Color Theory | Ages: 15+

Explore the color wheel and beyond! Learn theory as well as practical applications in artwork. Watercolor is used for this class, but what you'll learn is applicable in all media. Supplies included.

VISU0282-001 | Tue | Sep 10–24 | 7–9 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Helen Webb

Botanicals in Watercolor | Ages: 15+

Learn to draw beautiful plant forms from photos and life, then add color using watercolor, gouache or colored pencils. Supplies included.

VISU0297-001 | Sun | Sep 15–29 | 4–5:45 p.m.
Fees: \$59 Res | \$77 Non-Res (3 classes)
Instructor: Helen Webb

Paint your Favorite Landscape | Ages: 15+

Revisit your favorite landscape and explore it all over again through painting. Bring your favorite photos for reference and get individual guidance as you paint in oils. For supplies, visit carync.gov/vasupplies.

VISU0300-001 | Mon | Sep 16–Oct 7 | 7–9 p.m.
Fees: \$75 Res | \$97 Non-Res (4 classes)
Instructor: Beth Barger

Paint with a Friend | Ages: 15+

Grab a friend or family member and join in on the fun of painting together! Each friend will paint their own coordinating canvas which will be based on a different theme each night. Perfect for a date or a night out with family or friends. Each participant must register separately, but you will create art and have fun together. Supplies included.

VISU0312-001 | Thu | Sep 26–Oct 3 | 7:15–9 p.m.
Fees: \$40 Res | \$52 Non-Res (2 classes)
Instructor: Kimberly Lomax

Intro to Painting: Mixed Media Floral Bouquet | Ages: 15+

Explore basic mixed media and acrylic painting techniques in the context of beautiful botanicals. We will incorporate collage, paint, and dried florals as we create our own paintings, with each step being guided by the instructor. This is designed as an introductory level painting class. Supplies included.

VISU0310-001 | Thu | Sep 26–Oct 10 | 7–9 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Brittney Soderman

Open Studio: Oil | Ages: 15+

Bring your unfinished project or start a new one at this Open Studio for oil painters where you can enjoy creating in a group setting. The facilitator will be available for individual guidance as needed. You must bring your own supplies.

VISU0073-008 | Sat | Sep 28 | 1:30–4:30 p.m.
VISU0073-009 | Sat | Oct 26 | 1:30–4:30 p.m.
VISU0073-010 | Sat | Nov 23 | 1:30–4:30 p.m.
VISU0073-011 | Sat | Dec 28 | 1:30–4:30 p.m.
Fees: \$28 Res | \$36 Non-Res (1 class)
Instructor: Beth Barger

Pet Portraits | Ages: 15+

Bring a photo of your animal friend to paint from in acrylic. Supplies included.

VISU0336-001 | Tue | Oct 8–22 | 7–9 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Helen Webb

Landscapes in Gouache and Watercolors | Ages: 15+

Learn about gouache (opaque watercolor) and how to use it with watercolor. Create scenes from nature, including gardens. For supplies, visit carync.gov/vasupplies.

VISU0340-001 | Fri | Oct 11–25 | 7–9 p.m.
Fees: \$68 Res | \$88 Non-Res (3 classes)
Instructor: Helen Webb

Watercolors I | Ages: 15+

Develop technical skills through core watercolor techniques such as washes, glazing, wet-on-wet, and wet-on-dry. Develop a foundation to use in advanced classes in the future. No experience required. For supplies, visit carync.gov/vasupplies.

VISU0346-001 | Mon | Oct 14–Nov 4 | 7–9 p.m.

Fees: \$75 Res | \$97 Non-Res (4 classes)

Instructor: Molly Odum

Painting on Glass: Wine Bottle Lantern | Ages: 15+

Create a hand-painted wine bottle lantern with LED fairy lights! Learn painting on glass best practices and techniques while having fun painting your own personal designs. Sample project ideas will be provided. Supplies included.

VISU0352-001 | Thu | Oct 17–24 | 7–9 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Kimberly Lomax

Dynamic Design | Ages: 15+

In this workshop, you will learn how to design a painting using strong values and composition. Then you will create your own unique abstract painting to take home. For supplies, visit carync.gov/vasupplies.

VISU0356-001 | Sat | Oct 19 | 9:30 a.m.–12:30 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Introduction to Acrylic Painting: Painting Pumpkins | Ages: 15+

Interested in starting to learn how to paint in acrylics and feeling inspired by fall? Join us as we work through a guided pumpkin painting while touching on color mixing, brush strokes, composition, and adding value to create more realistic paintings. Supplies included.

VISU0360-001 | Tue | Oct 22–29 | 7–9 p.m.

Fees: \$45 Res | \$58 Non-Res (2 classes)

Instructor: Brittney Soderman

Location: Middle Creek Community Center

Painting with Coffee | Ages: 15+

Do you love painting and coffee? Join us as we create beautiful paintings using instant coffee as a unique medium. We will explore basic watercolor painting techniques, as well as experiment with the natural sepia tones created by using coffee as a pigment. Not to mention that your paintings will smell amazing! Supplies included.

VISU0361-001 | Wed | Oct 23–Nov 6 | 10 a.m.–12 p.m.

Fees: \$68 Res | \$88 Non-Res (3 classes)

Instructor: Brittney Soderman

Silk Painting | Ages: 15+

Use resist techniques and vibrant dyes to design and paint a silk scarf. Learn to create special effects using salt and rubbing alcohol. No experience needed. Supplies included.

VISU0369-001 | Wed | Oct 30–Nov 20 | 5–6:30 p.m.

Fees: \$68 Res | \$88 Non-Res (4 classes)

Instructor: Janet Masouras

Watercolor II | Ages: 15+

Continue to build your skills in watercolors by practicing elements and principles of design through various subjects. Great for those with intermediate experience in watercolors. For supplies, visit carync.gov/vasupplies.

VISU0371-001 | Wed | Oct 30–Nov 20 | 6:30–9 p.m.

Fees: \$93 Res | \$121 Non-Res (4 classes)

Instructor: Molly Odum

Beginning Oil Painting | Ages: 15+

Learn basic color mixing and theory by creating and using a simple color wheel. Observe a demo, then receive individual attention from the instructor as you create your own painting from provided photographs. Supplies included.

VISU0377-001 | Sun | Nov 3 | 1:15–5:45 p.m.

VISU0429-001 | Sun | Dec 8 | 1:15–5:45 p.m.

Fees: \$51 Res | \$66 Non-Res (1 class)

Instructor: Beth Barger

A Painting A Day: Kusama, Matisse, Britto | Ages: 15+

Explore the art of three different artists and experiment with different painting styles. We will focus on one artist each class and complete a small acrylic painting in that artist's style. Learn new painting techniques all while finding new ways to look at the world and express your creativity. Featured artists: Yayoi Kusama, Henri Matisse, and Romero Britto. Supplies included.

VISU0386-001 | Thu | Nov 7–21 | 7–9 p.m.

Fees: \$68 Res | \$88 Non-Res (3 classes)

Instructor: Kimberly Lomax

Pattern Design | Ages: 15+

Learn about repeating patterns and decorative design. Class taught in gouache and watercolor. Supplies included.

VISU0388-001 | Fri | Nov 8–22 | 7–9 p.m.

Fees: \$68 Res | \$88 Non-Res (3 classes)

Instructor: Helen Webb

Painting Abstract Flowers | Ages: 15+

In this workshop, we will create bold modern floral paintings inspired by the colors and simple shapes of real flowers. For supplies, visit carync.gov/vasupplies.

VISU0394-001 | Sun | Nov 10 | 2–5:30 p.m.

Fees: \$33 Res | \$42 Non-Res (1 class)

Painting with Stains | Ages: 15+

Learn the method of Helen Frankenthaler and create your own abstract piece of art. Supplies included.

VISU0408-001 | Sat | Nov 23 | 1–4 p.m.

Fees: \$34 Res | \$44 Non-Res (1 class)

Instructor: Molly Odum

Abstract Landscapes | Ages: 15+

In this workshop, we will look to modern artwork for inspiration and learn how to simplify color forms to create an atmospheric painting. For supplies, visit carync.gov/vasupplies.

VISU0427-001 | Sat | Dec 7 | 9:30 a.m.–12:30 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Volunteer Opportunities

Good Hope Farm Monthly Volunteer Workday | Ages: 11+

Volunteer at Good Hope Farm to help with weeding, watering, and general garden maintenance in the veggie and wildflower gardens. Bring a water bottle and wear closed-toe shoes; a hat, sunscreen, and bug spray are recommended. Volunteers age 14 and under must have a parent or guardian join them.

Fees: Free (1 class)

Location: Good Hope Farm

September

VOLU0002-008 | Sat | Sep 21 | 9–11 a.m.

October

VOLU0002-010 | Sat | Oct 19 | 9–11 a.m.

November

VOLU0002-009 | Sat | Nov 16 | 9–11 a.m.

December

VOLU0002-011 | Sat | Dec 21 | 9–11 a.m.

Fall Litter Sweep | Ages: 11+

Join us for this town-wide litter cleanup event and spend part of your Saturday keeping Cary litter-free and connecting with other community-minded volunteers. Participants will receive litter cleanup supplies and be assigned to a small group to remove litter around one of two locations. To learn more about litter cleanups and other environmental volunteering in Cary, visit carync.gov/spruce.

Fees: Free (1 class)

Davis Drive Elementary School

VOLU0010-001 | Sat | Oct 5 | 9–10:30 a.m.

East Cary Middle School

VOLU0010-002 | Sat | Oct 5 | 11:30 a.m.–1 p.m.

Fire Station Garden Workdays | Ages: 14+

Volunteer to support our fire station gardens. Help us amend soil, plant pollinator plants, and fall veggies, and do general maintenance. Registration closes 2 days prior to workday. Space is limited.

Fees: Free (1 class)

Station 1

VOLU0007-008 | Wed | Sep 11 | 12–1:30 p.m.

Station 2

VOLU0007-009 | Wed | Sep 11 | 3:30–5 p.m.

Station 5

VOLU0007-011 | Thu | Sep 12 | 3:30–5 p.m.

Station 7

VOLU0007-012 | Fri | Sep 13 | 3:30–5 p.m.

Station 6

VOLU0007-013 | Sat | Sep 14 | 9–10:30 a.m.

Station 3

VOLU0007-010 | Sat | Sep 14 | 11:30 a.m.–1 p.m.

Station 8

VOLU0007-014 | Sat | Sep 14 | 2–3:30 p.m.

Nature Preserve Workdays | Ages: 16+

If you're looking for a volunteer experience, community service, or conservation project for yourself or your group, join forces with the Stevens Nature Center staff to assist with various seasonal maintenance or improvements to the preserve. Equipment provided.

Trail Maintenance

VOLU0001-012 | Sat | Sep 14 | 9:30–11:30 a.m.

VOLU0001-013 | Sat | Oct 5 | 9:30–11:30 a.m.

VOLU0001-014 | Sat | Nov 2 | 9:30–11:30 a.m.

VOLU0001-018 | Sat | Dec 7 | 10 a.m.–12 p.m.

Invasive Removal

VOLU0001-015 | Tue | Nov 12 | 10 a.m.–12 p.m.

VOLU0001-016 | Sun | Nov 17 | 1–3 p.m.

VOLU0001-017 | Tue | Dec 3 | 10 a.m.–12 p.m.

VOLU0001-019 | Sun | Dec 15 | 1–3 p.m.

VOLU0001-020 | Mon | Dec 16 | 10 a.m.–12 p.m.

Fees: Free (1 class)

Location: Hemlock Bluffs Nature Preserve

Compost Education Center Garden Workdays | Ages: 18+

Compost Education Center Garden Workdays

Help prepare the beds for fall veggies during this family-friendly event in the Compost Education Center located inside Bond Park. One adult registration is required per family.

VOLU0011-001 | Wed | Oct 16 | 4–6 p.m.

Fees: Free (1 class)

Location: Compost Education Center at Bond Park



Senior

**Senior programs take place at Cary Senior Center unless otherwise noted.*

**Ages are 55+ unless otherwise noted.*

Education

Book Chats

Second Monday

Join us for a thought-provoking discussion about the monthly selected book. Call for the booklist and to register your space. Meets on the 2nd Monday monthly.

EDUC0023-007 | Mon | Sep 9–Dec 9 | 12:15–1:45 p.m.

No Class: Nov 11

Fees: Free (3 classes)

Fourth Friday

Share what you've been reading with the group and learn from others' reading. Meets the 4th Friday monthly.

EDUC0023-008 | Fri | Sep 27–Dec 27 |

11:15 a.m.–1:15 p.m.

Fees: Free (4 classes)

RESOURCES FOR SENIORS

Resources for Seniors provides on-site access to aging information and can assist area seniors with their service needs, including advocacy, basic needs, care management, elder abuse prevention, friendly visitor, and more! **For an appointment, contact Heather Arcuri at (919) 462–3983 or carysc@rfsnc.org.**

Hearing Screenings

Take advantage of this free health screening—you may improve your life! This program is offered by Triangle Hearing Services, co-sponsored by Resources for Seniors and Cary Senior Center.

Wed | Oct 16 | 11 a.m.–12 p.m.

Wed | Nov 20 | 11 a.m.–12 p.m.

Wed | Dec 18 | 11 a.m.–12 p.m.

Call Cary Senior Center at (919) 469–4081 to reserve your timeslot.

MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That's when registration begins for the next session.

Beginner Cookie Decorating With Connie

Are you a beginner and curious about what cookie decorating is all about? Leave with six yummy cookies beautifully decorated by you! Learn what goes into preparing royal icing, the value of different icing consistencies, and tips and tricks. No baking, just decorating.

Fees: \$25 Res | \$33 Non-Res (1 class)

Instructor: Connie Istock

End of Summer Sizzle

EDUC0025-009 | Mon | Sep 16 | 1–3 p.m.

Fall Fun

EDUC0025-010 | Mon | Oct 21 | 1–3 p.m.

Fall Gatherings

EDUC0025-011 | Mon | Nov 18 | 1–3 p.m.

Holiday/Winter

EDUC0025-012 | Mon | Dec 16 | 1–3 p.m.

Intermediate Cookie Decorating With Connie

Ready to try to advance your cookie decorating skills? This class will be for those of you who have taken the beginner cookie decorating class or have had some experience with decorating cookies with royal icing. We'll learn more advanced cookies with some harder techniques to challenge your skills. No baking, just decorating, but still 5–6 yummy cookies to take home!

Fees: \$35 Res | \$46 Non-Res (1 class)

Instructor: Connie Istock

September

EDUC0025-013 | Mon | Sep 23 | 1–3 p.m.

October

EDUC0025-014 | Mon | Oct 14 | 1–3 p.m.

November

EDUC0025-015 | Mon | Nov 4 | 1–3 p.m.

December

EDUC0025-016 | Mon | Dec 9 | 1–3 p.m.

CPR and Choking for Adults and Children

Increase your confidence and update your knowledge with American Heart Association Family & Friends This class covers one-person CPR, the use of an AED (Automated External Defibrillator), and choking for Adults and children (1-year-old and up) with hands-on practice with manikins. NO certificate cards are provided for this class, but the knowledge you gain could save a life.

EDUC0040-001 | Mon | Sep 9 | 1–2:30 p.m.

Fees: \$25 Res | \$33 Non-Res (1 class)

Instructor: Chaile O'Neal

Creative Floral Design

Explore your creative side in a relaxed and fun atmosphere. Enjoy the fresh scents and textures while awakening your hands arms and fingers! Learn about flowers, care, and design. Take home your creation.

Fees: \$45 Res | \$59 Non-Res (1 class)

Instructor: Annette Hassinger

September

EDUC0066-004 | Thu | Sep 26 | 1–3 p.m.

October

EDUC0066-005 | Thu | Oct 17 | 1–3 p.m.

November

EDUC0066-006 | Thu | Nov 21 | 1–3 p.m.

December

EDUC0066-007 | Thu | Dec 19 | 1–3 p.m.

Discovering You in Action

Have you ever wondered what makes you “you”? Discover your purpose in life and what is uniquely yours to contribute. Meets monthly on the first and third Wednesday.

EDUC0041-004 | Wed | Sep 4–Dec 18 | 1–2:30 p.m.

Fees: Free (7 classes)

Leader: Elizabeth Mata

DON'T WAIT!

Early registration allows us time to plan appropriately. Often we are able to accommodate those on waiting lists by adding additional spots in the class or adding additional classes. Classes that do not meet their minimum enrollment are generally cancelled. You could make the difference!

English as a Second Language Beginner

This course is designed for people who are just starting to learn English. Lessons include basic vocabulary, pronunciation, and reading simple words and sentences. This is a friendly and supportive place to start your English journey!

EDUC0030-005 | Thu | Nov 7–Dec 19 | 10 a.m.–12 p.m.

No Class: Nov 14, Nov 28

Fees: Free (5 classes)

Instructor: Wake Tech Community College

Interesting Lectures with Harry Dammers

Alien Planet

We'll watch a Discover Channel video about a future mission to an Earth-like planet and learn about the chances of life somewhere out there.

EDUC0024-007 | Tue | Sep 10–Oct 15 | 10–11 a.m.

Fees: Free (6 classes)

Instructor: Harry Dammers

More German

If you enjoyed the intro to German class over the summer, let's move on!

EDUC0024-008 | Tue | Oct 29–Dec 10 | 10–11 a.m.

No Class: Nov 12

Fees: Free (6 classes)

Instructor: Harry Dammers

Historical Lectures with Wade Carmichael

Are We Greece?

Learn about the many contributions of Ancient Greece to our society from law and the Alphabet to Olympics and more.

EDUC0045-006 | Tue | Sep 3 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Carolina Gold Rush

Before the California Gold Rush there was a Carolina Gold Rush spurred by the discovery of a door stop made of a gold nugget found at the site of Reid Goldmine in Cabarrus County, NC. Learn more of this period in North Carolina history.

EDUC0045-007 | Tue | Sep 10 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Black Wall Street—A Durham Story

In the years following the Civil War, Black Wall Street was an economic phenomenon in Durham, North Carolina, where enterprise combined forces with a helping hand.

EDUC0045-004 | Tue | Sep 17 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

First People of America

The story of the first humans to inhabit the Western Hemisphere and the Americas has changed greatly since the late 19 Century, when few believed there were any humans on the continent before 12,000 years ago. That timeline has been pushed back significantly, with new discoveries and new ways to analyze old evidence.

EDUC0045-008 | Tue | Sep 24 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

The Intra Coastal Waterway

Learn about the history of the Intra Coastal Waterway, a water "road" that runs from New England to Texas, crossing North Carolina's Sounds. Built for Defense, Pleasure and Commerce, the waterway is yet another facet of North Carolina history.

EDUC0045-009 | Tue | Oct 1 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Carolina Ghost Stories of the Coast

Whether vivid imagination or real spooks, North Carolina's ghost stories span the state from sea to the mountains. This is part one of three of Carolina Ghost Stories, starting with the coast.

EDUC0045-010 | Tue | Oct 8 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Carolina Ghost Stories of the Piedmont

Whether vivid imagination or real spooks, North Carolina's ghost stories span the state from sea to the mountains. This is part two of three of Carolina Ghost Stories, with tales of the Piedmont.

EDUC0045-011 | Tue | Oct 22 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Carolina Ghost Stories of the Mountains

Whether vivid imagination or real spooks, North Carolina's ghost stories span the state from sea to the mountains. This is part two of three of Carolina Ghost Stories, with tales of the Carolina Mountains.

EDUC0045-012 | Tue | Oct 29 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Thar Be Pirates

The Sounds and shores of North Carolina were host to some notorious pirates in the Golden Age of Pirates. Black Beard wasn't the only scoundrel of our Carolina Past. Come learn a bit about this exciting era.

EDUC0045-013 | Tue | Nov 5 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

A History of the Future

As odd as it may seem, the Future has a long history with humankind. Join us as we look back and then forward on this time-bound journey.

EDUC0045-014 | Tue | Nov 19–26 | 12:30–2:30 p.m.

Fees: \$11 Res | \$13 Non-Res (2 classes)

Instructor: Wade Carmichael

A History of Photography

From a crack in a cave wall to today's Computer-Generated Images, the story of photography and the evolution of the camera from Obscura to dazzling color is our topic.

EDUC0045-015 | Tue | Dec 3 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

From Mind to Ceiling—Michaelangelo's Sistine Chapel Ceiling

Learn about the creation of the famous Sistine Chapel ceiling painted by Michaelangelo. From concept to process and materials, we will explore how the masterpiece made it from a mind to the ceiling.

EDUC0045-016 | Tue | Dec 10 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

A Santa Story

Learn about Santa Claus from the historic Saint Nicholas to today's jolly elf, and the different incarnations and tales of a long beloved figure of the Christmas season.

EDUC0045-017 | Tue | Dec 17 | 12:30–2:30 p.m.

Fees: \$6 Res | \$8 Non-Res (1 class)

Instructor: Wade Carmichael

Makeovers

Learn professional makeup application techniques and helpful beauty tips. Experiment, play, and explore hands-on what skincare and color cosmetics can do for you. Fun and fellowship are guaranteed.

Fees: \$8 Res | \$10 Non-Res (1 class)

Instructor: Kathy Marton

September

EDUC0031-008 | Thu | Sep 19 | 9:30–11:30 a.m.

October

EDUC0031-009 | Thu | Oct 17 | 9:30–11:30 a.m.

November

EDUC0031-010 | Wed | Nov 20 | 9:30–11:30 a.m.

CARY TOTAL LIFE CENTER

Cary Total Life Center (TLC), housed within Bond Park adjacent to the Cary Senior Center, is a unique Adult Day Care Service operation. Cary TLC is one of six adult day care programs run by Resources for Seniors, Inc. throughout Wake County. It offers needed care for ambulatory and semi-ambulatory, dependent adults—especially those with memory loss and physical disabilities. **Call (919) 460-9008 for more information or to arrange a visit.**

Bharatiya Senior Citizens of NC <i>Meets: 2nd Saturday Monthly</i> 10 a.m. Ballroom <i>Contact: kiritgamin@gmail.com</i>	Cary Garden Club <i>Meets: 1st Tuesday Monthly</i> 9:30 a.m. Ballroom <i>Contact: margerusso@aol.com</i>	<h1>Cary Senior Center Clubs</h1>
Cary Senior Golf Association <i>Meets: Every Wednesday Morning</i> April-October <i>Contact: caryseniorgolf@gmail.com</i>	Grandpapparazzi Photo Club <i>Meets: 3rd Thursday Monthly</i> 1:30 p.m. Classroom 302 <i>Contact: embarker@att.net</i>	
AARP Chapter 3976 <i>Meets: 1st Tuesday Monthly</i> 11:30 a.m. Ballroom <i>Contact: gutman.peggy@gmail.com</i>	Cary Stitchers <i>Meets: Every Monday</i> 9 a.m. Ballroom <i>Contact: srhodes@bellsouth.net</i>	Cary Senior Technology Education <i>Meets: Varies</i> <i>Contact: caryseniortech@gmail.com</i>
		Cary Senior Tech Users Club (CSTUG) <i>Meets: 2nd Saturday 1:30 p.m.</i> <i>Contact: lbednar@gmail.com</i>

Spanish

Next Steps in Learning Spanish Part 1

This course builds on the content taught in the Jump Start series and uses the textbook *Advanced Spanish Step-by-Step: Master Accelerated Grammar to Take Your Spanish to the Next Level, 1st Edition*, ISBN: 978-0071768733

EDUC0028-005 | Mon | Sep 23–Oct 28 | 10 a.m.–12 p.m.

Fees: \$36 Res | \$47 Non-Res (6 classes)

Instructor: Wake Tech Community College

Location: The Hive

Next Steps in Learning Spanish Part 2

This course builds on the content taught in the Jump Start series and uses the textbook *Advanced Spanish Step-by-Step: Master Accelerated Grammar to Take Your Spanish to the Next Level, 1st Edition*, ISBN: 978-0071768733

EDUC0028-006 | Mon | Nov 4–Dec 16 | 10 a.m.–12 p.m.

No Class: Nov 11

Fees: \$36 Res | \$47 Non-Res (6 classes)

Instructor: Wake Tech Community College

Location: The Hive

Jump Start to Spanish Part 3

This course builds on the content taught in the Jump Start series and uses the textbook *Advanced Spanish Step-by-Step: Master Accelerated Grammar to Take Your Spanish to the Next Level, 1st Edition*, ISBN: 978-0071768733

EDUC0028-007 | Mon | Sep 23–Oct 28 | 1–3 p.m.

Fees: \$36 Res | \$47 Non-Res (6 classes)

Instructor: Wake Tech Community College

Jump Start to Spanish Part 4

This course builds on the content taught in the Jump Start series and uses the textbook *Advanced Spanish Step-by-Step: Master Accelerated Grammar to Take Your Spanish to the Next Level, 1st Edition*, ISBN: 978-0071768733

EDUC0028-008 | Mon | Nov 4–Dec 16 | 1–3 p.m.

No Class: Nov 11

Fees: \$36 Res | \$47 Non-Res (6 classes)

Instructor: Wake Tech Community College

Tinker Don't Toss

Repair your household items, don't just toss them out. Fixing a broken item will save money and divert otherwise unusable items from the landfill. Join us for demonstrations on how to use tools, salvage old parts, and make simple repairs. Bring your own item to fix or take apart (nothing with an engine).

EDUC0093-001 | Tue | Oct 15 | 1–3 p.m.

Fees: Free (1 class)

Instructor: Tom Karches

Navigating Travel

Need help making travel plans? Learn tips from a retired travel agent, Airport Ambassador, and experienced traveler. She will help with the basics to get you started on your vacation, usual options, soft adventures, and post-COVID travel.

EDUC0042-003 | Thu | Oct 3–10 | 12:30–4:30 p.m.

Fees: \$15 Res | \$20 Non-Res (2 classes)

Instructor: Molly Mead

Travel Junctions

Travelers join this group to share experiences, keep current on travel trends and requirements, and review future travel plans. Monthly topic varies, examples include guest speakers and specific travel topics. Meet others who share the passion or curiosity to travel.

Fees: Free (1 class)
Instructor: Molly Mead

November
EDUC0044-010 | Thu | Nov 14 | 1–3:30 p.m.

December
EDUC0044-011 | Thu | Dec 12 | 1–3:30 p.m.

Resources for Seniors

Ask the Health Expert

Join local experts to explore issues of aging and learn more about your health. Bring your questions to these informative and interactive lecture programs.

Balance and Fall Prevention Workshop
 Fight the Fall! This workshop will explain the sensory systems needed for balance, tests for falls risk, common disorders that increase fall risk, and practical tips and exercises to improve/maintain balance. Presented by, Peggy LaRue, Fyzical Therapy and Balance Center.
EDUC0032-028 | Fri | Sep 20 | 9:30–11 a.m.
Fees: Free (1 class)

A Healthy Heart is the Way to a Healthy Life
 Join us for an interactive presentation to learn how your heart will benefit from living a healthy lifestyle. Presented by NCIAP Medical Care, Inc.
EDUC0032-029 | Fri | Oct 11 | 9:30–10:30 a.m.
Fees: Free (1 class)

Is It Normal Aging or Dementia
 As we age, things change. Our bodies and memory start to change. Sometimes we wonder if we may be suffering from Dementia or Alzheimer's or is being forgetful just a normal part of aging? Presented by Trish Cook, Owner of Cook Care Management.
EDUC0032-030 | Fri | Dec 6 | 9:30–10:30 a.m.
Fees: Free (1 class)

Stop the Bleed

Join WakeMed Trauma Service and STOP THE BLEED to learn the basic actions one can take to stop excessive bleeding. Take this course and become empowered to make a life-or-death difference when a bleeding emergency happens.

EDUC0032-031 | Fri | Dec 13 | 9:30–10:30 a.m.
Fees: Free (1 class)

Boomers Series | Ages: 18+

These classes answer key questions about aging or caring for older loved ones.

Fees: Free (1 class)

Selling Your Home in Today's Market

Our goal is to help homeowners understand what to expect when you decide to relocate. Our intention is to save you money, hassle, and time. Even more than that, we want to help you make informed and educated decisions. Presented by Freda Hamlett, Milestone Moves Realty.

EDUC0033-021 | Fri | Sep 6 | 9:30–11 a.m.

Medicare 101

Listen to a presentation on the basics of Medicare. Learn when and how to apply for the different Medicare coverage options and how to determine which option best meets your healthcare needs. NC Dept. of Insurance, Senior Health Insurance Information Program (SHIIP).

EDUC0033-022 | Fri | Sep 27 | 10 a.m.–12 p.m.

Downsizing 1.0

Do you have a desire to create a more organized and personally satisfying space? We will discuss both the emotional and physical aspects of decluttering and will provide practical strategies for decluttering your home. Presented by Freda Hamlett, Milestone Moves Realty.

EDUC0033-023 | Fri | Oct 4 | 9:30–11 a.m.

ACA/Obama Care—Options before Medicare
 Leaving employer or Cobra coverage and not yet Medicare eligible? Join us to learn about healthcare coverage options like ACA / Obama Care, and how to use healthcare.gov. Presented by Schaefer Business Associates.

EDUC0033-024 | Thu | Oct 31 | 9:30–11 a.m.

Aging with Confidence

Interactive panel seminar to discuss legal & financial considerations of planning for future care needs including senior living options, so that you and your loved ones can age with confidence and have peace of mind when life happens. Sanjay Das, Agency CEO of Always Best Care, Raleigh.

EDUC0033-025 | Fri | Nov 1 | 9:30–11 a.m.

Aging in Place

We adapt our homes for many reasons so why not adapt it to accommodate ourselves as we age? Learn to incorporate the principles of Aging in Place, fall prevention and NOT make our houses look like a hospital institution. Presented by Cayla Juliana, An Ounce of Prevention.

EDUC0033-026 | Fri | Nov 22 | 9:30–10:30 a.m.

Financial Series

You can always improve your financial wellness. These seminars are an investment in your future!

Fees: Free (1 class)

To Trust or Not to Trust

People get talked into making a “trust” document but most of us don’t need it. This presentation discusses who would need it and who should not consider it. Also, other simple alternatives that will still give the advantages of a “trust”. Presented by Mo Vidwans, Vidwans Financial.

EDUC0034-009 | Fri | Sep 13 | 9:30–10:30 a.m.

Making Your Money Last

Learn investment building strategies to help last throughout one’s retirement years and explore key concerns such as inflation, health care expenses, market volatility and preparing in advance for things that may not go as expected. Presented by Kenn Buckner, Edward Jones.

EDUC0034-010 | Fri | Oct 18 | 9:30–10:30 a.m.

ADDITIONAL PROGRAMS

Senior Health Insurance Information

The Senior Health Insurance Information Program (SHIIP) answers questions and counsels Medicare beneficiaries and caregivers about Medicare, Medicare supplements, Medicare Advantages, Medicare prescription drug plans, long-term care insurance and other health insurance concerns.

The Memory Café

The Memory Cafe of Cary is a fun, safe, and welcoming place for Cary residents with Alzheimer’s and Dementia as well as their primary caregiver.

Join us for fellowship, dinner, music, and dancing. Meets second Tuesday of each month. Contact: Jimmy Lovejoy, jlovejoy@nc.rr.com, (919) 608–0063.

Legal Essentials

At these free seminars, you’ll hear from lawyers, specialists, and experts about practical legal information to protect you and your loved ones.

Fees: Free (1 class)

Estate Planning Basics

What is the difference between “estate planning” and having a will? Understand what a will, power of attorney, and what a trust can and cannot do. Learn ways to avoid probate, the most important being Beneficiary Designation Forms. Presented by Tom McCuiston, McCuiston Law Offices.

EDUC0035-011 | Fri | Sep 27 | 9:30–10:30 a.m.

Important Documents Everyone Should Have

Learn what core documents make up the foundation of a good estate plan—you need more than a will! Presented by Carolina Estate Counsel, division of Huston Law firm.

EDUC0035-012 | Fri | Oct 25 | 9:30–10:30 a.m.

Support Groups | Ages: 18+

Resources for Seniors Inc. and the Cary Senior Center provide numerous groups to support concerns that we encounter as we age. These groups provide opportunities to share experiences, explore options, and learn from others facing similar situations.

Caregivers Support Group

Have you experienced the loss of a loved-one, family member or friend? Join others for relaxed discussions and social activities that help with the challenges of adjusting to a loss. Meets first Monday monthly. Sponsored by Heartland Hospice and Resources for Seniors Inc.

EDUC0036-008 | Mon | Sep 16–Dec 16 | 1–2 p.m.
Fees: Free (4 classes)

Pathways to Peace

Have you experienced the loss of a loved-one, family member or friend? Join others for relaxed discussions and social activities that help with the challenges of adjusting to a loss. Meets first Monday monthly. Sponsored by Heartland Hospice and Resources for Seniors Inc.

EDUC0036-007 | Mon | Oct 7–Dec 2 | 1–2 p.m.
No Class: Nov 04
Fees: Free (2 classes)

Technology

Apple Computers | Ages: 50+

Getting to Know Your iPhone

Apple Assistant, SIRI is part of iPads and iPhones. If you learn to use it, you will find it has many convenient voice-driven functions including texting, emailing, getting online information and more. “iOS Basics” or “Getting to Know Your iPhone” class is a prerequisite.

EDUC0018-015 | Wed & Fri | Sep 11–13 | 1:30–4 p.m.
EDUC0018-016 | Wed & Fri | Dec 4–6 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Apple Watch

This course will cover basic functions of the latest personal technology from Apple as well as helpful tips and tricks to enhance your knowledge. It will also cover the new medical advances of the latest version which include a one-lead EKG and fall detection.

EDUC0018-020 | Mon | Sep 16 | 9:30 a.m.–12 p.m.
EDUC0018-021 | Mon | Oct 28 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Introduction to Mac

Apple’s Macintosh computers are popular because of their ease of use and enhanced security. You will learn the basics of purchasing hardware, the Macintosh operating system, how to use the included applications, and how to purchase and download apps. Bring your Mac.

EDUC0018-026 | Mon | Sep 23–Oct 7 | 9:30 a.m.–12 p.m.
Fees: \$15 Res | \$20 Non-Res (3 classes)

iOS: Going Further with Built-In Apps

Learn about the apps that are included with your iPhone/iPad, including Contacts, Calendar, Camera, Photos, and FaceTime. Advanced settings will also be covered. The iOS Basics or Getting to Know Your iPhone class is a prerequisite.

EDUC0018-017 | Wed & Fri | Oct 2–4 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Talking to SIRI

Apple Assistant, SIRI is part of iPads and iPhones. If you learn to use it, you will find it has many convenient voice-driven functions including texting, emailing, getting online information and more. “iOS Basics” or “Getting to Know Your iPhone” is a prerequisite.

EDUC0018-014 | Mon | Oct 14 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

iOS: Going Further With New Content

Millions of apps and digital media items are available for your iPhone/iPad. Learn to search and download items from the App Store, iTunes, iBooks, and more. “iOS Basics” or “Getting to Know Your iPhone” is a prerequisite. Bring your device.

EDUC0018-019 | Mon | Oct 21 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

iPhone Tips and Tricks

Most iPhone users are unaware of what an iPhone can do. These 15 iPhone tips and tricks could make your life easier and help you use your phones more productively. Tips include battery usage, typing, contacts, notes, maps and calendar for beginners and seasoned users.

EDUC0018-024 | Wed | Oct 23 | 1:30–4 p.m.
EDUC0018-025 | Wed | Nov 20 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Taking, Editing and Sharing Your iPhone/iPad Photos

Learn the best ways to take, edit, and share those digital photos on your iPhone/iPad. "iOS Basics" or "Getting to Know Your iPhone" is a prerequisite. Bring your iPad/iPhone.

EDUC0018-018 | Wed & Fri | Oct 30–Nov 1 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Introduction to iCloud

iCloud is an Apple service for syncing and storing data and documents across multiple devices. You'll learn how to set up an account and make the best use of the service. "iOS Basics" or "Getting to Know Your iPhone" is a prerequisite. Bring devices to class.

EDUC0018-022 | Mon | Nov 4 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Make a Movie with Your iPhone/iPad

Make a short movie of yourself reading a bedtime story for your grandchildren or create any motion picture using still photography, video, voiceover, and background music. "iOS Basics" or "Getting to Know Your iPhone" is a prerequisite. You must download the iMovie app.

EDUC0018-023 | Wed & Fri | Nov 6–8 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

General Technology

Artificial Intelligence

What is artificial intelligence (AI) and how is it influencing your life today? Learn what AI can do today and how it will impact our lives in the future. This is a high-level, non-technical overview of the field of AI, including chatbots and robots.

EDUC0022-022 | Mon | Sep 9 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Cloud Computing

What is the "cloud" that computer users talk about and where is it? Join us to explore ways you can use cloud computing to store your photos, documents, music, or videos without taking up space on your own computer.

EDUC0022-023 | Wed | Sep 18 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Introduction to Genealogy

This class will demonstrate genealogy programs and software that will enable you to set up a family tree and search for other relatives using a combination of free and paid programs.

EDUC0022-025 | Wed | Oct 9 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Controlling Your Online Identity

Learn how to protect your computer from viruses and other malicious programs. You will also learn about firewalls and other protective measures you can take to keep your computer safe.

EDUC0022-024 | Mon | Nov 18 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Electric Vehicles

Learn all about EVs, with a focus on plug-in, all-electric cars: their advantages and limitations, what they are like to drive, costs of owning and operating, charging considerations (at home and on the road), myths and realities, future trends, and much more!

EDUC0022-027 | Fri | Nov 22 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Virtual Reality

With virtual reality enjoy playing golf with friends, explore childhood neighborhoods, do physical fitness or be a part of a monthly book club without having to leave home. This class delves into ways in which virtual reality can prove to be beneficial for seniors.

EDUC0022-028 | Mon | Dec 2 | 9:30 a.m.–12 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Google | Ages: 50+

Google Searching & Google Apps

Android smartphones are available from many manufacturers and work with all major cell phone service providers. Learn how to set up and use these devices and their applications. You must be familiar with the basic operations of your device prior to class. Bring your phone.

EDUC0020-018 | Mon & Tue | Sep 9–10 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Google Earth

Google Earth is a tool available in Google Tools that allows you to travel around the world or investigate your neighborhood. Just enter it in the directions, and Google Earth will take you there. You can even enter many buildings and museums and look around.

EDUC0020-012 | Fri | Sep 13 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Using Your Android Phone

Android smartphones are available from many manufacturers and work with all major cell phone service providers. Learn how to set up and use these devices and their applications. You must be familiar with the basic operations of your device prior to class. Bring your phone.

EDUC0020-011 | Fri | Sep 20 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Gmail: The Basics and Beyond

Learn to generate contacts and mailing lists, move emails into folders (labels) that you create, modify mail settings to your desired preferences, enhance the Gmail display, add a picture to your Gmail profile, and more. Bring your Gmail password and your phone to class.

EDUC0020-014 | Wed & Thu | Sep 25–26 | 1:30–4 p.m.
Fees: \$10 Res | \$12 Non-Res (2 classes)

Google Drive

Google Drive features free online file storage accessible from all your computing devices. Google Drive also includes web apps for creating and sharing documents, spreadsheets, presentations, and more. Collaboration between multiple users is its most useful feature.

EDUC0020-013 | Fri | Oct 4 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

REFUNDS/WITHDRAWALS

A participant wanting to withdraw from a class, program, or league that has not been canceled by the Town must request to be withdrawn in writing at least seven (7) calendar days before the scheduled start of a class, program, or league's first game. To withdraw outside of the 7-day window, log into your RecTrac account, navigate to 'History & Balances' and select 'Cancellations.' To withdraw within the 7-day window, send an email to 311@carync.gov.

Google Docs Basics

Learn word processing with Google Docs, a free, powerful alternative to MS Word. Google Docs supports voice typing, online collaboration, editing MS Word documents, and more. This is for both word-processing novices and those considering migrating to Google Docs.

EDUC0020-015 | Tue & Wed | Oct 8–9 | 9:30 a.m.–12 p.m.
EDUC0020-016 | Tue & Wed | Nov 19–20 | 9:30 a.m.–12 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Taking, Editing and Sharing Your Android Photos

This class will teach you how to take pictures with an Android phone, the various camera settings, and options available when setting up and framing photos and videos. It will also cover photo editing and sharing pictures with others. You will learn how to save pictures locally on your phone, synching them to the cloud and transferring them to your computer.

EDUC0020-017 | Wed & Fri | Oct 16–18 | 1:30–4 p.m.
Fees: \$10 Res | \$13 Non-Res (2 classes)

Home Technology | Ages: 50+

Managing Medicare on the Internet

Are you frustrated with ever-increasing cable TV bills? Learn how to build a triple-play system with TV, Phone & Internet at a fraction of the cost. Hear the latest about streaming, VOIP, and the equipment needed to watch what you want for less.

EDUC0052-012 | Wed | Sep 11 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Cutting the Cable

Are you frustrated with ever-increasing cable TV bills? Learn how to build a triple-play system with TV, Phone & Internet at a fraction of the cost. Hear the latest about streaming, VOIP, and the equipment needed to watch what you want for less.

EDUC0052-008 | Wed | Sep 25 | 1:30–4 p.m.
Fees: \$5 Res | \$6 Non-Res (1 class)

Streaming TV

Did you know there are many ways to watch Netflix, Disney+, HBO Max, or YouTube on your TV? Do you know all the many streaming services, both subscription and free? This seminar will help you understand the hardware and video service options available.

EDUC0052-009 | Fri | Oct 11 | 1:30–4 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Buying a Computer

There are so many computers to choose from! Learn valuable information about buying a computer before you spend your money. We'll describe the types of choices you have and help you break them down into appropriate categories to select one that meets your needs.

EDUC0052-014 | Thu | Nov 21 | 9:30 a.m.–12 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Safe Computing

Learn about threats to your online security and privacy and how to protect yourself using best practices and tools, including two-factor authentication (2FA) methods, password managers, browser extensions, and more. The advice given applies to all popular computing platforms and smartphones.

EDUC0052-013 | Mon | Dec 9 | 9:30 a.m.–12 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Enhancing Your Digital Pictures

Make the most of your pictures taken with a digital camera or smartphone. Learn how to upload images to your computer. Using the PhotoScape X Freeversion, you'll practice techniques to improve picture quality and add special effects to your photos, and a Flash drive is required.

EDUC0052-010 | Mon-Wed | Dec 9–11 | 1:30–4 p.m.

Fees: \$15 Res | \$20 Non-Res (3 classes)

Home Surveillance

Need to monitor your home, remote property, pets, or elderly relatives? This seminar describes setting up a Wi-Fi camera surveillance system that can be watched from your phone, tablet, or computer to receive real-time alerts, live video(1080i), past events, and more.

EDUC0052-011 | Wed | Dec 11 | 1:30–4 p.m.

Fees: \$5 Res | \$6 Non-Res (1 class)

Windows | Ages: 50+

Exploring Windows 11

This class will discuss basic Microsoft Office applications including Word (word processing), PowerPoint (slide show presentations), and Excel (basic spreadsheets). Must bring your own flash drive.

EDUC0019-014 | Mon-Thu | Sep 16–19 | 9:30 a.m.–12 p.m.

EDUC0019-015 | Mon-Thu | Dec 2–5 | 9:30 a.m.–12 p.m.

Fees: \$20 Res | \$26 Non-Res (4 classes)

Intro to Microsoft Office

This class will discuss basic Microsoft Office applications including Word (word processing), PowerPoint (slide show presentations), and Excel (basic spreadsheets). Must bring your own flash drive.

EDUC0019-011 | Tue-Thu | Oct 1–3 | 1:30–4 p.m.

Fees: \$15 Res | \$20 Non-Res (3 classes)

Protecting You and Your Computer

This hands-on class covers viruses, ransomware, updating your virus signatures/OS, Windows backups, and computer longevity. Learn freeware like Malwarebytes and Glary Utilities and a paid program, Acronis Cyber Protection. Intermediate and advanced skills everyone should know. Flash drive required.

EDUC0019-016 | Mon-Thu | Oct 7–10 | 1:30–4 p.m.

Fees: \$20 Res | \$26 Non-Res (4 classes)

Free Alternatives to Microsoft Office

Libre Office is a free office suite available on the internet. This Microsoft Office-compatible suite includes standard office applications for word processing, slide presentations, creating spreadsheets, and more. In this class you will learn how to obtain and use the features of Libre Office.

EDUC0019-013 | Mon-Thu | Oct 21–24 | 1:30–4 p.m.

Fees: \$20 Res | \$26 Non-Res (4 classes)

Organize/Personalize Your Windows 11 Computer

Explore the Windows 11 Start Menu and File Explorer. Learn how to organize and manipulate files and folders and how to personalize your computer. We'll change the desktop background, make the text larger, create shortcuts for the desktop and more. A flash drive is required.

EDUC0019-012 | Mon-Thu | Nov 4–7 | 9:30 a.m.–12 p.m.
Fees: \$20 Res | \$26 Non-Res (4 classes)

Excel 1

Excel is a comprehensive and popular spreadsheet program that will help you organize, format, and calculate numerical and word data. You'll learn beginning terminology and how to create and print documents. A flash drive is required.

EDUC0019-017 | Mon-Fri | Nov 4–8 | 1:30–4 p.m.
Fees: \$25 Res | \$33 Non-Res (5 classes)

Excel 2

Building on the knowledge and capabilities of Excel 1, this course will provide information on linking data, creating charts, graphs, and pivot tables. Analyze household expenses, track investments, and more! A flash drive is required.

EDUC0019-018 | Mon-Wed | Nov 18–20 | 1:30–4 p.m.
Fees: \$15 Res | \$20 Non-Res (3 classes)

Events

Flu Shot Clinic

Roll up your sleeve, it's time to get protection from the flu! Pneumonia and flu immunizations available. Both free with most forms of Medicare or insurance. Bring your Medicare and/or insurance card. Call the Cary Senior Center at (919) 469–4061 to register. Provided by Walgreens.

EVEN0026-001 | Thu | Sep 12 | 9:30 a.m.–11:30 p.m.
Fees: Free (1 class)

Holiday Cookie Exchange

Tis the season to gather and socialize over a meal. Join us for a potluck lunch in celebration of all holidays during this festive time of year. Admission will be an item to share.

EVEN0012-002 | Fri | Dec 13 | 10–11 a.m.
Fees: Free (1 class)

Holiday Potluck

EVEN0012-001 | Fri | Dec 13 | 12–1:30 p.m.
Fees: Free (1 class)

Witches Tea Party

"Eye of newt, and toe of frog, wool of bat, and tongue of dog!" What possible surprises will we brew? Tasty treats and hot teas, or maybe some lizard legs and spider knees. Costumes are welcome but not required. Reserve your spot by Oct. 2.

EVEN0005-003 | Fri | Oct 11 | 2–3:30 p.m.
Fees: \$15 Res | \$20 Non-Res (1 class)

Veterans Luncheon

Join the Town of Cary at Prestonwood Country Club as we honor all veterans during this annual luncheon event. A patriotic program, catered lunch, and entertainment await you. Visit with your Town Council members.

EVEN0015-001 | Fri | Nov 8 | 11 a.m.–1 p.m.
Fees: Free (1 class)

Location: Prestonwood Country Club

Waterfront Picnic

End the summer season with a picnic! Enjoy a catered lunch at the Bond Park Boat House. After lunch, stick around and socialize while "rocking" on the deck or using pedal boats. Registration includes free rental of pedal boats, lunch, and a refreshing dessert. The rain location will be Cary Senior Center Ballroom.

EVEN0014-001 | Fri | Sep 13 | 12:30–2:30 p.m.
Fees: \$15 Res | \$20 Non-Res (1 class)

Location: Bond Park Boathouse

Fitness and Wellness

12 Day of FITmas: Downtown Cary Park

Stretch and Refresh

Join our 12 Days of FITmas to keep active and energized throughout the holiday season! In this rendition, Dr. Carlie Huberman, DPT from Elite Arts Physical Therapy will lead a Stretch and Refresh Class! Seated in chairs, seniors can improve mobility and flexibility in a fun and safe, group fitness atmosphere. Dr. Carlie is a physical therapist who specializes in teaching flexibility and mobility in a way that is pain free and not intimidating.

FITN0064-001 | Mon | Dec 9 | 10–11 a.m.

Fees: Free (1 class)

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Aging Backwards Yoga

Feel healthy, strong, and empowered! Improve your posture and balance, relieve chronic pain, increase flexibility, and renew your energy. Rebalance your body by stretching and strengthening your muscles and feel the benefit of lubricating your joints.

Fridays

FITN0045-012 | Fri | Sep 6–Oct 18 | 9–9:45 a.m.

FITN0045-013 | Fri | Oct 25–Dec 20 | 9–9:45 a.m.

No Class: Nov 15, Nov 29

Fees: \$50 Res | \$65 Non-Res (7 classes)

Instructor: Pat Connolly

Tuesdays

FITN0045-010 | Tue | Sep 10–Oct 22 | 10–10:45 a.m.

FITN0045-011 | Tue | Oct 29–Dec 17 | 10–10:45 a.m.

No Class: Nov 12

Fees: \$50 Res | \$65 Non-Res (7 classes)

Instructor: Pat Connolly

Chair Yoga

This gentle form of yoga uses a stable, secure chair to support movement into/out of traditional basic poses. Strengthen muscles and joints, improve balance, learn deep breathing, reduce stress, enhance well-being, and gain flexibility, strength, and mobility.

FITN0044-006 | Tue | Sep 10–Oct 22 | 1–1:50 p.m.

FITN0044-007 | Tue | Oct 29–Dec 17 | 1–1:50 p.m.

Fees: Free (8 classes)

Instructor: Pat Smith

Location: Bond Park Community Center

EZ Step and Strength

This class is an easy-to-follow, basic step aerobics and strength-conditioning class. It promises to be fun, a bit challenging, and designed to improve our cardio, balance, strength, and coordination, vital to staying active as we go through life.

Tuesdays

FITN0031-009 | Tue | Sep 10–Oct 15 | 11–11:45 a.m.

FITN0031-010 | Tue | Oct 22–Dec 10 | 11–11:45 a.m.

No Class: Oct 29, Nov 12, Nov 26

Fees: \$38 Res | \$49 Non-Res (5 classes)

Instructor: Linda Caul

Thursdays

FITN0031-011 | Thu | Sep 12–Oct 17 | 11–11:45 a.m.

Fees: \$38 Res | \$49 Non-Res (6 classes)

FITN0031-012 | Thu | Oct 24–Dec 12 | 11–11:45 a.m.

No Class: Oct 31, Nov 14, Nov 28

Fees: \$31 Res | \$40 Non-Res (5 classes)

Instructor: Linda Caul

Functional Fitness

Join us for a total body workout that keeps your mind, body, and heart healthy. Functional Fitness incorporates meditation, joint mobility, low-impact cardio, lightweight lifting, and yoga. This class can be done standing or in a chair. Registered participants will receive a Webex invitation via email prior to the start of the program.

FITN0026-006 | Mon & Wed | Sep 9–Oct 23 | 4–5 p.m.

Fees: \$35 Res | \$42 Non-Res (14 classes)

FITN0026-007 | Mon & Wed | Oct 28–Dec 18 | 4–5 p.m.

No Class: Nov 11, Nov 27, Dec 02

Fees: \$35 Res | \$42 Non-Res (13 classes)

Instructor: Stacy Smith

Location: Virtual

Gentle Fit Fusion

A gentle joint-friendly class consisting of warm-up, low-impact aerobics (no jumping, etc.) Standing strength using bands, dumbbells, and more. The last portion of the class will be on the mat with joint-friendly movements with a focus on the core. Ending with stretches and relaxation.

FITN0060-003 | Thu | Sep 12–Oct 24 | 9–9:45 a.m.
Fees: \$46 Res | \$59 Non-Res (7 classes)

FITN0060-004 | Thu | Oct 31–Dec 19 | 9–9:45 a.m.
No Class: Nov 14, Nov 28

Fees: \$39 Res | \$51 Non-Res (6 classes)
Instructor: Audy Brady

Gentle Yoga

It is designed for those who want a thorough but gentle whole-body stretch. This program will renew you from head to toe. With practice, you will have healthier joints, more flexible muscles, better balance, and a more relaxed, centered mind.

Mondays

FITN0033-015 | Mon | Sep 9–Oct 28 | 1–1:45 p.m.

FITN0033-016 | Mon | Nov 4–Dec 30 | 1–1:45 p.m.
No Class: Nov 11

Fees: \$72 Res | \$55 Non-Res (8 classes)
Instructor: Kelly Winner

FITN0033-012 | Thu | Sep 12–Oct 24 | 10–10:45 a.m.
Fees: \$50 Res | \$65 Non-Res (7 classes)

FITN0033-013 | Thu | Oct 31–Dec 19 | 10–10:45 a.m.
No Class: Nov 14, Nov 28

Fees: \$43 Res | \$56 Non-Res (6 classes)
Instructor: Pat Connolly

Golden Beats Drum Circle with Linda

Together, let's discover the joy of drumming. No prior experience is necessary, just a willingness to take a rhythmic journey that celebrates, creating, sharing & community. You will need a hand drum or tambourine, shaker, sticks, or any kind of hand percussion instrument is welcome.

FITN0038-004 | Mon | Sep 9–Oct 7 | 4–5:50 p.m.
Fees: Free (5 classes)
Instructor: Linda Caul

Helen Merentino Line Dance Program

Absolute Beginner Line Dance—Mondays

Line dance is a fun, choreographed dance routine performed to mainstream pop, oldies, country, and international music. Enjoy this exercise for your body and mind. This class is for those new to line dancing or who want to learn new steps at a slower pace.

FITN0029-027 | Mon | Sep 9–Dec 9 | 2–2:45 p.m.
No Class: Nov 11

FITN0029-028 | Mon | Sep 9–Dec 9 | 3–3:45 p.m.
No Class: Nov 11

Fees: Free (13 classes)
Instructor: Patricia Smith

Intermediate/Advanced Line Dance—Tuesdays

Instructors teach dancing old favorites and new line dances in various genres (country, waltz, NC, Rolling 8, cha-cha). Participants in this advanced-level class must be proficient in line dance steps and able to dance intermediate/advanced-level dances.

FITN0029-033 | Tue | Sep 10–Dec 10 | 1–2:45 p.m.
No Class: Nov 12, Dec 24

Fees: Free (13 classes)
Instructor: Jeannette Moss and Dawn Searer

Thursdays

Instructors teach dancing old favorites and new line dances in a variety of genres (country, waltz, NC, Rolling 8, cha-cha). Participants in this advanced-level class must have proficiency in line dance steps and the ability to dance intermediate/advanced-level dances. Classes take place at Bond Park Community Center's Magnolia Gym on Oct 17, 24, 31, Nov 14

FITN0029-032 | Thu | Sep 12–Dec 12 | 2:15–3:45 p.m.
No Class: Nov 28

Fees: Free (13 classes)
Instructor: Jeannette Moss and Dawn Searer



Absolute Beginner Line Dance—Thursdays

Line dance is a fun, choreographed dance routine performed to mainstream pop, oldies, country, and international music. Enjoy this exercise for your body and mind. This class is for someone new to line dancing or wanting to learn new steps at a slower pace. This class is for someone new to line dancing or wishing to learn new steps at a slower pace. Meet at BPCC Magnolia Gym Oct 14, 24, 31.

FITN0029-029 | Thu | Sep 12–Dec 12 | 9:15–10:15 a.m.

No Class: Nov 14, Nov 28

Fees: Free (12 classes)

Instructor: Patricia Smith

Social Line Dance

Requires a knowledge of basic line dance steps and an eagerness to interact with other dancers. Geared toward fun and social interaction. Enjoy line dancing at an easy pace. Both Absolute Beginner and Beginner dances are taught. Meet at Bond Park Community Centers Magnolia Gym for class on Oct 17.

FITN0029-034 | Thu | Sep 12–Dec 12 | 10:30–11:30 a.m.

No Class: Oct 24, Oct 31, Nov 14, Nov 28

Fees: Free (10 classes)

Instructor: Susan Stanko and Linda Waite

Beginner Line Dance

This class is for those with some line dance experience or those who have completed the Absolute Beginner class. Classes occur at Bond Park Community Center Magnolia Gym on Oct 17, 24, 31, and Nov 14.

FITN0029-030 | Thu | Sep 12–Dec 12 |

11:45 a.m.–12:45 p.m.

No Class: Nov 28

Fees: Free (13 classes)

Instructor: Corinne Kallman

Improver Line Dance

This class is more challenging than the beginner level, and less challenging than the intermediate level. Requires a comfortable familiarity with basic line dance steps. Classes occur at Bond Park Community Center's Magnolia gym on Oct 17, 24, 31, and Nov 14.

FITN0029-031 | Thu | Sep 12–Dec 12 | 1–2 p.m.

No Class: Nov 28

Fees: Free (13 classes)

Instructor: Leslie Stephens

L.I.F.E. With Linda

You will experience a variety of fitness elements, such as cardio, strength, endurance, and flexibility, all while having a good time! (L)ow-impact, (I)mprove physically, (F)un, (E)asy effective movements.

Tuesdays

FITN0030-009 | Tue | Sep 10–Oct 15 | 3–3:45 p.m.

Fees: Free (6 classes)

FITN0030-010 | Tue | Oct 22–Dec 10 | 3–3:45 p.m.

No Class: Oct 29, Nov 12, Nov 26

Fees: Free (5 classes)

Instructor: Linda Caul

Thursdays

FITN0030-011 | Thu | Sep 12–Oct 17 | 3–3:45 p.m.

Fees: Free (6 classes)

FITN0030-012 | Thu | Oct 24–Dec 12 | 3–3:45 p.m.

No Class: Oct 31, Nov 14, Nov 28

Fees: Free (5 classes)

Instructor: Linda Caul

Longevity Fitness Stabilization and Strength

To help prevent falls and injuries, this class aims to increase overall stability through strength and balance exercises.

Fridays

FITN0034-017 | Fri | Sep 6–Oct 18 | 10–10:45 a.m.

FITN0034-018 | Fri | Oct 25–Dec 20 | 10–10:45 a.m.

No Class: Nov 15

Fees: \$49 Res | \$64 Non-Res (8 classes)

Instructor: Kelly Winner

Mondays

FITN0034-015 | Mon | Sep 9–Oct 28 | 11–11:45 a.m.

FITN0034-016 | Mon | Nov 4–Dec 30 | 11–11:45 a.m.

No Class: Nov 11

Fees: \$55 Res | \$72 Non-Res (8 classes)

Instructor: Kelly Winner

Longevity Fitness Cardio and Strength

This class focuses on two goals: 1) improving heart health through cardiovascular exercises and 2) strength-training exercises to increase muscle growth while maintaining vitality. As a result, feel stronger physically, mentally, and emotionally.

Fridays

FITN0034-019 | Fri | Sep 6–Oct 18 | 11–11:45 a.m.

FITN0034-020 | Fri | Oct 25–Dec 20 | 11–11:45 a.m.

No Class: Nov 15, Nov 29

Fees: \$49 Res | \$64 Non-Res (7 classes)

Instructor: Kelly Winner

Mondays

FITN0034-013 | Mon | Sep 9–Oct 28 | 12–12:45 p.m.

FITN0034-014 | Mon | Nov 4–Dec 30 | 12–12:45 p.m.

No Class: Nov 11

Fees: \$55 Res | \$72 Non-Res (8 classes)

Instructor: Kelly Winner

Nia Technique

Nia is a form of fusion fitness for the body, mind, emotions, and spirit. The technique integrates movements from dance, martial arts, and healing arts to condition the whole body, quiet the mind, release stress, and restore the spirit.

Mondays

FITN0035-009 | Mon | Sep 9–Oct 21 | 10–10:45 a.m.

FITN0035-010 | Mon | Oct 28–Dec 16 | 10–10:45 a.m.

No Class: Nov 11

Fees: \$40 Res | \$52 Non-Res (7 classes)

Instructor: Laura Ghantous

Thursdays

FITN0035-011 | Thu | Sep 12–Oct 31 | 4–4:45 p.m.

FITN0035-012 | Thu | Dec 5–19 | 4–4:45 p.m.

Fees: Free (3 classes)

Instructor: Janice Horner

PiYo

We fused Pilates for strengthening abs and building a stronger core with yoga to transform your body and spirit. Feel the self-massage and deeper breathing and leave this innovative class feeling refreshed and relaxed.

FITN0039-005 | Wed | Sep 11–Oct 23 | 9–9:45 a.m.

FITN0039-006 | Wed | Oct 30–Dec 18 | 9–9:45 a.m.

No Class: Nov 13

Fees: \$39 Res | \$51 Non-Res (7 classes)

Instructor: Karee White

Senior Fit, Fun & Strength

This class will focus on strength, low-impact cardio, and balance. There will be no floor core exercises. Instead, this will be a fun, full-body workout class incorporating light weights and resistance bands. Chairs will be available to help with balance, core exercises, lunges, and squats.

FITN0025-006 | Tue & Thu | Sep 3–Oct 17 | 10:15–11 a.m.

Fees: \$42 Res | \$42 Non-Res (14 classes)

Instructor: Karen Eggenberger

Location: Middle Creek Community Center

FITN0025-007 | Tue & Thu | Oct 22–Nov 26 | 10:15–11 a.m.

Fees: \$33 Res | \$33 Non-Res (11 class)

Instructor: Karen Eggenberger

Location: Middle Creek Community Center

Seniors In Motion

One of our most popular senior fitness classes! This is a complete and effective workout designed to complement your needs. Exercise to the tunes you enjoy with friends both old and new. Improve your cardiovascular health, strength, and flexibility with this workout.

FITN0006-006 | Tue & Thu | Sep 17–Oct 10 | 10:45–11:30 a.m.

Fees: \$24.50 Res | \$33 Non-Res (9 classes)

Instructor: Nan Clark

Location: Herbert C. Young Community Center

FITN0006-007 | Tue & Thu | Oct 22–Nov 14 | 10:45–11:30 a.m.

Fees: \$24 Res | \$32 Non-Res (8 classes)

Instructor: Nan Clark

Location: Bond Park Community Center

FITN0006-008 | Tue & Thu | Nov 19–Dec 19 | 10:45–11:30 a.m.

No Class: Nov 28

Fees: \$27 Res | \$36 Non-Res (9 classes)

Instructor: Nan Clark

Location: Herbert C. Young Community Center

Stretch and Refresh: Downtown Cary Park

Join Dr. Carlie Huberman, DPT from Elite Arts Physical Therapy for an hour-long Stretch and Refresh Class for Seniors at Downtown Cary Park! Seated in chairs, seniors can improve mobility and flexibility in a fun and safe, group fitness atmosphere. Dr. Carlie is a physical therapist who specializes in teaching flexibility and mobility to everyone from beginners to experienced movers in a way that is pain free and not intimidating.

FITN0051-007 | Tue | Sep 3 | 10–11 a.m.

FITN0051-008 | Mon | Sep 16 | 10–11 a.m.

FITN0051-009 | Mon | Oct 7 | 10–11 a.m.

FITN0051-010 | Mon | Nov 4 | 10–11 a.m.

FITN0051-011 | Mon | Nov 18 | 10–11 a.m.

Fees: Free (1 class)

Instructor: Carlie Huberman

Location: Downtown Cary Park

Registration opens at 10 a.m. 2 weeks before the program start date, for both Cary residents and non-residents.

Stretch, Flex and Balance

A gentle approach to building flexibility, strength, and balance to maintain an active lifestyle. We incorporate body-weight exercises and stretching exercises to have fun!

FITN0041-003 | Thu | Sep 5–Dec 19 | 11–11:50 a.m.

No Class: Oct 24, Nov 28

Fees: Free (14 classes)

Instructor: Laura Gnewuch

Location: The Hive

T'ai-Chi for Your Health

Beginner Wednesdays

Learn the 1–12 movements of sun style short form.

FITN0028-021 | Wed | Sep 11–Oct 30 | 11–11:45 a.m.

Fees: \$44 Res | \$58 Non-Res (8 classes)

Instructor: Kani Kalra

Intermediate Wednesdays

Learn the 13–41 movements of sun style short form. Prerequisite: beginner level.

FITN0028-023 | Wed | Sep 11–Oct 30 | 12–12:45 p.m.

Fees: \$44 Res | \$58 Non-Res (8 classes)

Instructor: Kani Kalra

Advanced Wednesdays

Learn sun-style modified movements of 73 form.

Prerequisite: beginner and intermediate levels.

FITN0028-025 | Wed | Sep 11–Oct 30 | 1–1:45 p.m.

Fees: \$44 Res | \$58 Non-Res (8 classes)

Instructor: Kani Kalra

Advanced Thursdays

Learn sun-style modified movements of 73 form.

Prerequisite: beginner and intermediate levels.

FITN0028-028 | Thu | Sep 12–Oct 31 | 5:10–6 p.m.

Fees: \$44 Res | \$58 Non-Res (8 classes)

Instructor: Kani Kalra

Table Tennis Open Play

Free, friendly competition for all. New players are always welcome to join in the fun and fellowship of the game.

FITN0037-004 | Fri | Sep 6–Dec 27 | 2:30–5 p.m.

No Class: Nov 15, Nov 29

Fees: Free (15 classes)

Tap Program

Beginning Tap

Get your heart a-pumping and your feet a-tapping as you learn basic tap steps that build into simple dance routines. What a way to tap into life! Wear tap or hard-soled shoes for the first class; tap shoes (available from any local dance store) will be discussed on the first day. A fee of \$2 is due to the instructor.

FITN0032-007 | Wed | Sep 11–Dec 18 | 3–3:45 p.m.

Fees: Free (15 classes)

Instructor: Connie Belton

Intermediate Tap

You've practiced your shuffles and can flap with the best of them. Now it's time to challenge those feet with tried-and-true tap combinations. Whether a Buck Time Step, Soft Shoe Essence, or an intermediate combo, you'll practice rhythm and foot memory as you tap into good health. Payment of \$2 is due to the instructor.

FITN0032-008 | Wed | Sep 11–Dec 18 | 2–2:45 p.m.

No Class: Nov 13

Fees: Free (14 classes)

Instructor: Connie Belton

Weight Training With Balance and Flexibility

Weight-bearing exercise is important for maintaining bone health and preventing osteoporosis. This class is set to upbeat tunes and moves at a faster pace using weights and body-bearing exercises. All fitness levels are welcome.

FITN0040-005 | Mon | Sep 9–Oct 28 | 9–9:45 a.m.

Fees: \$44 Res | \$57 Non-Res (8 classes)

FITN0040-006 | Mon | Nov 4–Dec 23 | 9–9:45 a.m.

No Class: Nov 11

Fees: \$39 Res | \$51 Non-Res (7 classes)

Instructor: Karee White

Zumba® Gold Fitness

Zumba® is a fun and effective workout that is the hottest, most energetic exercise class offered. Set to unique Zumba® Latin and international music, the cardio-based workout uses dynamic dance steps to sculpt and tone the body. Exercise your mind, body, and soul!

Zumba® Gold

FITN0036-009 | Tue | Sep 10–Oct 22 | 9–9:45 a.m.

FITN0036-010 | Tue | Oct 29–Dec 17 | 9–9:45 a.m.

No Class: Nov 12

Fees: \$39 Res | \$51 Non-Res (7 classes)

Instructor: Mya Barghouthi

Zumba® Gold Toning

FITN0036-011 | Wed | Sep 11–Oct 23 | 10–10:45 a.m.

FITN0036-012 | Wed | Oct 30–Dec 18 | 10–10:45 a.m.

No Class: Nov 13

Fees: \$39 Res | \$51 Non-Res (7 classes)

Instructor: Mya Barghouthi

Games and Gatherings

Bingo

Join over 100 people in this game of chance and win cash prizes. Please bring \$1 per card. Registration is required. Meets the second and fourth Tuesdays. No meeting Sep 10, Oct 22, Nov 12, Dec 24

GAME0006-004 | Tue | Sep 24, Oct 8, Nov 26, Dec 10 | 1–3 p.m.

Fees: Free (4 meetings)

Cary Cafe

What's better on a Friday afternoon than visiting with friends over lunch? Each person should bring a potluck dish. We'll provide the beverages and the paper products. Registration is required and ends a week before each event.

GAME0004-008 | Fri | Oct 4 | 11:30 a.m.–1 p.m.

Fees: Free (1 class)

GAME0004-009 | Fri | Dec 6 | 11:30 a.m.–1 p.m.

Fees: Free (1 class)

Dominoes

Learn the exciting and strategic game of dominoes. Join others for the fun and competition. If seating meets capacity, participants will rotate in to play.

GAME0008-004 | Fri | Sep 6–Dec 27 | 1–3:30 p.m.

No Class: Nov 15, Nov 29

Fees: Free (15 classes)

Indian Cultural Cafe

Celebrate Indian culture, fellowship, holidays, and festivals. The program includes skits, singing, games, authentic Indian cuisine, and more. Meets the first Wednesday Monthly. (No Sep, Nov Meetings)

GAME0010-004 | Wed | Oct 2, Dec 4 | 1–5 p.m.

Fees: Free (2 meetings)

Learn to Play Mah Jongg

Learn the basics of American Mah Jongg. Once you complete all 4 class, you will have the tools you need to play Open Mah Jongg. Bring a scorecard purchase from the National Maj Jongg League.

GAME0012-001 | Mon | Sep 9–30 | 12:30–2:30 p.m.

Fees: Free (4 classes)

Mah Jongg

Bring your own cards. Players will rotate in if tables are full. All skill levels are welcome, but you must know how to play.

Open Play—Fridays

GAME0003-012 | Fri | Sep 6–Dec 27 | 10 a.m.–12:30 p.m.

No Class: Nov 15, Nov 29

Fees: Free (15 classes)

Open Play—Wednesdays

GAME0003-011 | Wed | Sep 11–Dec 18 | 11 a.m.–3 p.m.

No Class: Nov 13

Fees: Free (14 classes)

Newcomers Coffee

New to the area? Our brochure can be overwhelming; you might need help figuring out where to start. Join us as you chat with other newcomers and our staff. Enjoy delicious treats and coffee.

GAME0005-008 | Fri | Oct 4 | 10–11 a.m.

Fees: Free (1 class)

GAME0005-009 | Fri | Dec 6 | 10–11 a.m.

Fees: Free (1 class)

Open Cards

Stimulate your brain while socializing with friends. Registration is required. Should seats become full for a game, participants will rotate in for the next game.

GAME0007-004 | Tue & Thu | Sep 10–Dec 19 | 9 a.m.–12 p.m.

No Class: Nov 12, Nov 14, Nov 28, Dec 24, Dec 26

Fees: Free (27 classes)

Open Games

Grab your boards, blocks, tiles etc., and meet up with friends at this open play time. Games like Rummikub, chess, sequence, and more can be played during this time slot. First come, first serve for this drop-in program.

GAME0011-004 | Tue | Sep 10–Dec 31 | 12:30–2:50 p.m.

No Class: Nov 12, Dec 24

Fees: Free (15 classes)

Social Bridge

Social bridge: rubber bridge, auction bridge, or contract bridge is a card game that requires skill, luck, and card sense. You can come with a partner or without. This game is casual and friendly. Players rotate in when tables are full. New players are always welcome! Must know how to play bridge.

Morning Bridge

GAME0002-012 | Mon | Sep 9–Dec 30 | 9 a.m.–12 p.m.

No Class: Nov 11

Fees: Free (16 classes)

Afternoon Bridge

GAME0002-013 | Tue | Sep 10–Dec 31 | 3–5:30 p.m.

No Class: Nov 12, Dec 24

Fees: Free (15 classes)

Duplicate Bridge

GAME0002-014 | Thu | Sep 12–Dec 12 | 12:30–4 p.m.

Fees: Free (6 classes)

Duplicate Bridge | Ages: 18+

Duplicate Bridge is a popular variation of contract bridge that is widely used in club and tournament play. The term “duplicate” refers to the fact that the same bridge hand is played at each table, and scoring is based on performance, which removes the element of chance from the equation. Registration is not required. \$10 cash fee due to Instructor each session.

GAME0001-008 | Tue | Sep 3–Dec 31 | 10 a.m.–1 p.m.

No Class: Dec 24

Fees: Free (17 classes)

Instructor: Barbara Hudson

Location: Herbert C. Young Community Center

GAME0001-007 | Thu | Sep 5–Dec 19 | 10 a.m.–1 p.m.

No Class: Nov 28, Dec 26

Fees: Free (15 classes)

Instructor: Barbara Hudson

Location: Middle Creek Community Center

Seniors On the Go

Joseph and the Amazing Technicolor Dreamcoat Trip

Sanford’s Temple Theatre kicks off a new season with the ‘pop cantata’ featuring lyrics by Tim Rice and music by Andrew Lloyd Webber, when the creatives were 22 and 19 years old, respectively. Based on the character of Joseph from the Bible, the musical remains a fan favorite after 56 years. Enjoy lunch at Café Vesuvio and a cool treat before the show. HIVE pickup at 10:45 a.m. Dropoff at 5:15 p.m.

Fees: \$42 Res | \$55 Non-Res (1 class)

Trip 1

TRIP0003-001 | Thu | Sep 5 | 10:15 a.m.–5:45 p.m.

Trip 2

TRIP0003-002 | Sat | Sep 14 | 10:15 a.m.–5:45 p.m.

Trip 3

TRIP0003-003 | Thu | Sep 19 | 10:15 a.m.–5:45 p.m.

Inside the Auction House Trip

Let’s learn the ins and outs of the auction business at Leland Little Auctions in Hillsborough. After we browse through the gallery, Leland will share insights of the auction market during his 40-year career. and will provide of tour of the facility. We’ll enjoy lunch in Hillsborough and a cool treat before returning to Cary. HIVE pickup at 9 a.m. Dropoff at 4:30 p.m.

TRIP0002-001 | Tue | Sep 10 | 8:30 a.m.–5 p.m.

Fees: \$20 Res | \$26 Non-Res (1 class)

Bull Durham: The Musical Trip

Celebrate the regional debut of the classic baseball love triangle, premiering at Reynolds Industries Theater on the Duke campus. “... loosely based on Ron Shelton’s experiences on and off the field with a Minor League Baseball team, *Bull Durham* tells the story of three lives brought together by America’s two favorite pastimes. *Bull Durham* is a pitch-perfect blend of comedy, drama, and steamy romance.” HIVE pickup at 4:15 p.m. Dropoff at 10:30 p.m.

Fees: \$58 Res | \$75 Non-Res (1 class)

Trip 1

TRIP0006-001 | Thu | Sep 12 | 3:45–11 p.m.

Trip 2

TRIP0006-002 | Tue | Sep 17 | 3:45–11 p.m.

Trip 3

TRIP0006-003 | Thu | Sep 19 | 3:45–11 p.m.

Jordan Lake Tour Trip

Relax and enjoy a comfortable pontoon-boat ride while Captain Dave shares the historic, scientific, and environmental perspectives on the vital role the lake plays in our region. View wildlife and breathtaking scenery with photo ops of majestic bald eagles and other birds, turtles, beavers, deer, and more. We’ll enjoy lunch before returning to Cary. Weather dependent. Water and snacks provided. HIVE pickup at 10 a.m. Dropoff at 3:30 p.m.

Fees: \$43 Res | \$56 Non-Res (1 class)

Trip 1

TRIP0005-001 | Wed | Sep 18 | 9:30 a.m.–4 p.m.

Trip 2

TRIP0005-002 | Thu | Sep 26 | 9:30 a.m.–4 p.m.

Trip 3

TRIP0005-003 | Mon | Sep 30 | 9:30 a.m.–4 p.m.

NC Symphony: Symphonie Fantastique & Prokofiev Violin Concerto Trip

Savor the specialties of SPIRITS Pub before the concert with conductor Carlos Miguel Prieto and violinist James Ehnes. We'll enjoy dinner before the show. HIVE pickup at 4 p.m. Dropoff at 11:15 p.m.

TRIP0007-001 | Fri | Sep 20 | 4:30–10:45 p.m.

Fees: \$63 Res | \$82 Non-Res (1 class)

Historic Stagville Trip

The NC State Historic Site is dedicated to teaching about the lives and work of enslaved people on one of the largest plantations in NC. We'll enjoy brunch before our private walking tour of Stagville. Then we're off to ZincHouse to enjoy one of Durham's newest wineries and an afternoon snack. HIVE pickup at 10:30 a.m. Dropoff at 5 p.m.

TRIP0008-001 | Wed | Sep 25 | 10 a.m.–5:30 p.m.

Fees: \$30 Res | \$39 Non-Res (1 class)

NC Symphony: Friday Favorites Trip

Join guest conductor Joseph Peters for his interpretation of Beethoven's Symphony No. 8. We'll enjoy a late lunch after the performance. HIVE pickup at 10:30 a.m. Dropoff at 4 p.m.

TRIP0009-001 | Fri | Sep 27 | 11 a.m.–3:30 p.m.

Fees: \$44 Res | \$58 Non-Res (1 class)

Laurel Canyon Concert @ Theatre Raleigh Trip

One of the most sacred musical places in the '60s and early '70s sits just above the Sunset Strip. Laurel Canyon became a nest of creativity with resident artists including Joni Mitchell, Buffalo Springfield, The Mamas and the Papas, and Crosby, Stills & Nash. Reminisce at the cabaret-style concert followed by an early dinner. HIVE pickup at 12:45p; Dropoff at 6:30 p.m.

TRIP0010-001 | Sat | Sep 28 | 12:15–7 p.m.

Fees: \$57 Res | \$74 Non-Res (1 class)

& Juliet @ DPAC Trip

Created by the Emmy®-winning writer from "Schitt's Creek," this hilarious new musical flips the script on the greatest love story ever told. *& Juliet* asks: what would happen if Juliet didn't end it all over Romeo? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way. Enjoy dinner at Nantucket Grill before the show. HIVE pickup at 3:15 p.m. Dropoff at 9:30 p.m.

TRIP0004-001 | Sun | Oct 6 | 2:45–10 p.m.

Fees: \$108 Res | \$140 Non-Res (1 class)

Howling Cow® Heritage Tour Trip

Discover Randleigh Dairy Heritage Museum, an agritourism site operated by NC State University. After the tour, we'll savor the University's pride, Howling Cow® ice cream! Next stop, the State Farmer's Market to browse booths and sample farm-fresh selections. Enjoy a late lunch at the Farmer's Market Restaurant before returning to Cary. HIVE pickup at 9:45 a.m. Dropoff at 3:15 p.m.

Fees: \$20 Res | \$26 Non-Res (1 class)

Trip 1

TRIP0012-001 | Thu | Oct 10 | 10:15 a.m.–2:45 p.m.

Trip 2

TRIP0012-002 | Tue | Oct 22 | 10:15 a.m.–2:45 p.m.

Ring of Fire Trip

The songbook of Johnny Cash comes to life in this musical about love and faith, struggle and success, and the healing power of home and family. More than two dozen classic hits "I Walk The Line," "A Boy Named Sue," "Folsom Prison Blues," and the title tune—performed by a multi-talented cast, paints a musical portrait of The Man in Black. Enjoy lunch at Café Vesuvio and a cool treat before the show. HIVE pickup at 10:45 a.m. Dropoff at 5 p.m.

Fees: \$42 Res | \$55 Non-Res (1 class)

Trip 1

TRIP0011-001 | Thu | Oct 10 | 10:15 a.m.–5:30 p.m.

Trip 2

TRIP0011-002 | Sat | Oct 12 | 10:15 a.m.–5:30 p.m.

Trip 3

TRIP0011-003 | Thu | Oct 17 | 10:15 a.m.–5:30 p.m.

NC Symphony: The Music of John Williams Trip

Take a trip with guest conductor Lawrence Loh to the legendary worlds of Oscar-winning composer John Williams. Your NC Symphony will perform music from iconic film scores—including Star Wars, Harry Potter, E.T., and Jurassic Park. We'll enjoy dinner before the show. HIVE pickup at 4 p.m. Dropoff at 11 p.m.

TRIP0013-001 | Fri | Oct 11 | 4:30–10:45 p.m.
Fees: \$63 Res | \$82 Non-Res (1 class)

NC Symphony: Friday Favorites Trip

Join NC Symphony conductor Carlos Miguel Prieto and pianist Jorge Federico Osorio for their interpretation of Brahms Piano Concerto No. 1. We'll enjoy a late lunch after the performance. Moderate walking over mostly indoor surfaces and sidewalks. Fee includes transportation and ticket. Lunch and other purchases on your own. HIVE pickup at 10:30 a.m. Dropoff at 4 p.m.

TRIP0014-001 | Fri | Oct 18 | 11 a.m.–3:30 p.m.
Fees: \$44 Res | \$58 Non-Res (1 class)

Senior Day @ NC State Fair Trip

Explore on your own the displays of livestock, produce, and prize winners. Savor fair food and sample Made in NC products. HIVE pickup at 9:30 a.m. Dropoff at 5 p.m.

TRIP0015-001 | Tue | Oct 22 | 10 a.m.–3 p.m.
Fees: \$14 Res | \$18 Non-Res (1 class)

NC Opera @ Meymandi Concert Hall Trip

Experience Verdi's Ernani in concert. This is a riveting tale of love, betrayal, and vengeance set in 16th-century Spain. The bandit Ernani seeks to rescue his beloved Elvira, but she is being wooed by both the young King Charles and the older nobleman Silva. Political intrigue, personal vendettas, and passionate music deliver an exhilarating experience. Enjoy lunch at Taverna Agora before the show. HIVE pickup at 10:30 a.m. Dropoff at 5:30 p.m.

TRIP0017-001 | Sun | Nov 10 | 11 a.m.–5 p.m.
Fees: \$97 Res | \$126 Non-Res (1 class)

NC Symphony: Beethoven Piano Concerto No. 3 Trip

Join NC Symphony conductor Carlos Miguel Prieto and pianist Stephen Hough for their interpretation of Beethoven's classic and Brahms Symphony No. 1. We'll enjoy dinner before the concert. HIVE pickup at 4 p.m. Dropoff at 11:15 p.m.

TRIP0018-001 | Fri | Nov 15 | 4:30–10:45 p.m.
Fees: \$63 Res | \$82 Non-Res (1 class)

Arsenic and Old Lace @ Neuse Little Theatre Trip

Mortimer Brewster's engagement announcement is upended when he discovers a corpse in his elderly aunts' window seat. With all the drama, will he make it to his wedding? *Arsenic and Old Lace* is a classic dark comedy about the only thing more deadly than poison: family. HIVE pickup at 11:15 a.m. Dropoff at 5:30 p.m.

TRIP0019-001 | Sun | Nov 17 | 11:45 a.m.–5 p.m.
Fees: \$24 Res | \$32 Non-Res (1 class)

The Aging Ingénue @ Theatre Raleigh Trip

Broadway veteran Sara Jean Ford brings fictional alter-ego Claire Cooke—a Broadway starlet all grown up—as she struggles to navigate her new reality as an aging actor and mother—all while singing songs that she is far too old to sing (and sharing secrets that she is far too comfortable revealing). HIVE pickup at 3:15 p.m. Dropoff at 9:45 p.m.

TRIP0020-001 | Fri | Nov 22 | 2:45–10:15 p.m.
Fees: \$TBD Res | \$TBD Non-Res (1 class)

NC Symphony: Gladys Knight Trip

The "Empress of Soul" and seven-time Grammy winner performs with your NC Symphony. Reminisce with hits: "I Heard It Through the Grapevine," "Midnight Train to Georgia," and more. We'll enjoy dinner before the show. HIVE pickup at 4 p.m. Dropoff at 11 p.m.

TRIP0021-001 | Sat | Nov 23 | 4:30–10:45 p.m.
Fees: \$72 Res | \$93 Non-Res (1 class)

NC Symphony: Cirque Holiday Pops Trips

You'll be amazed by spellbinding grace and daredevil feats, with contortionists and acrobats performing on stage—and 40 feet above it—all while your NC Symphony spreads holiday cheer! We'll enjoy dinner before the concert. HIVE pickup at 3:30 p.m. Dropoff at 11:15 p.m.

TRIP0022-001 | Sat | Nov 30 | 4–10:45 p.m.
Fees: \$72 Res | \$93 Non-Res (1 class)

NC Symphony: A Candlelight Christmas Trip

Immerse yourself in the sounds of the season performed in the glow of candlelight by your North Carolina Symphony. We'll enjoy dinner before the concert. HIVE pickup at 4 p.m. Dropoff at 11:15 p.m.

TRIP0023-001 | Fri | Dec 20 | 4:30–10:45 p.m.
Fees: \$63 Res | \$82 Non-Res (1 class)

Studio Arts

Ceramics

55+ Beginning Handbuilding

Learn and perfect pottery skills, including handbuilt forms and decoration techniques. Students must attend first class, glaze class and cannot miss more than two classes to qualify for studio pass. Supplies included.

STUD0058-002 | Thu | Oct 24–Dec 12 | 1–3:30 p.m.

No Class: Nov 28

Fees: \$194 Res | \$224 Non-Res (7 classes)

Instructor: Johanna New

Location: Cary Arts Center

55+ Throwing Basics

Learn clay prep, tool use, throwing, trimming, attachments, and glazing. Studio pass purchase allowed after successful class completion. Students cannot miss first class, glazing class, or more than two classes. Tool provided. 10-pound bag of clay included.

STUD0046-002 | Thu | Sep 5–Oct 17 | 1–3:30 p.m.

Fees: \$170 Res | \$200 Non-Res (7 classes)

Instructor: Johanna New

Location: Cary Arts Center

Woodworking

Woodworking Basics for Seniors

Learn shop safety and woodworking techniques! Utilize small hand tools and larger tools such as a table saw, drill press, and planer to make a small project. Successful completion qualifies student to buy an open wood studio pass.

Supplies included.

STUD0047-003 | Mon | Oct 14–Nov 25 | 9 a.m.–12 p.m.

No Class: Nov 11

Fees: \$231 Res | \$261 Non-Res (6 classes)

Instructor: Kurt Ehlert

Location: Cary Arts Center

Visual Arts

Acrylic Paint Pouring Technique

Experiment with fluid acrylic paint while learning why sometimes cells form during the painting process. Instructor will bring pre-mixed paints & canvases to class and a \$13 materials fee will be paid for each set. Each class will cover one technique and students may need to bring at least one item from the class materials list. Techniques covered may include Swipe, Australian Bloom, Reverse Napkin Dip, Flip Cup, Traveling Cup, Dirty Pour, and others.

VISU0261-002 | Wed | Sep 11–Oct 16 | 9:30–11:30 a.m.

Fees: \$66 Res | \$86 Non-Res (6 classes)

Instructor: Maggie Kehoe

Expressive Painting

Adventurous experimentation with various media will allow you to make art that is uniquely your own. Translate a realistic scene into a dynamic composition through multiple techniques, textures, expressive colors, and the injection of your ideas and sensations. Bring fresh energy and a creative spirit and allow your art to take you further down the road to making art uniquely yours. For all levels.

VISU0453-001 | Tue | Sep 10–Oct 15 | 1–3:30 p.m.

Fees: \$69 Res | \$89 Non-Res (6 classes)

Instructor: Louise Fass

Knitting 101

Learn the fundamental skills of knitting while focusing on technique. Introductory information on knitting will be provided. Bring your own knitting needles (size 8, 5.0mm) and worsted weight (as listed on the label) yarn, scissors, and a measuring tap.

VISU0454-001 | Thu | Sep 12–Oct 31 | 2–5:45 p.m.

Fees: \$30 Res | \$39 Non-Res (8 classes)

Instructor: Gina Hihn

Open Art Studios

Open studios offer you an opportunity to practice skills learned through our classes. Expert instructors are available to help with projects as needed.

Membership pass fees: One visit: \$3(R) \$4(N), 10 visits: \$20(R) \$30(N). No registration this is drop-in.

Monday Open Studio

Fri | Sep 6–Dec 27 | 1–3 p.m.

No Class: Nov 15, Nov 29

(15 classes)

Instructor: Marcelle Hooks

Friday Open Studio

Mon | Sep 9–Dec 30 | 9:30–11:30 a.m.

No Class: Sep 02, Oct 21, Nov 11

(15 classes)

Instructor: Marcelle Hooks

Social Knitting and Crocheting

Bring a project and join us for a relaxing afternoon of knitting and socializing. Share ideas and create dishcloths, Afghans, mittens, and caps, which make lovely gifts. Help will be provided as needed.

VISU0098-004 | Tue | Sep 10–Dec 31 | 1–3 p.m.

No Class: Nov 12, Dec 24

Fees: Free (15 classes)

Specialty Paperwork Crafting

Each class allows you to make beautiful any-occasion cards and learn creative stamping techniques and innovative paperwork designs. All levels of talent are welcome. Must bring supplies to class.

Celebrating the Holidays: Stamp a Stack

VISU0092-007 | Mon | Oct 7 | 1–3 p.m.

Fees: \$22 Res | \$29 Non-Res (1 class)

Warmest Regards: Two Multi-Fold Cards

VISU0092-008 | Mon | Nov 4 | 1–3 p.m.

Fees: \$14 Res | \$19 Non-Res (1 class)

Winter Wonderlands: Two Any-Occasions Cards

VISU0092-009 | Mon | Dec 2 | 1–3 p.m.

Fees: \$11 Res | \$15 Non-Res (1 class)

Volunteer Stitchers

Volunteers sew, knit, and crochet various dolls, quilts, and other goodies to be donated to local hospitals and care centers. More volunteers are always welcome, so please join us in giving. Donations of clean acrylic yarns, cotton cloth, and other items are needed. Please contact the Cary Senior Center front desk for details by calling (919) 469–4081.

VISU0099-004 | Mon | Sep 9–Dec 30 | 9–11:30 a.m.

No Class: Oct 14, Oct 21, Oct 28, Nov 04, Nov 11

Fees: Free (12 classes)

Watercolors with Rick Bennett

This class is for intermediate or advanced artists with some experience with the basics of watercolor who are looking to expand their skills. Emphasis is on individual painting with one-on-one assistance. Topics will include the use of color, demonstration of brushwork, and how to develop a painting and composition. Supplies are required first day of class.

Fees: \$62 Res | \$81 Non-Res (6 classes)

Instructor: Richard Bennett

Continuing Watercolor: Option 1

VISU0259-005 | Fri | Sep 13–Oct 18 | 9:30 a.m.–12 p.m.

VISU0259-006 | Fri | Nov 1–Dec 13 | 9:30 a.m.–12 p.m.

No Class: Nov 29

Drawing

Drawing with Ginny

Learn how negative space helps proportion contour line drawings. Learn about light direction and value while practicing shading to create a more realistic effect in simple graphite drawings. No experience is needed. Bring drawing supplies to the first class, and let's begin to draw!

Beginning to Draw—Contours and Value, Negative Space and More

VISU0094-008 | Thu | Sep 12–19 | 12:15–3:45 p.m.
Fees: \$30 Res | \$40 Non-Res (2 classes)

Drawing Faces

VISU0094-009 | Thu | Oct 24 | 12:15–3:45 p.m.
Fees: \$15 Res | \$20 Non-Res (1 class)

Painting

Painting With Marcelle

Painting Techniques for Landscape Painters: Tuesdays

You will learn to paint beautiful landscapes, including techniques for painting skies and clouds, trees, atmospheric conditions, and much more. Particular emphasis will be placed on color mixing and using the temperature of colors to set the tone of the painting. Please bring your supplies on the first day, including paper towels. Beginner to advanced students are accepted with much individual attention and demonstrations.

VISU0097-009 | Tue | Sep 10–Oct 29 | 9:30 a.m.–12 p.m.
No Class: Oct 22
Fees: \$81 Res | \$105 Non-Res (7 classes)

Painting Techniques for Landscape Painters: Wednesdays

You will learn to paint beautiful landscapes, including techniques for painting skies and clouds, trees, atmospheric conditions, and much more. Particular emphasis will be placed on color mixing and using the temperature of colors to set the tone of the painting. Please bring your supplies on the first day, including paper towels. Beginner to advanced students are accepted with much individual attention and demonstrations.

VISU0097-010 | Wed | Sep 11–Oct 30 | 1–3:30 p.m.
No Class: Oct 23
Fees: \$81 Res | \$105 Non-Res (7 classes)

Mastering Palette Knife Painting

You will have fun learning how to manipulate the palette knife to create loose paintings using a variety of knife shapes. We will explore the best ways to paint the beach, clouds, the ocean, and waves. As in all classes, color mixing will be important, as will using temperature to set the tone of the painting. We will use small canvases, which make nice gifts.

Tuesdays

VISU0097-011 | Tue | Nov 19–Dec 17 | 9:30 a.m.–12 p.m.
Fees: \$58 Res | \$75 Non-Res (5 classes)

Wednesdays

VISU0097-012 | Wed | Nov 20–Dec 18 | 1–3:30 p.m.
Fees: \$58 Res | \$75 Non-Res (5 classes)



Specialized Recreation

Cary Parks, Recreation & Cultural Resources provides programs for persons with disabilities of all ages. Program offerings are in Art, Dance, Performing Arts, Culinary, Fitness, Nature, Outdoor Recreation, Sports, Social Gatherings, Parent Workshops, Special Interests, and Special Events.

We want you to know . . .

You are a valued participant, and your involvement in our programs, parks system, and facilities is important to us. **Contact Laura Morton with questions or ideas at laura.morton@carync.gov or (919) 462-3961.**

Inclusion Services

Cary Parks, Recreation & Cultural Resources is committed to an inclusive approach to recreation and encourages individuals with and without disabilities to participate together. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. If you or a family member requires a reasonable modification to participate in a program, please check the appropriate box on the registration form. **At least a two-week notice is needed.**

What does “reasonable modification” mean?

Cary Parks, Recreation & Cultural Resources supports access to existing programs for participants with disabilities by offering reasonable and appropriate resources to the participant. Resources may include, but are not limited to, supportive/adaptive materials, program/site specific training and/or additional staff support.

I have indicated that I or a family member needs a reasonable modification. What happens next?

Once you have indicated that a reasonable modification is needed, staff will contact you regarding this request. An inclusion support form will be filled out. It is important that this form is completed as thoroughly and accurately as possible. All information is confidential and is shared only with the staff members who will be working directly with you or your family member. This information will be used to better serve the participant in our programs.

MARK YOUR CALENDAR!

- **August 7** for residents
- **August 21** for nonresidents

That’s when registration begins for the next session.

COMMUNITY RESOURCES

Arts Access	(919) 833-9919
Autism Society of NC	(919) 746-0204
Bridge II Sports	(866) 880-2742
CFF Carolina Challengers.	(919) 349-6249
Community Partnerships, Inc.	(919) 781-3616
Department of Health & Human Services	(919) 855-4800
Easter Seals UCP	(919) 783-8898
First in Families Wake Co	(919) 943-5757
GiGi's Playhouse.	(919) 307-3952
Lucy Daniels Center	(919) 677-1400
North Carolina Down Syndrome Alliance	(984) 200-1193
North Carolina Special Olympics . .	(919) 719-7662
North Carolina Spinal Cord Injury Association	(919) 234-4171
Pathways for People, Inc.	(919) 462-1663
Project Enlightenment	(919) 856-7774
Special Olympics Wake County . . .	(919) 996-2147
The Miracle League of the Triangle, Inc.	(919) 238-0333
Triangle Disability & Autism Services	(919) 942-5199
Triangle United Way	(919) 460-8687
Wake County Human Services	(919) 212-7000
WCPSS Special Education Services	(919) 431-7334

Studio Arts: Specialized Recreation | Ages: 11+

Practice handbuilding and glazing techniques as you create clay projects based on themes.

Fees: \$47 Res | \$61 Non-Res (2 classes)
Instructor: Marisa Mode-Lukas
Location: Cary Arts Center

Elephant in the Room
SPEC0029-002 | Tue | Sep 3-10 | 6:30-8:30 p.m.

Angels Everywhere
SPEC0029-003 | Tue | Nov 5-12 | 6:30-8:30 p.m.

Autumn Clay Creations | Ages: 11+

Using air-dry clay, we will create beautiful fall décor, trinkets, and gifts for our seasonal collection.

SPEC0034-001 | Tue | Sep 17-24 | 6-8 p.m.
Fees: \$37 Res | \$48 Non-Res (2 classes)
Instructor: Danielle Furegno
Location: Cary Arts Center

Pie, Pie, Pie! Seasonal Garland | Ages: 11+

Spend a relaxing Saturday making a seasonal garland using pre-cut slices of cloth "pie". Learn hand sewing techniques to create a garland that looks good enough to eat!

SPEC0035-001 | Sat | Sep 21 | 10:30 a.m.-12:30 p.m.
Fees: \$19 Res | \$24 Non-Res (1 class)
Instructor: Danielle Furegno
Location: Cary Arts Center

Mummy Marionettes | Ages: 11+

Make a mixed media mummy puppet using recycled and upcycled materials.

SPEC0036-001 | Tue | Oct 1 | 6:30-8:30 p.m.
Fees: \$19 Res | \$24 Non-Res (1 class)
Instructor: Danielle Furegno
Location: Cary Arts Center

City Sidewalks in Miniature | Ages: 11+

Construct mixed-media replicas of festive sidewalks in our favorite city, complete with amazing window displays and unlimited cheer and joy.

SPEC0040-001 | Sat | Nov 23 | 1-4 p.m.
Fees: \$28 Res | \$36 Non-Res (1 class)
Instructor: Danielle Furegno
Location: Cary Arts Center

Christmas Wreaths | Ages: 11+

Create beautiful hand-made wreaths using florals, ribbon, natural elements and small decorations.

SPEC0041-001 | Tue | Dec 3-10 | 6:30-8:30 p.m.
Fees: \$37 Res | \$48 Non-Res (2 classes)
Instructor: Danielle Furegno
Location: Cary Arts Center

Ornament Workshop | Ages: 11+

Create holiday ornaments using a variety of materials such as paper, ribbon, model magic and paint. Add some glitter, of course!

SPEC0042-001 | Sat | Dec 7 | 1–4 p.m.

Fees: \$28 Res | \$36 Non-Res (1 class)

Instructor: Danielle Furegno

Location: Cary Arts Center

Get Fit & Flexible | Ages: 11+

Build flexibility, strength, and balance using weights, resistance bands, and fitness balls. S-T-R-E-T-C-H, too!

Instructor: Laura Gnewuch

Location: Cary Senior Center

SPEC0002-008 | Mon | Sep 16–30 | 5–5:50 p.m.

Fees: \$18 Res | \$24 Non-Res (3 classes)

SPEC0002-009 | Mon | Oct 7–28 | 5–5:50 p.m.

Fees: \$24 Res | \$32 Non-Res (4 classes)

SPEC0002-010 | Mon | Nov 4–25 | 5–5:50 p.m.

No Class: Nov 11

SPEC0002-011 | Mon | Dec 2–16 | 5–5:50 p.m.

Fees: \$18 Res | \$24 Non-Res (3 classes)

Gotta Dance! | Ages: 11+

Love to dance? This class is for you! Go at your own pace & groove to your favorite songs.

Instructor: Laura Gnewuch

Location: Herbert C. Young Community Center

SPEC0003-008 | Thu | Sep 19–26 | 4–4:45 p.m.

Fees: \$12 Res | \$16 Non-Res (2 classes)

SPEC0003-009 | Thu | Oct 3–31 | 4–4:45 p.m.

No Class: Oct 24

Fees: \$24 Res | \$32 Non-Res (4 classes)

SPEC0003-010 | Thu | Nov 7–21 | 4–4:45 p.m.

SPEC0003-011 | Thu | Dec 5–19 | 4–4:45 p.m.

Fees: \$18 Res | \$24 Non-Res (3 classes)

Nature at Night | Ages: 11+

Explore Hemlock Bluffs as the sun goes down to discover nocturnal wildlife. Afterwards enjoy a campfire and s'mores. Participants should bring a flashlight.

SPEC0048-001 | Wed | Oct 16 | 6:30–8 p.m.

Fees: \$8 Res | \$10 Non-Res (1 class)

Location: Hemlock Bluffs Nature Preserve

Halloween Family Fun Night | Ages: 11+

Join us for an evening of pumpkin carving. We will turn our pumpkins into festive jack-o-lanterns that you can take home to enjoy. Come dressed in your favorite Halloween costume if you'd like. Parents and/or care providers are asked to stay during the event.

SPEC0051-001 | Wed | Oct 30 | 4:30–5:30 p.m.

Fees: \$7 Res | \$10 Non-Res (1 class)

Location: Fred G. Bond Metro Park, Kiwanis Shelter

Campfire Cooking | Ages: 11+

Nothing tastes better than food cooked on an open campfire. Join us for some simple made-from-scratch campfire treats that are easy to make and delicious to eat. All materials provided.

SPEC0045-001 | Wed | Nov 13 | 5–7 p.m.

Fees: \$12 Res | \$15 Non-Res (1 class)

Location: Fred G. Bond Metro Park, Kiwanis Shelter

Fitness is Fun | Ages: 11+

Join us for an evening of stretching, walking/strolling, and learning about new and fun ways to stay active.

SPEC0049-001 | Thu | Sep 19 | 6:30–8 p.m.

Fees: \$2 Res | \$3 Non-Res (1 class)

Location: Cary Senior Center

Trivia Night | Ages: 11+

Test your knowledge! Join your friends for a night of fun-filled trivia. Learn facts about music, movies, and more! Snack and drinks will be provided.

SPEC0052-001 | Thu | Oct 17 | 6:30–8:30 p.m.

Fees: \$2 Res | \$3 Non-Res (1 class)

Location: Cary Senior Center

Movies @ The Cary | Ages: 11+

Fees: Free (1 class)

Location: The Cary Theater

Scooby-Doo (2002)

SPEC0013-003 | Tue | Oct 29 | 6:30–8 p.m.

Elf

SPEC0013-004 | Tue | Dec 17 | 6:30–8 p.m.

A Night of Giving & Service | Ages: 11+

In the spirit of giving and love, let's pay it forward as we support WRAL's Coats for the Children. Please bring coats, gloves, hats, socks, or toys to donate. In addition, we will be making thank you cards for the volunteers.

SPEC0037-001 | Thu | Nov 21 | 6:30–8 p.m.

Fees: \$2 Res | \$3 Non-Res (1 class)

Location: Cary Senior Center

Holiday Bingo | Ages: 11+

BINGO! Join your friends for a fun evening of bingo and winning festive prizes. Come dressed in your favorite holiday outfit. Drinks and snacks will be provided.

SPEC0038-001 | Thu | Dec 19 | 6:30–8:30 p.m.

Fees: \$2 Res | \$3 Non-Res (1 class)

Location: Cary Senior Center

Gettin' Around with GoCary | Ages: 11+

Did you know that GoCary is a fare free bus service with routes that will take you all over town? Let's learn the ins and outs of using our GoCary transit system.

Fees: Free (1 class)

Location: Cary Senior Center

Let's Learn

SPEC0004-003 | Wed | Sep 4 | 4–5 p.m.

Location: Cary Senior Center

Let's Practice

SPEC0004-004 | Wed | Sep 11 | 3:30–5 p.m.

Location: Cary Depot North Platform

Let's Get Ice Cream

SPEC0004-005 | Wed | Sep 18 | 3:30–5:45 p.m.

Location: Cary Senior Center

Making Slime | Ages: 9–17

Join us for slime making, a blend of science and creativity, where ingredients come together to form a gooey, stretchy substance that captivates the senses.

SPEC0039-001 | Fri | Sep 6 | 5–6 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Making Slime Ages: 18+

Join us for slime making, a blend of science and creativity, where ingredients come together to form a gooey, stretchy substance that captivates the senses.

SPEC0055-001 Fri Sep 6 | 6:30–7:30 p.m.

Fees: \$9 Res Fees: \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Creating Candles | Ages: 11+

The cooler weather will be here before we know it! Come make a candle you can take home to create a cozy atmosphere this Fall season. We will enjoy snacks & beverages while we wait for the candles to cool.

SPEC0044-001 | Thu | Sep 26 | 5:30–7:30 p.m.

Fees: Free (1 class)

Instructor: Kayla Albertson

Location: Downtown Cary Park, Academy Pavilion

CARY
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RECREATION MADE EASY.

CARY
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Cary has a new recreation registration system for programs and classes — **RecTrac**. This easy-to-use system will allow citizens and visitors to sign up for classes and other programming. Cary citizens and visitors must create an account to be ready to register for programs, so we encourage you to let your friends and family know about this new system!



To create an account, go to carync.gov/register



WHEELCHAIR TENNIS CLINICS

Come join us for wheelchair tennis at the covered courts at the Cary Tennis Park. Email reid.kinlaw@carync.gov for information regarding dates and times.

Gumdrop Tower | Ages: 9–17

Learn about structural engineering and learn to construct a towering masterpiece using gumdrops and toothpicks. Explore how shapes and stability come together to create our environment.

SPEC0050-001 | Fri | Oct 11 | 5–6 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Gumdrop Tower Ages: 18+

Learn about structural engineering and learn to construct a towering masterpiece using gumdrops and toothpicks. Explore how shapes and stability come together to create our environment.

SPEC0056-001 Fri Oct 11 6:30–7:30 p.m.

Fees: \$9 Res Fees: \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Silly Celery Science | Ages: 9–17

Come explore the essentials of plant growth as we dive into specific roles of each plant part. Using celery stalks, we will witness firsthand how water moves within plants.

SPEC0053-001 | Fri | Nov 1 | 5–6 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Silly Celery Science | Ages: 18+

Come explore the essentials of plant growth as we dive into specific roles of each plant part. Using celery stalks, we will witness firsthand how water moves within plants.

SPEC0057-001 | Fri | Nov 1 | 6:30–7:30 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

Family Ice Skating | Ages: 11+

Immerse yourself in the holiday magic at Downtown Cary Park's enchanting skating rink. Skating and skate rentals are free! Every individual who would like to participate must register prior to attending.

SPEC0047-001 | Wed | Dec 4 | 5:30–6:30 p.m.

SPEC0047-002 | Wed | Dec 11 | 5:30–6:30 p.m.

Fees: Free (1 class)

Location: Downtown Cary Park, Arena at Park Street Courts

Sensory Bottles | Ages: 9–17

Join us as we create enchanting sensory bottles that sparkle with delight and bring a soothing touch to your surroundings.

SPEC0054-001 | Fri | Dec 6 | 5–6 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Location: Cary Senior Center

Sensory Bottles | Ages: 18+

Join us as we create enchanting sensory bottles that sparkle with delight and bring a soothing touch to your surroundings.

SPEC0058-001 | Fri | Dec 6 | 6:30–7:30 p.m.

Fees: \$9 Res | \$12 Non-Res (1 class)

Instructor: Lauren Persons

Location: Cary Senior Center

BRIDGE II SPORTS



A program of Bridge II Sports

Adaptive Sports

Cary partners with Bridge II Sports to facilitate adaptive sports programs. Bridge II Sports, a nonprofit, creates opportunities for children and adults who are physically challenged to play sports individually or on a team, helping them discover tenacity, confidence, self-esteem and the joy of finding the player within. For details, visit www.bridge2sports.org or call Ashley Thomas at (866) 880-2742.

Current programs at Town facilities:

- Bocci at Cary Senior Center

Let's Learn First Aid | Ages: 11+

Do you know what to do when there's an emergency? Come to class and find out! We will go over who to call and how to respond when you encounter an emergency. No certifications will be given.

SPEC0046-001 | Wed | Dec 18 | 5:30–7 p.m.

Fees: \$5 Res | \$7 Non-Res (1 class)

Location: Bond Park Community Center

Monster Mash Dance | Ages: 11+

Enjoy a night of music, refreshments, and fun! Dress up in a fun costume and bring your latest and greatest monster moves. Participants who need a 1:1 are welcome; you must provide your own assistant. Parents and chaperones do not pay admission fee.

SPEC0043-001 | Fri | Oct 4 | 6:30–9 p.m.

Fees: \$10 Res | \$10 Non-Res (1 class)

Location: Cary Senior Center

Kids Together Walk, Run, and Roll for Inclusive Play | All Ages & abilities

Walk, run, or roll with Kids Together and KATAL at the 2024 Walk, Run & Roll for Inclusive Play! Costumes, raffles, and 1-mi. family fun run, as we celebrate every child's right to be included in play! For more information, email kt@kidstogethercary.org.

Sat | Oct 5 | 10 a.m.–noon

Fees: \$15 per family; \$5 per individual

Location: Marla Dorrel Park

Kids Together Fall Foliage Stroll | All Ages & Abilities

Explore the trees and plants at Kids Together Playground. Gather natural materials from the playground, then use them to make something to take home! Refreshments, too! Wheelchair and stroller friendly, of course!

Sun | Nov 3 | 3–5 p.m.

Fees: Free (1 class)

Location: Marla Dorrel Park

Abilities Tennis | Ages: 8+

These clinics are for persons with intellectual disabilities who want to try tennis. Instruction, games, and fun for all. Parents and/or care providers are asked to stay during the clinic.

SPEC0005-019 | Sat | Sep 7 | 1:30–2:30 p.m.

SPEC0005-020 | Sat | Sep 14 | 1:30–2:30 p.m.

SPEC0005-021 | Sat | Oct 5 | 1:30–2:30 p.m. | Shine Only

SPEC0005-022 | Sat | Oct 26 | 1:30–2:30 p.m.

SPEC0005-023 | Sat | Nov 2 | 1:30–2:30 p.m.

SPEC0005-024 | Sat | Nov 16 | 1:30–2:30 p.m.

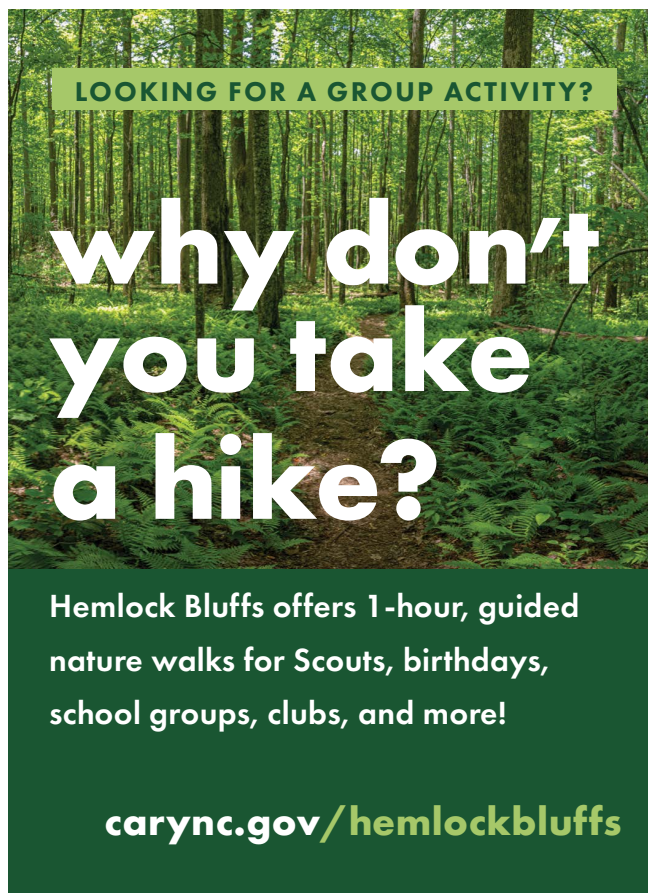
SPEC0005-025 | Sat | Nov 23 | 1:30–2:30 p.m.

SPEC0005-026 | Sat | Dec 7 | 1:30–2:30 p.m.

SPEC0005-027 | Sat | Dec 14 | 1:30–2:30 p.m.

Fees: Free (1 class)

Location: Cary Tennis Park



LOOKING FOR A GROUP ACTIVITY?

why don't you take a hike?

Hemlock Bluffs offers 1-hour, guided nature walks for Scouts, birthdays, school groups, clubs, and more!

carync.gov/hemlockbluffs

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2024
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STRANGER
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All shows at 7:30 p.m. at the Cary Arts Center

2025
FEBRUARY **21**




JOHNNY
FOLSOM 4

2025
APRIL **5**



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Exhibition Calendar



Bond Park Community Center

Sandra Teepen: Bold Statements

Medium: Fiber | July 17-October 17

Delphine Peller: Rooted Imagination

Medium: Mixed | October 23-January 26

Meet the Artist: Friday, October 25, 6-8 p.m.

"Salutations" pictured above.

Cary Arts Center

Nanci Tanton Student Show

Medium: Various | August 30-September 22

Fine Arts League of Cary: Fabulous Fakes

Medium: Mixed | September 25-November 11

Meet the Artists: Friday, September 27, 6-8 p.m.

Cary Photographic Artists Members' Show

Medium: Photography | November 20-January 24

Meet the Artists: Friday, December 6, 6-8 p.m.

Joel Sobelson

Medium: Drawing | November 20-January 24

Meet the Artists: Friday, December 6, 6-8 p.m.

Linda Simpson

Medium: Jewelry | November 20-January 24

Meet the Artists: Friday, December 6, 6-8 p.m.

Cary Senior Center

Granpapparazzi

Medium: Photography | September 17-October 18

Meet the Artists: Friday, September 20, 6-8 p.m.

Herb Young Community Center

Catherine Wang: Chromatic Horizons—Exploring Landscapes and Abstractions in Color and Light

Medium: Acrylic and oil on canvas | July 23-September 29

Red Ribbon Student Poster Show

Medium: Poster | October 28-November 8

Bonnie Brooks

Medium: Acrylic and oil on canvas | November 20-February 9

Page-Walker Arts & History Center

Fine Arts League of Cary Juried Exhibition

Medium: Various | August 21-September 14

Meet the Artists: Sunday, September 8, 2-4 p.m.

Fania Greenwood

Medium: Mixed media, collage | September 18-October 5

Meet the Artists: Friday, September 27, 6-8 p.m.

**Creative Imaging Group: Structures—
The Art in What We Build**

Medium: Photography | September 18-October 5

Meet the Artists: Friday, September 27, 6-8 p.m.

Katie Allen: Fine Hats & Headpieces

Medium: Hats | September 18-October 5

Meet the Artists: Friday, September 27, 6-8 p.m.

Studio Art Quilt Associates (SAQA): Reflections

Medium: Textiles, various | October 9-November 16

Meet the Artists: Friday, October 18 | 6-8 p.m.

Casey Anderson: Wild Bohemian Clay

Medium: Ceramics | October 9-November 16

Meet the Artists: Friday, October 18 | 6-8 p.m.

Vase pictured above.

Fine Arts League of Cary Annual Members' Exhibition

Medium: Various | November 20-January 4

Meet the Artists: Sunday, December 1 | 2-4 p.m.

Ralph Souder: Creations in Wood

Medium: Turned wood | November 20-January 4

Meet the Artists: Sunday, December 1 | 2-4 p.m.

Town Hall

Watercolor Society of North Carolina: Permanent Collection

Medium: Watercolor | June 26-September 20

Caroline Coven

Medium: Acrylic on canvas | September 25-November 15

Calendar of Events



Bands, Bites, and Boats | Bond Park Boathouse

Friday, September 6 | 5:30-7:30 p.m.

Friday, October 4 | 5-7 p.m.

Zombiepalooza | Downtown Cary Park

Friday, October 25 | 6-9:30 p.m.

Performances at the Page: Roadhouse Storytellers | Page-Walker Arts & History Center

Saturday, September 7 | 7 p.m.

Haunted Tales at the Old Hotel | Page-Walker Arts & History Center

Saturday, October 26

Jazz'd Up Sundays | Downtown Cary Park

Sunday, September 8 | 3-4:30 p.m.

Sunday, September 29 | 3-4:30 p.m.

Sunday, October 13 | 3-4:30 p.m.

Halloween at the Park | Downtown Cary Park

Saturday, October 26 | 2-9:30 p.m.

Old North State Storytelling Festival | The Cary Theater

Friday, November 1-Saturday, November 2

Movie Night | Downtown Cary Park

Friday, September 13 | 6-10 p.m.

Friday, October 11 | 5-9 p.m.

Saturday, October 26 | 5-9 p.m.

Friday, November 8 | 5-9 p.m.

Taste of China | Downtown Cary Park

Saturday, November 2 | 11 a.m.-5 p.m.

DCP 1 Year Anniversary | Downtown Cary Park

Saturday, November 16 | 3-9 p.m.

Community Garden Open House | Carpenter Park

Saturday, September 14 | 9-11 a.m.

Skating Rink | Downtown Cary Park

November 25, 2024-January 11, 2025

Harvest Fest | Good Hope Farm

Saturday, September 14 | 12-4 p.m.

Saturday, October 19 | 12-4 p.m.

Saturday, November 16 | 12-4 p.m.

Applause! Cary Youth Theatre presents:

A Peter Rabbit Christmas | Downtown Cary Park

Friday, December 6 | 5 p.m. & 7 p.m.

Saturday, December 7 | 2 p.m. & 5 p.m.

Carolina Circus Festival | Downtown Cary Park

Saturday, September 14 | 3:30-9:30 p.m.

Gifting Trees | Downtown Cary

Saturday, December 7-Wednesday, December 25

CaryLive! | Downtown Cary Park

Saturday, September 28 | 7:30-9:30 p.m.

Saturday, October 19 | 7:30-9:30 p.m.

Gingerbread House Display | Downtown Cary

Saturday, December 7-Sunday, December 15

Hum Sub Diwali | Koka Booth Amphitheatre

Saturday, October 12 | 10 a.m.-9 p.m.

Victorian Christmas | Page-Walker Arts & History Center

Saturday, December 7 | 2-5 p.m.

Haunted Walks | Bond Park Challenge Course

Friday, October 25 | 7-10 p.m.

Saturday, October 26 | 7-10 p.m.

Tree Lighting Ceremony | Downtown Cary Park

Saturday, December 7 | 6-10 p.m.

Pumpkin Flotilla | Bond Park Boathouse

Friday, October 25 | 4-7 p.m.

Parade to Park Festivities | Downtown Cary Park

Saturday, December 14 | 3-9 p.m.

Hanukkah Menorah Lighting | Old Library Site

Monday, December 30 | 5:30-6:15 p.m.

Visit carync.gov/calendar for a list of Parks, Recreation & Cultural Arts events and downtowncarypark.com calendar for Downtown Cary Park activities.